

Active Older Adults
Athletics and Fitness

Enrichment

Outdoor Activities

Special Events
Winter Camp



Fall fun with Parks and Recreation!

MISSION STATEMENT

Our Parks and Recreation Department's mission is to promote opportunities for all residents to pursue safe and enjoyable leisure activities in balance with the protection and conservation of Fluvanna's natural

resources.

FLUVANNA PARKS AND RECREATION STAFF

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Malinda Pavne

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FLUVANNA PARKS AND RECREATION ADVISORY BOARD

Members shall advise the Director of Parks and Recreation and the Board of Supervisors on the planning and development of a comprehensive system of parks and recreation services for the benefit of the citizens

of Fluvanna County. Members also serve as a liaison between the Parks and Recreation Director, the Board of Supervisors and the citizens of the county.

Scott Morris - School Liaison

Mike Sheridan - BOS Liaison mikesheridan@fluvannacounty.org smorris@mail.fluco.org (434) 239 - 2637 Wade Parrish - Chairman

parrishw@embarqmail.com (434) 981 - 4490 Jerry Custer - Vice Chairman jcuster@radiometeramerica.com (434) 589 - 3969

(434) 589 - 8208 **Eva McGehee - Student** ejmbookworm@gmail.com (434) 589 - 1139 **David Wood - At Large** halloween13dw@gmail.com (434) 589 - 8584

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Wendy Edwards hppermediahq@gmail.com (434) 996 - 8144

Hattie Lintecum - Student hattie805lintecum@gmail.com (434) 589 - 7215

Financial Assistance

Parks and Recreation offers scholarships to Fluvanna County residents who qualify. Please fill out a scholarship application and provide a copy of your most recent pay stub for management to review. You can find the form on the Parks and Recreation website or at one of

Volunteer Opportunities

We are committed to working cooperatively in the development of our programs and amenities to identify and meet the needs of our citizens. Become an active partner with us as we strive to improve the quality of life for all Fluvanna County residents. Call

FLUVANNA COUNTY ... THE HEART OF VIRGINIA AND YOUR GATEWAY TO THE FUTURE

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BOARD OF SUPERVISORS

- Columbia District: Mike Sheridan, Chair <u>mikesheridan@fluvannacounty.org</u>
- Cunningham District: Donald W. Weaver <u>dweaver@fluvannacounty.org</u>
- Fork Union District: Mozell Booker, Vice Chair <u>mbooker@fluvannacounty.org</u>
- Palmyra District : Patricia B. Eager peager@fluvannacounty.org
- Rivanna District: Tony O'Brien tobrien@fluvannacounty.org

Board Meetings are the 1st Wednesday at 4pm and 3rd Wednesday at 7pm of every month. www.fluvannacounty.org/government/bos

HOW TO REGISTER FOR PROGRAMS

- Registration for all programs and activities opens as soon as the current program guide is distributed.
- You must be signed up one week prior to the first class of each session.
- You must be registered to participate in a program, unless listing states otherwise.
- Register online at https://fluvanna.recdesk.com/Community/Page?pageId=7913 and click "Log In."
- Register in person at the following locations during business hours:
 - Pleasant Grove House Museum 271 Pleasant Grove Drive, Palmyra, VA 22963 Monday - Friday, 8am - 5pm & Saturday - Sunday 12 - 4pm.
 - Fluvanna Community Center 5725 James Madison Highway, Fork Union, VA 23055 Monday - Friday, 8am - 5pm.
- After business hours, you can leave registrations and payments in one of our three drop boxes:
 - Pleasant Grove Equestrian Parking 271 Pleasant Grove Drive, Palmyra, VA 22963
 - Carybrook Sports Complex 8788 James Madison Highway, Palmyra, VA 23055
 - Fluvanna Community Center 5725 James Madison Highway, Fork Union, VA 23055
- Course instructors will not collect fees.
- A \$20 charge will be added for any returned check.

PICKLEBALL

Adults / FREE / Carysbrook Gym

Pickleball is a cross between Ping Pong, Tennis, and Badminton and is the fastest growing sport for athletes 50 and over! Players use oversized wooden paddles and a whiffle ball that moves and bounces slower than a tennis ball. The game is played on a badminton sized court that is divided by a 34 inch high net making the game easier for athletes to cover the court. Paddles and balls are provided. Come join this activity which is fast paced, easy to learn, a great exercise and is a lot of fun!

Aug 21 - Nov 6:	Mondays Fridays Saturdays	6 - 8:30pm 1:30 - 4pm 6 - 8pm	
Nov 6 - March 12:	Mondays Fridays Saturdays	6 - 8:30pm (Annex Gym @ 1:30 - 4pm 6 - 8pm	Fluvanna Middle School)

No Pickleball August 14 - 19 due to the Fluvanna County Fair

Contact Sean Sweeney with questions at (434) 842 - 3150 or ssweeney@fluvannacounty.org.

AFTER SCHOOL KARATE - TAE KWON DO KARATE

Ages 5+ / Wednesdays / See Dates and Times Below / \$55 / Carysbrook Gym

Afterschool Tae Kwon Do Karate will begin on Wednesday, September 6. This martial arts is a branch of Grand Master Dong's whose headquarters is in Richmond. In this 6 week session, beginner students will learn their basics - (front snap kick, blocks, punches, and self-defense grabs). The classes help to improve self-confidence and self-discipline while learning how to protect and defend. Skills are taught and reinforced with fun learning skills- (targets, stations, partners, and blocking games). Students are always learning while never getting bored! Colored belt students will continue to learn their requirements for their next ranking belt. Instructor Bonnie Snoddy is a 5th degree black belt with many years of teaching experience.

Session 1 -	Sept 6 - Oct 11	
Session 2 -	Oct 18 - Dec 6	(No Class Nov 15 or 22)
Session 3 -	2018 Classes begin	On January 3

BEGINNER & WHITE BELTS (ages 5 & up)3:30 - 4:10pmCOLORED BELTS (all colored belt ranks)4:15 - 5:00pm

Contact Jonathan Pace with questions at (434) 842 - 3150 or jonathanpace@fluvannacounty.org.

