

# SPRING 2020 PROGRAM GUIDE



**FLUVANNA**  
**PARKS & RECREATION**

- **Active Older Adults**
- **Athletics and Fitness**
- **Easter**
- **Enrichment**
- **Outdoor Activities**
- **Special Events**



**Sprout into Spring  
with Parks and Rec!**



# FLUVANNA COUNTY PARKS AND RECREATION STAFF

<b>Aaron Spitzer</b>	Director of Parks and Recreation	aspitzer@fluvannacounty.org	(434) 589 - 2016
<b>Malinda Payne</b>	Administrative Assistant Specialist	mpayne@fluvannacounty.org	(434) 589 - 2016
<b>Eric Armentrout</b>	Recreational Programs and Special Events	earmentrout@fluvannacounty.org	(434) 842 - 3150
<b>Faith Stuart</b>	Active Seniors and Therapeutic Recreation	fstuart@fluvannacounty.org	(434) 842 - 3150
<b>Dylan Morris</b>	Athletics and Special Events Coordinator	dmorris@fluvannacounty.org	(434) 589 - 2016
<b>Brian Coffield</b>	Museum Attendant	pghmuseum@fluvannacounty.org	(434) 589 - 2016
<b>Jane Berkeley</b>	Museum Attendant	pghmuseum@fluvannacounty.org	(434) 589 - 2016

**MISSION STATEMENT:** Our Parks and Recreation Department's mission is to promote opportunities for residents to pursue safe and enjoyable leisure activities in balance with the protection and conservation of Fluvanna's natural resources.

## FLUVANNA COUNTY PARKS AND RECREATION ADVISORY BOARD

<b>Tony O'Brien</b>	BOS Liaison	tobrien@fluvannacounty.org	(434) 242 - 1659
<b>Scott Morris</b>	School Liaison	smorris@apps.fluco.org	(434) 589 - 8208
<b>David Wood</b>	At Large	halloween13dw@gmail.com	(434) 962 - 7880
<b>Walter Hussey</b>	At Large	whthinker@yahoo.com	(703) 967 - 1798
<b>Hattie Lintecum</b>	Student	hattie805lintecum@gmail.com	
<b>Madeline Fulk</b>	Student	Maddie.fulk03@gmail.com	



Members shall advise the Director of Parks and Recreation and the Board of Supervisors on the planning and development of a comprehensive system of parks and recreation services for the benefit of the citizens of Fluvanna County. Members also serve as a liaison between the Parks and Recreation Director, the Board of Supervisors and the citizens of the county.

## FLUVANNA COUNTY BOARD OF SUPERVISORS

<b>Mike Sheridan</b>	<b>Chairman Columbia District (Chair)</b>	mikesherdan@fluvannacounty.org
<b>Tony O'Brien</b>	<b>Rivanna District (Vice Chair)</b>	tobrien@fluvannacounty.org
<b>Mozell Booker</b>	<b>Fork Union District</b>	mbooker@fluvannacounty.org
<b>Donald W. Weaver</b>	<b>Cunningham District</b>	dweaver@fluvannacounty.org
<b>Patricia Eager</b>	<b>Palmyra District</b>	peager@fluvannacounty.org



Board of Supervisors Meetings are the first Wednesday at 4 pm and third Wednesday at 7 pm of every month. BOS info at [www.fluvannacounty.org/bos](http://www.fluvannacounty.org/bos)

**FLUVANNA COUNTY . . . A great place to live, learn, work and play!**



Like us on  
**Facebook**

Event Updates, Photos and Current Trail Info...  
[www.Facebook.com/FluvannaParksandRecreation](http://www.Facebook.com/FluvannaParksandRecreation)

## TABLE OF CONTENTS

◆ Athletics and Fitness .....	2
◆ Young Ladies Valentine’s Ball .....	5
◆ Active Older Adults .....	6
◆ Senior Valentine’s Dance.....	7
◆ Teen Night .....	8
◆ Outdoor Activities.....	9
◆ Easter Egg Hunt.....	12
◆ Earth Day Tire and Hazardous Collection .....	13
◆ Dog Obedience Training .....	14
◆ Carnival .....	16
◆ Library Programs.....	18
◆ Master Naturalist Monthly Hikes.....	19
◆ Community Garden.....	21
◆ Rates and Rentals.....	23
◆ Registration Form .....	24

## Financial Assistance

FCPR offers scholarships to Fluvanna County residents who qualify. Please fill out a scholarship application and provide a copy of your most recent pay stub for management to review. You can find the form on the Parks and Recreation website or at one of our offices. Each household member is allowed one discounted program per program guide.

