

# Fluvanna County Partnership For Aging (FPA) May 15, 2017 4:00 – 6:00pm Fluvanna County Library Minutes

Stephanie Fick called the meeting to order at 4:10

# Those present:

- Stephanie Fick—Cunningham Rep, Chair
- Curtis Putnam—Columbia Rep, Vice-chair
- Linda Bernick—Palmyra Rep, Secretary
- Sue Liberman--Rivanna Rep
- Amy Kirchner—At-Large Rep
- Nan Weikert—At-Large
- Steve Nichols—County Administrator
- Jan Hall—Communications and Outreach
- Emily Daidone—JABA
- Karen Hebert—DSS
- Diane Dean—Jefferson Pharmacy
- Mozell Booker—BOS
- Jennifer Puskaric—St. Peter and St. Paul transportation
- Brian Cohen--JAUNT PR
- Bertha Armstrong--MACAA

## March 20, 2017 minutes read into meeting

• Sue moved for approval, seconded by Nan; approved

#### **BUSINESS**

## Senior newsletter update – Janice Hall and Sue met with Steve Nichols

- met with Jefferson Area Planning Commission, who did not respond with support
- Options: newsletter in Rural Virginian as insert or as a column detailing the services offered by various agencies and assorted topics
- still working through the details (e.g., frequency, cost, presentation to BOS)
- Steve explains some of the complications using Rural Virginian for distribution; indicates other means (e.g., Post Office, Library); concerned about sustainability
- Nan states that a newspaper column has "weight" and suggests using the PR personnel from each agency to produce text/images; start small and expand; seek funding; offers her services

- Stephanie offers to facilitate contact with newspapers
- encouraged to contact both (Rural Virginian, Fluvanna Review); perhaps could be seen as a "public service"
- Jan will dialog with newspapers to delineate options
- HS students could be tapped for writing as "community service"

# **Transportation Committee** – Jennifer Puskaric with St. Peter and Paul Catholic Church

- gave history of how the group was established
  - o started with 10 churches to share common resources (1997) and seek funding
  - o originally partnered with MJH and drivers vetted through that organization
  - St. Peter and Paul developed several groups based on need (doctor, church, dialysis, etc.) but not specifically church-related
  - o Jennifer has served as coordinator with several agencies (e.g., MACAA)
  - o open to all within Fluvanna County and mostly restricted to the immediate area
- monthly meetings
- temporary help only
- many current drivers have been clients; most are located around the Lake Monticello area
  - o often takes multiple drivers (one to take, one to pick-up) so that they are not inconvenienced
  - o average trip is 3 hours; sometimes up to 5-6 hours
  - o big turnover; currently 9 and have had up to 16
  - o must have valid Driver's License and insurance
- up to now, there have been no accidents or major complications
- Jennifer is capable at screening clients; usually meets with them prior
  - o encourages to use resources available
- combining the effort with informational sessions (Health Fair) or speakers
- service is strictly free; to charge would make it a "profession" and could produce liability issues
- seeks feedback from clients to ensure quality of service
- Jennifer will be leaving in 2018 and will need someone to replace her
- info available on St. Peter and Paul website: <a href="http://saintspeterpaulpalmyra.org/good-shepherds-ministry/">http://saintspeterpaulpalmyra.org/good-shepherds-ministry/</a>

#### REPORTS

- FPA present at Old Farm Days to distribute materials (Senior Guide, JABA flyer)
  - Curtis suggests surveying seniors; Steve replies that the agencies we collaborate with are aware of the issues and the info needs to be compiled
- Mozell
  - o has been interested in the Advanced Directive

- attended MAP Program with Bertha and the services that can be provided through and to Afro –American community
- o wants to have an all-faith day at Pleasant Grove
- JABA is collaborating with Parks and Rec
  - Senior Centers are thriving and expanding
  - o seeking to have a JABA ambassador at the locations

# Amy

- manages Scottsville and Esmont Senior Centers
- Pickleball is now available every day of the week

#### MACAA

- most recent Food Drive through USPS was very low and Food Bank donations consequently sparse
- Steve offers to place notice in FANmail
- o Community Garden will be providing seasonal produce
- o 60+ are immediately qualified to receive financial assistance

## Jefferson Pharmacy

- o DISPELL packages: all medicines in one package with labeling
- Rx Right: genetic testing to assist doctor's in determining appropriate medications
- Virginia Immunization Service Information database
  - Vaccine Complete will inform pharmacy if/when vaccine is required
- o BP checks by pharmacist in-house
- o all mobility items 20%-off this month
- o compounding pharmacy (one of the only ones in the area)

#### DSS

- cooling assistance June 15-August 15 (fan or air conditioner) with possibility of help in paying corresponding part of the electric bill
- Stephanie does intake for Rosewood Village
  - o more applications from Lake Monticello residents
- Sue is gerontologist consultant
  - o connect with Medicaid options, long-term care
  - o more contacts coming from JABA

Adjournment of FPA public meeting at 5:40 pm

Next meeting FPA, Monday, July 17, 2017, 4:00 – 5:30 pm