HATHA YOGA 1 & 2 MIXED LEVELS

Ages 16+ / See Dates Below / 10:30- 11:45am / \$48 / Fluvanna Community Center

Discover new health and serenity by learning to both tone and relax the body and to calm the mind. Bring a mat and small pillow. Do not eat for two hours prior to class. Beginners are welcome! Instructor Devi Peterson (RN) is certified to teach Integral Yoga Hatha Levels 1 and 2. If you need to register please arrive 15 minutes early so you can be ready for class.

Session 1: Sept 11 - Oct 23	(No class 10/9)	Mondays
Session 2: Sept 13 - Oct 18		Wednesdays
Session 3: Oct 30 - Dec 11	(No class on 11/20)	Mondays
Session 4: Oct 25 - Dec 6	(No class on 11/22)	Wednesdays



Contact Jonathan Pace with questions at (434) 842 - 3150 or jonathanpace@fluvannacounty.org.

HOMESCHOOL GYM

Ages 5 - 14 / Mondays / See Times Below / Sept 25 - Nov 13 / \$50; \$5 off for each additional sibling / Carysbrook Gym

Looking for a way to get your child involved in physical activity? If so, this program is what you are looking for. In this class, kids will be moving around as we learn the basics of a few sports. For the first six weeks, we will be learning the game of flag football. For the final two weeks, we will play various gym games.

Ages 5 - 9 (1 - 1:50pm) Ages 10 - 14 (2 - 2:50pm)

Contact Jonathan Pace with questions at (434) 842 - 3150 or jonathanpace@fluvannacounty.org.

LITTLE TYKES BASKETBALL PLAYER DEVELOPMENT PROGRAM

Ages 3 - 4 / Nov 4 - Dec 16 (No Class Nov 25) / 9 - 10am / \$50 / Carysbrook Gym

Players will learn the basics of basketball and skill development. This program is designed to introduce your child to the fundamentals of basketball while participating in fun skill exercises, relays and game like situations. This program is taught by Coach Harold Boyd, an experienced basketball coach. He is patient, knowledgeable and understanding and will lead all clinics and games. All sessions are organized by age. Open until filled - space is limited!

Contact Jonathan Pace with questions at (434) 842 - 3150 or jonathanpace@fluvannacounty.org.

MIGHTY MITES BASKETBALL LEAGUE

Ages 5 - 6 / Nov 4 - Dec 16 (No Class Nov 25) / 10 - 11am / \$50 / Carysbrook Gym

Players will learn the basics of basketball and skill development. This program is designed to introduce your child to the fundamentals of basketball while participating in fun skill exercises, relays and game like situations. This program is taught by Coach Harold Boyd, an experienced basketball coach. He is patient, knowledgeable and understanding and will lead all clinics and games. All sessions are organized by age. Open until filled-space is limited!

Contact Jonathan Pace with questions at (434) 842 - 3150 or jonathanpace@fluvannacounty.org.



Ages 7 - 17 / See Dates and Times Below / \$60 / Locations vary / Deadline to sign up - November 17

The FCPR Basketball League is an excellent place for players to learn good sportsmanship and fair play. Participants must meet age requirements before February 1, 2017. Teams will practice once a week between Monday and Thursday. The team selection process will be based on a player evaluation and last season participation. Evaluations will be held at Carysbrook Gym. Special request for coaches and teammates will be evaluated on a case-by-case basis. All children are required to play half of each quarter of the game. Games are scheduled on Saturday mornings starting at 9am.

Age Range:	Evaluation Date& Time	Practices at:	Games at:
7-8 year olds	Nov 13, 6:30-8pm	Carysbrook Gym	Carysbrook Gym
9-10 year olds	Nov 14, 6:30-8pm	Carysbrook Gym	Carysbrook Gym
11-13 year olds	Nov 15, 6:30-8pm	Carysbrook Gym	Fluvanna Middle
			School
14-17 year olds	Nov 16, 6:30-8pm	Carysbrook Gym	Fluvanna Middle
			School

* COACHES ARE NEEDED! Please contact Jonathan Pace at (434) 842 - 3150 or jonathanpace@fluvannacounty.org.

YOUTH WRESTLING (Fluvanna Elite Wrestling "THE FEW")

Ages 8 - 14 (Grades 3 - 8) / Mondays and Thursdays / 6 - 7:30pm / Nov 6, 2017 - Feb 15, 2018 / Fluvanna High School Wrestling Room

***Cost:** \$50 + \$15 for USA Wrestling Membership Fee + Separate \$50 refundable deposit check for a wrestling singlet for competitions. Singlets are provided by FCP&R (Checks for singlets will be returned at end of season)

This youth program is designed to teach the fundamental skills and rules of wrestling, through safe and structured practice sessions that emphasize good sportsmanship, courtesy, mutual respect, and character. Young wrestlers will build skills in a fun and productive environment in a Virginia club certified by "USA Wrestling". Practice sessions will include time for goal- setting, warm-ups, stretching, and practicing new and previously taught techniques. Practice matches (wrestlers paired by weight), cool down and of techniques will close each session. Wrestlers will tests their skills against wrestlers from other local programs. An introductory meeting with an opportunity to ask questions is planned for parents/guardians at the first session. A physical is required to participate in this program and participants are responsible to provide their own wrestling shoes and headgear.

*Note: For 8th Graders on the High School JV Wrestling Team, an Associate Membership is available for \$20.00. The purpose of an Associate Membership is to supplement the small number of matches available to 8th grade high school JV wrestlers. Associate wrestlers will be able to participate with the Fluvanna youth wrestlers at all middle school level matches.

Contact Jonathan Pace with questions at (434) 842 - 3150 or jonathanpace@fluvannacounty.org.

CHEERLEADING

Ages 5 - 13 / Mondays Nov 27 - Mar 9 / 3 - 5pm / Regular Extended Education fee \$5/day + \$15 shirt cost / Central Elementary

Extended Education is partnering with Parks and Recreation to offer cheerleading. Participants must be registered as Extended Education students. They will be expected to follow all the rules and requirements of that program. Cheerleading will end at 5pm, and participants may be picked up at that time or parents can pick them up until 6pm without any additional fees. After-school transportation can be provided from Fluvanna County Schools to Central Elementary. Saturday games start on January 7.

For more information, please call Gary Greenwood at (434) 589 - 8318 or email exeducation@apps.fluco.org.