## Volunteer Opportunities

We are committed to working cooperatively in the development of programs and amenities to identify and meet the needs of our citizens. Become an active partner with us as we strive to improve the quality of life for all Fluvanna County residents.

## Interested in Teaching a Class?

Teaching doesn’t have to be hard! We will help you. Tell us what you would like to teach, we’ll help you create a curriculum, advertise the program, and bring you the students.

**Call (434) 589 - 2016 for information.**

## HOW TO REGISTER FOR PROGRAMS

- Registration for all programs opens when the current program guide is distributed.
- You must be signed up one week prior to the first class of each session.
- You must be registered to participate in a program, unless listing states otherwise.
- Register online at <https://fluvanna.recdesk.com> and click “Log In”.
- Register in person at the following locations during business hours:
  1. **Pleasant Grove House Museum**, 271 Pleasant Grove Drive, Palmyra, VA 22963  
Monday - Friday, 8 AM - 5 PM & Saturday - Sunday 10 AM - 2 PM.
  2. **Fluvanna Community Center**, 5725 James Madison Highway, Fork Union, VA 23055  
Monday - Friday, 8 AM - 5 PM.
- After business hours, you can leave registrations and payments in one of our drop boxes:
  1. **Pleasant Grove Equestrian Parking**, 271 Pleasant Grove Drive, Palmyra, VA 22963
  2. **Carysbrook Sports Complex**, 8788 James Madison Highway, Palmyra, VA 23055
  3. **Fluvanna Community Center**, 5725 James Madison Highway, Fork Union, VA 23055
- Payment is due one week before program starts.
- **COURSE INSTRUCTORS DO NOT COLLECT FEES.**
- A \$20 charge is added for returned checks.
- **Refund Policy:** Refunds may be given when requested provided the request is made prior to the start of the activity. A \$10 service charge will be deducted from the refund unless the cause is due to a change in the class schedule. If supplies were purchased on your behalf, that amount may also be deducted from your refund. Allow up to 30 days for your refund to be returned. A \$20 service charge will be assessed for any returned checks.

**FCPR INCLEMENT WEATHER POLICY:** In the event of inclement weather, the Fluvanna County Parks and Recreation Department’s sponsored activities will be cancelled when Fluvanna County Public Schools are on a delay or closed due to inclement weather. Visit our Facebook page @ [www.Facebook.com/FluvannaParksandRecreation](http://www.Facebook.com/FluvannaParksandRecreation) for current announcements or call (434) 589-2016 or (434) 842-3150, Monday - Friday 8 AM - 5 PM.

# ATHLETICS AND FITNESS

## **HATHA YOGA 1 & 2 MIXED LEVELS**

**Ages 16 + / See Dates Below / 10:30 - 11:45 AM / \$48 / Fluvanna Community Center**

Discover new health and serenity by learning to both tone and relax the body and to calm the mind. Bring a mat and small pillow. Do not eat for two hours prior to class. Beginners are welcome! Instructor Devi Peterson (RN) is certified to teach Integral Yoga Hatha Levels 1 and 2. If you need to register before class, please arrive 15 minutes early. *No Class on Columbus Day.*

<b>Session 1:</b>	Jan 6 - Feb 24	Mondays (No Class 1/20 or 2/17)
<b>Session 2:</b>	Jan 8 - Feb 12	Wednesdays
<b>Session 3:</b>	Mar 2 - Apr 6	Mondays
<b>Session 4:</b>	Feb 26 - Apr 1	Wednesdays
<b>Session 5:</b>	Apr 20 - Jun 1	Mondays (No Class on 5/25)
<b>Session 6:</b>	Apr 15 - May 20	Wednesdays