Pickleball Tournament

Fluvanna County Parks & Recreation will be hosting its first pickleball tournament on Saturday October 7th @ Carysbrook Gymnasium. This will be a mixed doubles single elimination tournament, featuring participants that are 55 and older. Come out and enjoy a day of pickleball, friendly competition, and prizes for tournament winners. Cost of entry for the tournament is \$10 per team. Registration must be made through Sean Sweeney at 434 842 3150 or ssweeney@fluvannacounty.org.

Date: 10/07/17 Time: 8:00am Location: Carysbrook gym Registration Deadline: 10/02/17 Registration Fee: \$10 per team

Sean Sweeney 434 842 3150 ssweeney@fluvannacounty.org





Bull Riding • Tractor Pull • FCHS Pep Rally • Helicopter and Balloon Rides

Pie Eating Contest • FunZone • Home Arts competition and much more! Carnival

Wednesday 6 Thursday 6 Friday 4 Saturday 1 5

6-10 PM 6-10 PM 4-10 PM 10AM-3PM 5-10 PM TICKETS \$1 Each

\$20 for 24

ARMBAND-\$15 per NIGHT

Fair Schedule: Gate fee \$2

Wednesday, August 16th 6 –10pm

No fair activities

Thursday, August 17th 4-9pm

4:00 4-H, Home Arts, Funzone opens 5:00 4-H Skill-a-Thon Contest 5:30-Pep Rally 6:00 Balloon Rides Sponsored by Re/Max 7:00 4-H Costume Contest 7:00 Wing Eating Contest 9:00 Fair closes

Friday, August 18th 4-9pm

4:00 4-H, Home Arts, Funzone open 5:30 4-H Rabbit and Poultry Show 6:00 Tractor Pull* 9:00 Fair Closes Saturday, August 19th 10am-9pm 8:00 4-H Livestock Show (Beef,

Lamb, Goat, Swine)

- 10:00 4-H, Home Arts, Funzone opens
- 10:00 Equine Trail Obstacle Challenge
- 11:00 Animal Sounds Contest
- 1:00 4-H Buyers Reception
- 1:00 Pie Eating Contest
- 1:30 Jalapeno Eating Contest
- 2:00 4-H Livestock Sale
- 3:00 Cornhole Tournament
- 6:00 Home Arts entries dismissed
- 7:00 Rodeo*

7:00 4-H Animal tent closes

10:00 Fair Closes

* additional fee

August 16th to August 19th

Pleasant Grove Park

Friday Night Tractor Pull

August 18th, 2017

Shelton Farms will be putting on an antique tractor pull! Gates open @ 5:30 PM First pull @ 6PM Tractor Entry Fee: \$20 Tickets: \$5 for 18 & up \$2 for 17 & under FREE for 2 & under





Photo Courtesy of Shelton Farms

FOR MORE INFORMATION Contact Jonathan Pace at (434)842-3150 or by email at jonathanpace@fluvannacounty.org.

Saturday Night Rodeo Event

August 19th, 2017

BLM Bull & Rodeo Company will provide barrel racing and bull riding entertainment! Gates open @ 6 PM First ride @ 7PM Tickets: \$15 for 18 & up \$10 for 17 & under FREE for 2 & under





Photo Courtesy of BLM Rodeo

FOR MORE INFORMATION Contact Jonathan Pace at (434)842-3150 or by email at jonathanpace@fluvannacounty.org.

Join us for our 13th Annual Halloween Festival!



Friday October 27th at the Fluvanna County Library 5-8pm:

- . Crafts
- Magic Show @ 6 following
 a Halloween Movie
- Popcorn + Drinks for sale



Saturday October 28th at the Pleasant Grove Park Pole Barn 6-8:30pm:

- . Crafts
- . Games
- Costume Contest—3 age groups, judging around 7:30pm
- Pumpkin Painting Contest -Bring your own Pumpkin, judging @ 8pm
- Semi-scary Hayrides



For more information please Contact Alyson Pieno at (434) 589-2016 or apieno@fluvannacounty.org.

2017 Holiday Celebration

Please join us both nights for a wonderful holiday celebration full of family fun!

PLEASANT GROVE OPEN HOUSE 6-8PM DECEMBER 8TH AT PLEASANT GROVE PARK

- Light Refreshments
- Tree Lighting
- Holiday Caroling
- Crafts

HOLIDAY PERFORMANCES 2-4 PM DECEMBER 9TH AT CARYSBROOK PERFORMING ARTS CENTER

- Holiday Performances
- FREE 4x6 photos with Santa Claus by
 Fluvanna Sports Photography



Entry Fee for both events is a donation of a canned good or non-perishable item to benefit MACAA



Please contact Alyson Pieno with questions at (434) 589 - 2016 or apieno@fluvannacounty.org



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ACTIVE OLDER ADULTS

ACTIVE OLDER ADULT CENTERS

Fluvanna County's Active Older Adult programs provide a variety of recreation and leisure activities for ages 55+ at several locations. Activities include crafts, cultural events, field trips, guest speakers, and community forums. Seniors also participate in library events, holiday functions, and other therapeutic recreation programs. Most programs are free unless otherwise indicated.

- **Fork Union Active Older Adult Center:** Tuesdays and Wednesdays weekly, 10am 2pm: Fluvanna Community Center.
- **Cunningham Active Older Adult Center:** 1st and 3rd Monday of every month, 10am 2pm: Scottsville VFW.
- Kents Store Active Older Adult Center: 2nd and 4th Thursday of every month, 10am 2pm: Kent's Store ARC Building.

Please contact Sean Sweeney with questions at (434) 842 - 3150 or ssweeney@fluvannacounty.org.

ANNUAL HOLIDAY CELEBRATION FOR SENIORS

55+ / Wednesday December 13 / 11am - 2pm / FREE / Fluvanna Community Center

Calling on all active older adults! Come join FCPR for a luncheon with a surprise visit from you know who, the "Jolly Old Man". Please RSVP for this event by December 6th.

Contact Sean Sweeney to RSVP or with any questions: (434) 842 - 3150 or ssweeney@fluvannacounty.org.



Interested in Teaching a Class or Workshop? Teaching doesn't have to be hard! Tell us what you like, we'll help you make the curriculum, advertise the program, and bring you the students. Call (434) 589 - 2016 to discuss your class interest.

FCPR Inclement Weather Policy

In the event of inclement weather, the Parks and Recreation Department's sponsored activities will be cancelled if Fluvanna County Schools are closed or close early for the day. Call (434) 589 - 2016, Monday - Friday 8am - 5pm or visit our Facebook page for info about Parks and Recreation Programs.

OUTDOOR ACTIVITIES

RIVANNA RIVER HISTORY FLOAT

Ages 18+ / See Dates Below / 9am - 4pm approx. / \$20 / Meet at Palmyra VDGIF Boat Launch

This is a leisurely and educational float down the Rivanna River from Crofton to Palmyra. Along the way, we will stop and visit historic sites and structures that were an integral part of commercial navigation on the Rivanna in the 18th and 19th centuries. We will meet at Palmyra VDGIF boat launch – shuttle is provided. Paddling experience required. You must be able to carry one end of a boat and assist in lifting it onto a trailer. Participants may bring their own boat, paddle and PFD, or arrange for a rental for an additional fee of \$10. All participants should bring their own food and water, insect repellant, sunscreen and river shoes.

Session 1:September 2SaturdaySession 2:September 13Wednesday

Instructor: Brian Coffield

For questions please contact Alyson Pieno at (434) 589 - 2016 or apieno@fluvannacounty.org.

LLAMA TREKS

10+ or With Accompanying Adult / See Dates and Times Below /

\$36 / Pleasant Grove Park

Session 1:	October 21	Saturday	2pm
Session 2:	November 4	Saturday	2pm





Enjoy a leisurely walk in the woods with a llama as

your companion. You will be guided along roughly 3 miles of trails at Pleasant Grove. Learn about llamas and the local flora and fauna along the way. Each person, 10 years and older, will get to walk their own llama. Younger children may accompany an adult along the walk. Each walk will have room for up to 8 people. Bottled water will be provided. Please wear appropriate shoes for a hike in the woods. We will be crossing creeks. No flip flops, clogs, etc. The introduction to the llamas and the walk will take about 2 to 3 hours. Must sign up in advance. We will meet in the equine parking area. **Trek Leaders:** Heather Antonacci and Paige McGrath - Lower Sherwood Llamas

For questions please contact Alyson Pieno at (434) 589 - 2016 or apieno@fluvannacounty.org.

OUTDOOR ACTIVITIES

HORSEBACK RIDING AT EQUUS SPRINGS FARM

Hunt Seat and Western Lesson Available

Introduction to Horseback Riding

Ages 5 - 95 / See Dates & Times Below / \$100 / Equus Springs Farm / 4 week class

Ages 5 to 95 with little or no riding experience will learn grooming, tacking, and riding.

Session 1:	Sept 28 - Oct 19	Thursdays	6 - 7pm
Session 2:	Sept 30 - Oct 21	Saturdays	9 - 10am
Session 3:	Oct 6 - Oct 27	Fridays	6 - 7pm
Session 4:	Oct 19 - Nov 9	Thursdays	4:30 - 5:30 pm
	Oct 28 - Nov 18	Saturdays Saturdays	9 - 10am
Session 6:	Dec 2 - Dec 23	Saturdays	9 - 10am

Beginner Horseback Riding

Ages 6+ / See Dates & Times Below / \$100 / Equus Springs Farm / 4 week class This class is a beginners class for children ages 6 and up with some experience who are able to trot independently and control speed and direction of the horse.

Session 1:	Sept 29 - Oct 20	Fridays	6 - 7pm
Session 2:	Sept 30 - Oct 21	Saturdays	10:30 - 11:30am
Session 3:	Oct 26 - Nov 16	Thursdays	4:30 - 5:30pm
	Nov 30 - Dec 21 Nov 18 - Dec 9	Thursdays Saturdays	4:30 - 5:30pm 10:30 - 11:30am

Intermediate Hunter Horseback Riding

Ages 8+ / See Dates & Times Below / \$100 / Equus Springs Farm / 4 week class Ages 8 and up with many years of experience; must be able to canter and jump 18" or lope patterns safely in a group.

Session 1:	Sept 29 - Oct 20	Fridays	4:30 - 5:30pm
Session 2:	Nov 25 - Dec 16	Saturdays	10:30 - 11:30am
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Instructor: Heather Antonacci

Please contact Alyson Pieno at (434) 589 - 2016 or apieno@fluvannacounty.org for all horseback riding questions.

PLEASANT GROVE TRAIL RIDE

Adults / November 3 - 5 / \$30 Day ride with lunch / \$55 for the weekend with lunch + dinner / Pleasant Grove Park

Saddle up and join us for a beautiful weekend of trail riding! Rides are self-guided and at your own pace with well-marked trails. Shoes are recommended for horses with sensitive feet. There will be short and long ride options, a Poker Run Saturday and a Scavenger Hunt Sunday. Overnight camping will be available with a limited number of electric hookups. Porta-potties and non-potable water will be available. No showers. A copy of a negative Coggins will be required for every horse.

For more information please contact Alyson Pieno at (434) 589 - 2016 or apieno@fluvannacounty.org.

OUTDOOR ACTIVITIES

INTRO TO KAYAKING ON THE RIVANNA

Ages 18+ / September 9 / 8am - 12:30pm / \$25 / Palmyra Boat Launch

Interested in Kayaking but you don't have the gear or experience? This class will cover all the basics and we will provide a boat, paddle and life jacket. We will cover the fundamentals of paddling and safety techniques; then take a leisurely 3 - 4 hour float on the Rivanna River from Crofton boat launch to the Palmyra boat launch. Class size limited to 8 participants.

If you have any questions please contact Alyson Pieno at (434) 589 - 2016 or apieno@fluvannacounty.org.



YOUTH WINTER CAMP

WINTER BREAK CAMP

Ages 5 - 12 / See Dates + Prices Below / 7am - 6pm / Carysbrook Gym

Looking for some fun Winter break activities? We are offering 3 sessions of Winter camp this year. Session 1 is an arts and crafts camp that will spark the creative mind. Sessions 2 and 3 will be for the more adventurous including activities such as go karting, ice skating, snow tubing, Massanutten Waterpark and much more! Detailed itineraries will be sent out the week before camp.

Session 1:	December 20 - 21	\$60
Session 2:	December 27 - 29	\$90
Session 3:	January 2 - 3	\$60

Arts and Craft Days Adventure Days Adventure Days



If you have any questions please contact Alyson Pieno at (434) 589 - 2016 or apieno@fluvannacounty.org.