**Contact Dylan Morris with questions at (434) 589 - 2016 or [dmorris@fluvannacounty.org](mailto:dmorris@fluvannacounty.org)**

---

## **Kiddie TEE-BALL**

**Ages 3 & 4 / Saturdays / Apr 4 - May 16 (No TEE-BALL on Apr 11) / 9 - 10 AM / \$50  
Carysbrook Gym**

The Fluvanna County Parks and Recreation Kiddie Tee-Ball is an exciting and innovative sports program that introduces 3 & 4 year olds to the game. Fun, skill development, socialization, teamwork and parent/child interaction are emphasized. Children learn basic sport skills in a safe, age appropriate, noncompetitive environment. First 3 weeks in gym, second 3 weeks outside.

**Contact Dylan Morris with questions at (434) 589 - 2016 or [dmorris@fluvannacounty.org](mailto:dmorris@fluvannacounty.org)**

---

## **CHEERLEADING**

**Ages 5 - 13 / Mondays / Through March 9 / 3 - 5 PM / Regular Extended Education fee \$5 per day + \$15 shirt cost / Central Elementary**

Extended Education is partnering with Parks and Recreation to offer cheerleading. Participants must be registered as Extended Education students. They will be expected to follow all the rules and requirements of that program. Cheerleading will end at 5 PM, and participants may be picked up at that time or parents can pick them up until 6 PM without an additional fee.

After-school transportation can be provided from Fluvanna County Schools to Central Elementary.

**Saturday games begin January 4, 2020.**

**Contact Gary Greenwood with questions at (434) 589 - 8318 or [exeducation@apps.fluco.org](mailto:exeducation@apps.fluco.org)**



**FCPR INCLEMENT WEATHER POLICY:** In the event of inclement weather, the Fluvanna County Parks and Recreation Department's sponsored activities will be cancelled when Fluvanna County Public Schools are on a delay or closed due to inclement weather. Visit our Facebook page @ [www.facebook.com/FluvannaParksandRecreation](https://www.facebook.com/FluvannaParksandRecreation) for current announcements or call (434) 589-2016 or (434) 842-3150, Monday - Friday 8 AM - 5 PM.

# ATHLETICS AND FITNESS

## **PICKLEBALL / Adults / Free / Carysbrook Gym**

Pickleball is a cross between Ping Pong, Tennis, and Badminton and is the fastest growing sport for athletes 50 and over! Players use oversized wooden paddles and a whiffleball that moves and bounces slower than a tennis ball. The game is played on a badminton-sized court that is divided by a 34 inch high net making the game easier for athletes to cover the court. Paddles and balls are provided. Come and join this activity, which is fast paced, easy to learn, great exercise, and a lot of fun.

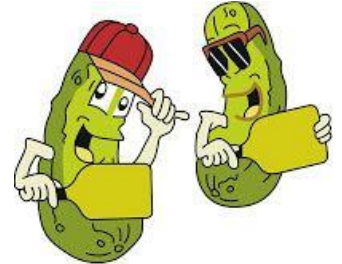
### **Dec 2 - Mar 16**

- ◆ Monday 6 - 8:30 PM (at the FMS Annex Gym)
- ◆ Friday 1:30 - 4 PM
- ◆ Saturday 6 - 8 PM



### **Mar 23 - May 22**

- ◆ Monday 6 - 8:30 PM
- ◆ Friday 1:30 - 4 PM
- ◆ Saturday 6 - 8 PM



---

## **OPEN GYM / Mar 23 - May 22 / Free / Carysbrook Gym**

Hours subject to change and closure. Call (434) 589-2016 or Check our Facebook page for current hours and closures. [www.Facebook.com/FluvannaParksandRecreation](http://www.Facebook.com/FluvannaParksandRecreation)

- ◆ Monday 6 - 8:30 PM Pickleball
- ◆ Tuesday 6 - 8:30 PM 17 Under Basketball
- ◆ Thursday 6 - 8:30 PM Adult Basketball
- ◆ Saturday 6 - 8:30 PM Adult Pickleball