DOG OBEDIENCE TRAINING



About the Instructor:

Upon graduating from UVA, Ashleigh Morris looked to the dog world for a career path. Her natural ability with dogs led her to also pursue a career in dog training. Studying under an Animal Behavior Consultant, Ashleigh learned a variety of skills to help others solve their dog's behavior problems. She also learned to train dogs and humans in the basic skills needed to enhance the human - animal bond. Ashleigh has been training on her own since 2005 and continues to expand her knowledge and education in order to help people mold their dogs into the perfect companion. She uses positive reinforcement methods. Contact Ashleigh at (434) 589 -7209 or <u>aymorris@hotmail.com</u> with any questions.

BEGINNING OBEDIENCE

All Ages / See Dates & Times Below / \$75 / Dog Spot @ Fluvanna Community Center Dogs will be dogs until humans teach them some proper manners. Learn how to positively motivate your dog to interact with people in an acceptable way by teaching sit, look, down, stay, come, leave it, and loose-leash walking — all building blocks to living with a well-mannered dog. Typical behavior problems and solutions for biting, barking, and many other issues will be discussed. Dogs of all ages with up-to-date shots are welcome. Families are encouraged to attend together.

Session 1: Sept 5 - Oct 3	Tuesdays	6:30 - 7:30pm	Janna
Session 2: Sept 7 - Oct 5	Thursdays	3:30 - 4:30pm	4 wanna
Session 3: Oct 11 - Nov 8	Wednesdays	7:30 - 8:30pm	i add
Session 4: Oct 12 - Nov 9	Thursdays	10:30 - 11:30am	
Session 5: Nov 14 - Dec 12	Tuesdays	6:30 - 7:30pm	FCPR
Session 6: Nov 15 - Dec 13	Wednesdays	3:30 - 4:30pm	Cris

INTERMEDIATE OBEDIENCE OR CANINE GOOD CITIZEN OR CONFIDENCE CLASS

Dates & Times Below / \$75 / Dog Spot @ Fluvanna Community Center

Session 1: Sept 5 - Sept 26	Tuesdays	7:30 - 8:30pm (CGC will end October 3)
Session 2: Sept 7 - Sept 28	Thursdays	4:30 - 5:30pm (CGC will end October 5)
Session 3: Oct 11 - Nov 1	Wednesdays	6:30 - 7:30pm (CGC will end Nov 8)
Session 4: Oct 12– Nov 2	Thursdays	9:30 - 10:30am (CGC will end Nov 9)
Session 5: Nov 14 - Dec 5	Tuesdays	7:30 - 8:30pm (CGC will end Dec 12

*Please see the next page for Intermediate Obedience, Canine Good Citizen and Confidence Class descriptions.

**These are the last Confidence Classes offered this season. They will return in Spring of 2018.

NOTE Depending on demand, either <u>Intermediate Obedience, Confidence Building</u>, or <u>Canine</u> <u>Good Citizen</u>, will run during the dates/times listed. Please let Ashleigh know as soon as possible which class you are interested in. You will be contacted closer to the class date as to what class will be held. Since the Confidence Class is held outdoors the dates/times it is offered is limited.

DOG OBEDIENCE TRAINING

INTERMEDIATE OBEDIENCE

Take your dog's training to the next level with Intermediate Obedience. Learn how to get your dog to focus on you and come to you with lots of distractions while your dog builds on already-learned skills. Graduates of Beginning Obedience or dogs that have passed an assessment test may enter this class. This is a 4-week class.

CANINE GOOD CITIZEN

This class is designed to teach you how to teach your dog to be a good citizen in the community. Most of your dog's learning will be at home as the two of you work together every day. Ashleigh will spend each class teaching the 10 skills needed to pass the Canine Good Citizen test. She is a Canine Good Citizen Test evaluator and can offer the official AKC test for an additional fee upon graduation.

CONFIDENCE BUILDING

Help your dog gain confidence while you have fun teaching your dog to conquer a variety of obstacles. The more dogs learn, the more confidence and trust they place in their human. Dogs must have completed a Beginning Obedience class before enrolling in this course. This is a 4-week course.

DOG TRAINING CLINICS

Dates and Times Below / \$30 / Dog Spot @ Fluvanna Community Center

Training clinics are designed to help people learn how to teach basic skills to their dogs. Clinic I is a prerequisite to taking Clinic II, Clinic III & IV unless you have trained with Ashleigh previously. You can choose which clinics you attend, or attend all of them. **Clinic I:** Sept 14 Thursday 10 - 11am

• WITHOUT DOGS - no you didn't read that wrong. This Clinic is designed so that the 2-legged students can get up to speed on positive reinforcement and how to use it to meet your training goals. Since you are your dog's primary trainer it is a must for you to understand how to communicate with them to help them grow into the canine companion that you want them to be.

Clinic II: October 17 Tuesday 3:30 - 4:30pm

- Look, sit, come, stay and wait. (Perfect for teaching the dogs not to dash out the door.)
- Clinic III: November 21 Tuesday 3:30 4:30pm
- Look, sit, come, down and settle.
 (Ideal for having the dogs chill while company is over.)

Clinic IV: December 6 Wednesday 10 - 11am

• Look, sit, come, leave it and drop it. (A must if the dog snags an item they shouldn't have!)

For more information or questions please contact Alyson Pieno at (434) 589 - 2016 or apieno@fluvannacounty.org.

ENRICHMENT

FLUVANNA MOTHERS PLAY GROUP

Infants - 6 / Tuesdays / Begins September 5 / 10am - 12pm / \$5 per child per year / Carysbrook Gym

This is a weekly playgroup designed for children birth to 6. Our play area in the gym includes toys and play mats for your child to enjoy. We encourage parents and caretakers to play with the children and socialize in our kid-friendly environment. To fund all of our wonderful events throughout the year, purchase cleaning supplies and any bins and new toys, we ask for \$5 per child. Also, if you would like to donate any toys to the group, feel free to bring them. (However, please no stuffed animals due to cleaning and storage issues.)

Please contact Adrianna Wilder at carysbrookplaygroup@gmail.com or Jonathan Pace at jonathanpace@fluvannacounty.org if you have any questions. Volunteers Needed!

HUNTER EDUCATION CLASS Ages 12+ / October 14 / 9am - 4pm / Fluvanna Community Center / FREE

Hunter Education courses are designed to teach hunting safety, principles of conservation, and sportsmanship. Since Hunter Education became mandatory for 12–15 year olds and first-time hunters in 1988, there has been a 25% reduction in the rate of hunting-related shooting incidents. The courses are provided free of charge by certified volunteer instructors and Conservation Police Officers and include presentations, demonstrations, firearms and tree stand safety exercises and a 50-question multiple choice exam at the conclusion of the course. Students who successfully complete the course receive a Hunter Safety certificate, wallet card and patch at the conclusion of the course. Registration can be found at https://register-ed.com/programs/virginia/60-virginia-basic-hunter-education-course/agency:19 and must be completed in advance as there is a self-study portion of the class that students must complete in order to participate in the classroom setting. You must bring your proof of completion with you the day of class. *Bring your own lunch*

Contact Alyson Pieno with questions at (434) 589 - 2016 or apieno@fluvannacounty.org.

SANTA CLAUS TRAIN RIDE

All ages / 11:30 - 12:15pm / Saturday, December 2 / \$24 a person over 2 years old / Purchase tickets at the Fluvanna Community Center

ALL ABOARD! FCPR is partnering with the Old Dominion Chapter of the National Railroad Historical Society to bring you a memorable train ride. Here's your chance to meet the happiest man in a red suit. The ride a great time for the young and the young at heart! Purchase your ticket at the Fluvanna Community Center and drive yourself to Dillwyn for the great adventure. Train departs at 11:30am and lasts for 45 minutes.

Contact Jonathan Pace with questions at (434) 842 - 3150 or jonathanpace@fluvannacounty.org.





Pleasant Grove Park

FLUVANNA COUNTY COMMUNITY GARDEN CELEBRATING 10 YEARS!!!

2007 - 2017



PARTY IN THE GARDEN

Saturday, September 16, 2017 10:00 a.m. - 12 noon

> •REFRESHMENTS •KIDS' ACTIVITIES •TOURS

Visit the gardens and chat with the gardeners. Get ideas and tips for your garden.

FLUVANNA COUNTY PARKS AND FACILITIES

Pleasant Grove Park (Western Trailhead)

271 Pleasant Grove Drive Palmyra, VA 2296

- Hiking, Equestrian and Biking Trails
- Pole Barn
- Playground
- Athletic Fields
- Butterfly Garden
- Outdoor Stage

Pleasant Grove House Museum and Welcome Center

271 Pleasant Grove Drive Palmyra, VA 22963 (434) 589-2016

- Parks and Rec Office
- Transportation Museum
- Summer Kitchen
- Nature Room

Pleasant Grove Dog Park Highway

Located at the Eastern Trailhead

• 3 fenced in areas for large and small dogs

Pleasant Grove Park (Eastern Trailhead)

110 Thomas Jefferson Parkway Palmyra, VA 22963

- Palifiyra, VA 22
- Dog Park
- ADA Trailhead
- Picnic Shelters
- Fitness Loop

Carysbrook Sport Complex

8788 James Madison Highway Fork Union, VA 23055

- Athletic Fields
- Gymnasium
- Playground
- Picnic Shelter

Carysbrook Performing Arts Center

8880 James Madison

Highway Palmyra, VA 23055

- Various Performances
- Rental Options

Civil War Park

Court Square Palmyra, VA 22963

- Fluvanna's First Park (1828)
- 1/2-acre space with picnic tables and Civil War tributes

Fluvanna Community Center

5725 James Madison Highway

Fork Union, VA 23055 (434) 842-3150

- Parks and Rec Office
- Fork Union Active Older Adults Center
- Playground
- Rentals All Year Long

Cunningham Active Older Adult Center (VFW Hall)

2997 W. River Road Scottsville, VA 24590

• Programs on 1st & 3rd Monday every month



Connect with us on Facebook for News,

Updates, Photos, and Events:

www.Facebook.com/ FluvannaParksandRecreation

RENTAL RATES

Fluvanna County Parks and Recreation rents facilities for weddings, receptions, meetings, conferences, lectures, dances, luncheons, parties and family reunions. Facilities and equipment are listed below. Refunds may be given when requested ONE WEEK PRIOR TO THE START OF THE RENTAL. A \$10 service charge will be deducted from the refund unless the cause is due to a change in the class schedule.

Pleasant Grove Park

Athletic Fields (Baseball, Softball, Soccer): \$10/hour Tournaments: \$75/day Pole Barn: \$75/day (\$100 Deposit) Utilities: \$25/day Horseback Riding on Trails: \$8 (non-residents) Outdoor Stage: \$100/day Meeting Room: \$10/hour + \$25 deposit

Fluvanna Community Center

Meeting Room: \$20/hour (\$50 Deposit) Auditorium: \$75/hour (\$100 Deposit) Kitchen: Under Renovation Staffing Fee (after hours): \$15 hour

Heritage Trail Pavilions (Eastern Trailhead) Large Pavilion (40 people):

\$50/day (\$100 Deposit) Small Pavilion (25 people): \$25/day (\$100 Deposit)

Carysbrook Sports Complex Athletic Fields: \$10/hour; with lights \$20/hour (\$100 Deposit) Tournaments (per fields): \$75/day (\$100 Deposit) Gymnasium: \$50/hour; with tarp \$75/hour (\$100 Deposit)



Kayaks & Canoes: \$20 each per day \$35 each for weekend (\$100 Deposit)

River Shuttle Available -\$5 a person or \$20 dollar minimum. Call (434) 589 - 2016 for more information.

Tables Rectangular: \$3 each per day (\$50 Deposit) Round: \$5 each per day (\$50 Deposit)

Chairs \$1 each per day (\$50 Deposit)

18' x 30' Tent Canopy \$100/day (\$100 Deposit)

14' x 20' Tent Canopy \$75/day (\$100 Deposit)



Ticket Prices

Good Any Day: Fall Fun Day: \$42 - Valid Any Regular Park Operating Day\$40 - Valid Sep 23 - October 29, Weekend Only

Available for purchase in person at both of our office locations. Call (434) 589 - 2016 for more information or for questions.

2017 Fall Events @ Fluvanna Library

Solar Eclipse Fun!