# WHO'S GOT GAME?

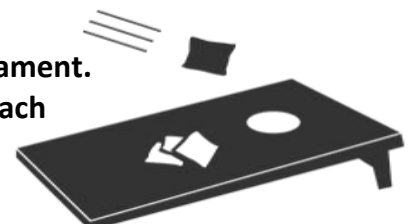
---

## **CORNHOLE / 18 and Older / Wednesday's March 25 - May 13 / 6:30 - 8:30 PM \$100 per TEAM / 20 TEAM MAX / Carysbrook Gym**

Cornhole or Corn Toss is similar to horseshoes except you use wooden boxes called cornhole platforms and corn bags instead of horseshoes and metal stakes. Contestants take turns pitching their corn bags at the cornhole platform until a contestant reaches the score of 21 points. A corn bag in the hole scores 3 points, while one on the platform scores 1 point.



**This is a six week league with a single elimination tournament. Teams can consist of 3 members but only two can play each game. If you start the game you must finish it with no mid-game substitutions.**



Contact Dylan Morris with questions at (434) 589- 2016 or [dmorris@fluvannacounty.org](mailto:dmorris@fluvannacounty.org)

# ATHLETICS AND FITNESS

## **AFTER SCHOOL KARATE / TAE KWON DO KARATE**

**Ages 5+ / Wednesdays, see dates and times below / \$55 / Carysbrook Gym**

Afterschool Tae Kwon Do Karate will begin on Wednesday, January 8. This martial arts is a branch of Grand Master Dong's whose headquarters is in Richmond. In this session, beginner students will learn the basics (stances, front snap kick, blocks, punches, and self-defense grabs). These classes help to improve self-confidence and self-discipline while learning how to protect and defend. Skills are taught and reinforced with fun learning skills (targets, stations, partners, and blocking games). Students are always learning while never getting bored! Colored belt students will continue to learn their requirements for their next ranking belt.

Taught by 6<sup>th</sup> Degree Master Bonnie Snoddy.

### **SESSION 1: Jan 8 - Feb 5. (Class on Monday, Jan 27)**

<b>BEGINNER NO BELTS</b> (ages 5 & up)	3:30 - 4:00 PM
<b>COLORED BELTS</b> (all colored belt ranks)	4:00 - 4:45 PM
<b>ADVANCED STUDENTS</b> ( Green Belts and Up)	4:00-5:30 PM

### **SESSION 2: Feb 12 - March 18**

<b>BEGINNER NO BELTS</b> (ages 5 & up)	3:30 - 4:00 PM
<b>COLORED BELTS</b> (all colored belt ranks)	4:00 - 4:45 PM
<b>ADVANCED STUDENTS</b> ( Green Belts and Up)	4:00-5:30 PM

### **SESSION 3: March 25 - May13 (No class April 8 & 15)**

<b>BEGINNER NO BELTS</b> (ages 5 & up)	3:30 - 4:00 PM
<b>COLORED BELTS</b> (all colored belt ranks)	4:00 - 4:45 PM
<b>ADVANCED STUDENTS</b> ( Green Belts and Up)	4:00-5:30 PM



Contact Dylan Morris with questions at (434) 589- 2016 or [dmorris@fluvannacounty.org](mailto:dmorris@fluvannacounty.org)

---

## **FAST / YEAR-ROUND SWIMMING / WWW.ISWIMFAST.ORG**

**Ages 4 -18 / All Skill Levels / Practice held at Fork Union Military Academy (FUMA)**

**Stroke & Turn / \$110 per month / Mon-Wed or Tue-Thur / 5:30-6:30 PM / 6:30-7:30 PM**

**Learn to Swim / \$85 per month / Mon-Wed or Tue-Thur / 5:40-6:30 PM / 6:40-7:30 PM**

**Our clinics/lessons run monthly, beginning in September.**

**For questions, please contact Dylan Morris at (434) 589-2016 or [dmorris@fluvannacounty.org](mailto:dmorris@fluvannacounty.org)**