- Monday, August 14 Monday, August 21 Indoor sun scavenger hunt
- Thursday, August 17 2:30-4:30 p.m. Get Ready for the Eclipse! Learn about a solar eclipse & make a safe eclipse viewer & other activities
- Monday, August 21 1-3:30 p.m. Eclipse Viewing Party Activities to include sun viewing in parking lot, crafts and activities in the Library (86% coverage at 2:41 p.m.)

Tuesday Morning Story Time

August 15 – December 12 - Tuesdays at 10 a.m. Join us for some Mother Goose on the Loose, fun stories, and songs. Infants to Preschool.

Friday Morning Story Time

August 18 – December 15 - Fridays at 10 a.m. Join us for some fun stories and a craft. Preschool.

Friday Movies @ the Library

Every 1st and 3rd Fridays all year long at 2 & 7 p.m. Contact the Library for titles at (434) 589-1400 or via email at <u>fluvannalibrary@gmail.com</u> Sponsored by the Friends of the Library

Moonlight Madness

Friday, October 27 - 7-9 p.m. Come and observe the moon, enjoy moon related activities and a "Howl at the Moon the Loudest" contest at 7:30 p.m. Fun for the whole family!

"No School Today" Activities & Movie

Friday, October 6 - 1 p.m. Activities & - 2 p.m. Movie – TBD Contact the Library for titles at (434) 589-1400 or via email at <u>fluvannalibrary@gmail.com.</u> Sponsored by the Friends of the Library.

Winter Reading Program @ the Library

Calling all kid, teen, and adult readers! Sign-up beginning Monday, December 11. Cool prizes.

Winter Break @ the Library

Wednesday, December 20 – Christmas Crafts & Movie 1 p.m. – Crafts & Activities and 2 p.m. – TBD - Christmas Movie

Wednesday, December 27 – Visit the Zoo Day Crafts & Activities - 1-3 p.m.

Friday, December 29

10-12 noon – Celebrate the New Year with England - Crafts & Activities 1-3 p.m. – LEGO Builder Party

Wednesday, January 3

1 p.m. – Activities and 2 p.m. – Movie – TBD

All programs are sponsored by the Friends of the Library. Movie titles are on our webpage at <u>www.fcplva.org</u> or contact the Library at (434) 589-1400 or via email at <u>fluvannalibrary@gmail.com</u>

Special programs, tours and workshops are available for groups and can be scheduled upon request. Please contact the Library for more information or with any questions at: Fluvanna County Public Library, 214 Commons Blvd., Palmyra, VA 22963 - (434) 589-1400 or via email at fluvannalibrary@gmail.com







MASTER NATURALIST ACTIVITIES

HIKES : ALL ARE ON THE SECOND SATURDAY OF THE MONTH AND BEGIN AT 2 PM.

- ⇒ September 9 Hike a portion of the Brush Arbor trail from the soccer field parking area trailhead information kiosk looking for animal signs. Learn more about developing wildlife habitat on your property.
- ⇒ October 14 Hike the new Discovery trail starting at the library. Learn about ways Master Naturalists are developing new habitats at the park and look for animal signs.
- November 11 On the move... join bird watchers as they look for migrating birds... and watch for the birds which are staying home! Also, learn more about the many bluebird houses at Pleasant Grove and possibly help clean some of them out. Start at the nature room (summer kitchen) by Haden House at Pleasant Grove.
- \Rightarrow **December** no hike!
- ⇒ January 13 Learn how to identify trees in the winter. Start at the library for some tips, then hike the tree trail using what you have learned!
- ⇒ **February 10** Skulls and skat!! Join Miss Ida in learning about animal skeletons and their skat. (Possibly other surprises as well!!) Meet in the library nature room. If there is snow on the ground we will also go out and look for animal signs.
- ⇒ March 10 Check out the Quail Meadow Trail, looking for signs of birds and other wildlife as well as Spring plant growth. Meet at the Pleasant Grove Park Museum (Hayden House).
- ⇒ April 14 Hike the rail trail across from the courthouse square. See a rare tree, look for signs of the old railroad, and pull the garlic mustard to try to get rid of it!
- ⇒ May 12 Hike the Sandy Beach Trail, discovering the wildlife along the Rivanna and its adjacent lowlands/ wetlands. Meet at the kiosk near the dog park.

OTHER MASTER NATURALIST ACTIVITIES IN FLUVANNA COUNTY:

Trail building and maintenance at Pleasant Grove. . . Walter Hussey and Jeff Divers

Bluebird monitoring . . Pat Burkett

Scheier Natural Area trail maintenance and educational programs. . . Steve Pullinger, Deborah Anderson

River Guardians ... Rivanna Conservation Alliance... John Wilkerson and Pat Burkett

Fluvanna Schools . . . Ida Swenson

Fluvanna County Library programs. . . Deborah Anderson, Pat Coldewey and Walter Hussey

Stream Watch . . . multiple streams. . . Ida Swenson

Nature Room (Pleasant Grove Park) - Pat Coldewey

Butterfly Garden and Wildlife Meadows (Pleasant Grove Park) – Walter Hussey

Please check our Facebook page for trail conditions the day of the hike at www.Facebook.com/FluvannaParksandRecreation

	Regis	tration Fo	rm	
		YMENT MUST ACC Make checks pa Box 70, Palmyra, V	YABLE TO "FC	CPR"
F	irst Name		Mide	dle Initial
FLUVANNA L PARKS & RECREATION Mailing Address				/ Gender <u>M / F</u>
Email Address				
Home Phone		Mobile Phone		
Emergency Contact: Name			_ Phone	
Shirt Size:	dult □Small □Mediu	m □Large □X-Large		
Special Needs/Disabilities		Allergie	s	
Household Members:				
Name:			Birth Date:	/
Name:			Birth Date:	<u> </u>
Name:			Birth Date:	<u> </u>
Name:			Birth Date:	//
Activity Title	Date(s)	Time(s)		Fee (non-resident add 15%)
I understand the nature of the ac with participating in recreationa and that of other participants. If child will be expected to behave to discipline my child in a manu- law, both Fluvanna County and	ctivity in which I am (my activity and that it is th this consent is given for in a reasonable and res- ther similar to that impose	he duty of each participant r my child, I also underst ponsible manner and that ed in Fluvanna County's	nt to exercise reas and that, while pa t the activity's su public schools. I	sonable care for their own safety articipating in the activity, my pervisory staff has the authority understand that under Virginia

while participating in the activity and that I may consider procuring insurance to protect myself (my child) from such occurrences. With all this in mind, I hereby give my consent to enroll myself (my child) in the activity indicated. I also agree for my child to be transported by Parks and Recreation to the appropriate facility for my child to participate in such class if needed.

Signature of Participant or Legal Guardian if under 18 years of age Date:

Print Legal Guardian's name for participants under 18 years of age:

Refund Policy: Refunds may be given when requested provided the request is made prior to the start of the activity. A \$10 service charge will be deducted from the refund unless the cause is due to a change in the class schedule. If supplies were purchased on your behalf, that amount may also be deducted from your refund. Allow up to 60 days for your refund to be mailed. A \$20 service charge will be assessed for any returned checks.

Office Use Only: Rec'd Date	 	_ Cash	
			26

COMMUNITY PARTNERS

Fluvanna County

Extension Office 5725 James Madison Highway Fork Union, VA 23055 (434) 591 - 1950

Fluvanna County Library

214 Commons Boulevard Palmyra, VA 22963 (434) 589 - 1400

School Board Office

14455 James Madison Highway Palmyra, VA 22963 (434) 589 - 8208

Sheriff's Office

160 Commons Boulevard Palmyra, VA 22963 (434) 589 - 8211

Fluvanna County Historical Society

Physical Address: 14 Stone Jail Street Palmyra, VA 22963 Mailing Address: PO Box 8 Palmyra, VA 22963 (434) 589 - 7910 fluvannahistory@gmail.com

Jefferson Area Board for Aging

674 Hillsdale Dr. Ste. 9 Charlottesville, VA 22901 (434) 817 - 5222 jabacares@gmail.com Fluvanna Heritage Trail Foundation PO Box 501 Palmyra, VA 22963 (434) 589 - 4839

Fluvanna Master Gardeners (434) 591 - 1950 www.fluvannamg.org

Fluvanna Arts Council

265 Turkey Sag Trail Suite 102, Box 210 Palmyra, VA 22963 (434) 842 - 1333 Info@Carysbrook.org

Social Services

8880 James Madison Highway Fork Union, VA 23055 (434) 842 - 8221

Fork Union Military Academy

4744 James Madison Highway Fork Union VA 23055 (434) 842 - 3212

Boy Scouts of America

Stonewall Jackson Area Council www.bsa-sjac.org/districts/ monticello

Fluvanna Farm Bureau 15905 W. River Road Fork Union, VA 23055 (434) 842 - 3411

Virginia Department of Game and Inland Fisheries Chris Heberling, Game Warden (540) 899 - 4169 www.dgif.virginia.gov

Child Services Act 132 Main Street Palmyra, VA 22963 (434) 591 - 1933

Chamber of Commerce 177 Main Street Palmyra, VA 22963 (434) 489 - 3262

Charlottesville Area Mountain Bike Club (CAMBC)

PO Box 6516 Charlottesville, VA 22906 info@cambc.org

Youth Advisory Committee

www.fluvannayac.org

Partnership for Aging Deborrah Foreman (434) 962 - 8153

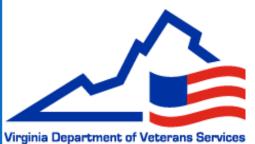
Fluvanna Art Association www.fluvannaartassociation.com

Department of Social Services 8880 James Madison Highway Fork Union, VA 23055 (434) 842 - 8221

Attention Veterans and Dependents: Do you know your Veterans Benefits? We do!

Virginia Department of Veterans Services www.dvs.virginia.gov Need help? Visit us at the Fluvanna Community Center by appointment only. 5725 James Madison Highway Pamela Zirkle & Jeannette Flint (434) 295 - 2782 **1st Wednesdays of each month from 9 - 11:30am**





FLUVANNA SPORT ORGANIZATIONS

Basketball

Fluvanna County Parks & Recreation (Fall & Winter) Ages 3 - 13 Contact: Jonathan Pace (434) 842 - 3150 jonathanpace@fluvannacounty.org

Tennis

Camp Friendship Tennis Center Contact: Alina Ackenbom (434) 589 - 5867 alina@campfriendship.com www.friendshiptennis.com

Baseball

FYB - Fluvanna Youth Baseball (Spring) Ages 4 - 15 Baseballfluvannayouth@gmail.com Website: fluvannayouthbaseball.com

FUMA Aquatic Club

(Summer) Contact: Ryan Campbell campbellr@fuma.org (434) 842 - 4210

Softball

Fluvanna Girls Softball League (Spring & Fall) Ages 5 - 18 Register January 4 Contact: Tiffany Rosales (434) 242 - 1933 fluvannasoftball@gmail.com www.fluvannagirlssoftball.com

Football

Fluvanna County Parks & Recreation (Fall) Ages 11 & 12 Contact: Jonathan Pace (434) 842 - 3150 jonathanpace@fluvannacounty.org

JDYFL - Jefferson District Youth Contact: Coz DiFazio Football League (Fall) Ages 8 - 14 Fluvanna County Contact: Scott Fraser (757) 871 - 2190 Scott.fraser@accu-tech.com www.TJFYL.net

Soccer

FYSA - Fluvanna Youth Soccer Association (Spring & Fall) Littler Strikers & U5 - U14 Contact: Tom Beckham at FYSAforce@aol.com Website: www.fysa.org

Swimming

LMST - Lake Monticello Swim Team (Summer) Contact: Laura Payne Lmst-info@comcast.net www.lmst.jsl.org

FAST - Fluvanna Aquatics

Sports Team (Summer) (434) 326 - 5566 info@fluvanna-swimming.org www.fluvanna-swimming.org

Flutterwheels Square Dance Club

Free Open Houses: September 11 & 18, 2017 Contact: Marti (540) 894 - 0564 (540) 259 - 2568

Pleasant Grove House Museum

A slice of Fluvanna history resides in the renovated Pleasant Grove House and Summer Kitchen Museums. The House also serves as the County Welcome Center for visitors along with housing exhibits relating to the history of transportation in Fluvanna County.

Hours:

Monday to Friday 8am - 5pm Saturday and Sunday 12 - 4pm

Address:

271 Pleasant Grove Drive Palmyra, VA 229663 **Phone:** (434) 589 - 2016