**Register online at [www.iswimfast.org/swim-programs/summer-swim](http://www.iswimfast.org/swim-programs/summer-swim)**



**Fluvanna County Parks and Recreation**

*Presents the Annual*

# **Young Ladies Valentine's Ball**



**At the Fluvanna Middle School Gymnasium  
February 7 or February 8, from 6 - 9 PM**

**Ages 5 - 12 / \$20 per couple / \$5 for additional siblings**

**Registration ends on February 1... NO EXCEPTIONS!**

**Enjoy a special evening of dancing and refreshments.**

**Each young lady must be escorted to the dance by a special adult in her life.**

**Only one escort per couple please.**

*This event is being held on two nights.*

*You may register for one night only!*

*Each night is limited to 200 couples.*



**FLUVANNA  
PARKS & RECREATION**

For questions please contact Eric Armentrout at (434) 842 - 3150 or [earmentrout@fluvannacounty.org](mailto:earmentrout@fluvannacounty.org)

# ACTIVE OLDER ADULT CENTERS

## **Cunningham, VFW, 2977 West River Road, Scottsville, VA 24590**

<b>Mondays at Center:</b>	Jan. 6	Feb. 3	Mar. 2	Apr. 6	May. 4
<b>Monday Trip Days:</b>		Feb. 12	Mar. 16	Apr. 20	May. 18

---

## **Troy, Beaver Dam Baptist Church, 1794 Richmond Road, Troy, VA 22947**

<b>Tuesdays at Center:</b>	Jan. 7	Feb. 4	Mar. 3	Apr. 7	May. 5
<b>Tuesday Trip Days:</b>	Jan. 21	Feb. 12	Mar. 17	Apr. 21	May. 19

---

## **Fork Union, Community Center, 5725 James Madison Hwy, Fork Union, VA 23055**

<b>Wednesdays at Center:</b>	Jan. 8	Jan. 15	Jan. 29	Feb. 5	Feb. 19
	Feb. 26	Mar. 4	Mar. 9	Mar. 25	Apr. 1
	Apr. 15	Apr. 22	Apr. 29	May 13	May 27
<b>Wednesday Trip Days:</b>	Jan. 22	Feb. 12	Mar. 11	Apr. 8	May 20

---

## **Kents Store, ARC, 11 Kents Store Way, Kents Store, VA 23084**

<b>Thursdays at Center:</b>	Jan. 9	Feb. 6	Mar. 5	Apr. 2	May. 7
<b>Thursday Trip Days:</b>	Jan. 23	Feb. 12	Mar. 19	Apr. 16	May. 21

---

Fluvanna Community Senior Centers are provided to you by FCPR and the Seniors that attend each site. All in the county who are 55 and over are welcome to become members, by attending regularly. It is free to join, there are discounted costs for the trips, and it is "donation only" for the hot lunch JABA provides at each "at center" day. "At center" days are 10 AM-2 PM, and "trip days" are 9 AM-3 PM.

Join us for exercise, games, trips, crafts, speakers, and most importantly, be a part of providing a community center for where you live.

Those who feel they cannot come regularly, can be a speaker or a volunteer. Contact Faith, at 842-3150, if interested in helping in some way.

To get on an email list to receive weekly agendas and monthly calendars (your email address will not be shared), email [fstuart@fluvannacounty.org](mailto:fstuart@fluvannacounty.org)

Also, printed Monthly Calendars can be found at either Parks and Rec Office, and at the County Library. Centers and/or trips will be canceled if the schools are closed that day, due to inclement weather.

<https://www.facebook.com/FluvannaParksandRecreation>

For questions, please contact Faith Stuart at 842-3150 or [fstuart@fluvannacounty.org](mailto:fstuart@fluvannacounty.org)



# Fluvanna County Parks and Recreation

*Presents the Annual*

## **Sr. Valentine's Day Dance**

**Free to Fluvanna County Community Senior Centers  
and to the JABA Senior Community Senior Centers  
*Space is Limited! Must RSVP by January 31<sup>st</sup>!***



**February 12<sup>th</sup> 2020  
11AM - 1PM at the  
Carysbrook Gym  
8880 James Madison Highway  
Fork Union, VA 23055  
DJ - Dancin'  
and Lunch!**

**Contact Faith Stuart for  
questions and to RSVP  
(434) 842-3150  
fstuart@fluvannacounty.org**

**Attention Veterans and Dependents! Do you know your Veterans Benefits? We do!**

**Virginia Department of Veterans Services**

[www.dvs.virginia.gov](http://www.dvs.virginia.gov)

Need help? Visit us at the Fluvanna Community Center by appointment only.

5725 James Madison Highway

Pamela Zirkle & Jeannette Flint (434) 529 - 6431

By appointment, 1st Wednesdays of each month from 9 - 11:30 AM





# TEEN NIGHT

## at Bottomz Up

**\$25 / Ages 13 - 16 / Monday, April 6 / 7 PM - 10 PM**

***DJ & Karaoke!*** Price includes Soda, Fries and choice of a Burger, Chicken Sandwich or Philly Cheesesteak!

Limited to 80 teens, so pre-register online at <https://fluvanna.recdesk.com> or pay at the door.

**Must be signed in and out by an adult, no exceptions!**

For questions, please contact Eric Armentrout at (434) 842 - 3150 or [earmentrout@fluvannacounty.org](mailto:earmentrout@fluvannacounty.org)

# OUTDOOR ACTIVITIES

## **HORSEBACK RIDING CLASSES AT EQUUS SPRINGS FARM**

Hunt Seat and Western Lessons Available / Instructor: Heather Antonacci

### **INTRODUCTION TO HORSEBACK RIDING**

**Ages 5 - 95 / See Dates & Times Below / \$100 / Equus Springs Farm / 4 week class**

Little or no riding experience. Learn grooming, tacking, and riding. Weight limit 200 pounds. Other days/times available; just ask.

<b>Session 1:</b>	Wednesday	Jan 8 - Jan 29	4:30 - 5:30 PM
<b>Session 2:</b>	Saturday	Jan 25 - Feb 15	9:00 - 10:00 AM
<b>Session 3:</b>	Wednesday	Feb 19 - Mar 11	4:30 - 5:30 PM
<b>Session 4:</b>	Thursday	Mar 5 - Mar 26	6:00 - 7:00 PM
<b>Session 5:</b>	Saturday	Mar 28 - Apr 18	9:00 - 10:00 AM
<b>Session 6:</b>	Thursday	Apr 16 - May 7	4:30 - 5:30 PM
<b>Session 7:</b>	Saturday	Apr 18 - May 9	9:00 - 10:00 AM
<b>Session 8:</b>	Thursday	May 7 - May 28	6:00 - 7:00 PM

### **BEGINNER HORSEBACK RIDING**

**Ages 6+ / See Dates & Times Below / \$100 / Equus Springs Farm / 4 week class**

Beginners with experience who are able to trot independently and control speed and direction of horse. Weight limit 200 pounds. Other days/times available; just ask.

<b>Session 1:</b>	Saturday	Jan 11 - Feb 1	9:00 - 10:00 AM
<b>Session 2:</b>	Wednesday	Feb 12 - Mar 4	4:30 - 5:30 PM
<b>Session 3:</b>	Thursday	Mar 5 - Mar 26	4:30 - 5:30 PM
<b>Session 4:</b>	Saturday	Mar 14 - Apr 4	9:00 - 10:00 AM
<b>Session 5:</b>	Thursday	Apr 16 - May 7	6:00 - 7:00 PM

### **INTERMEDIATE HORSEBACK RIDING**

**Ages 8+ / See Dates & Times Below / \$100 / Equus Springs Farm / 4 week class**

For those with lots of experience; must be able to canter and jump 18" or lope patterns safely in a group.

<b>Session 1:</b>	Friday	Jan 31 - Feb 21	4:30 - 5:30 PM
<b>Session 2:</b>	Saturday	Feb 29 - Mar 21	9:00 - 10:00 AM
<b>Session 3:</b>	Friday	Apr 3 - Apr 24	4:30 - 5:30 PM

For questions, please contact Eric Armentrout at (434) 842 - 3150 or [earmentrout@fluvannacounty.org](mailto:earmentrout@fluvannacounty.org)

Register online at <https://fluvanna.recdesk.com>



# OUTDOOR ACTIVITIES

## INTRO to KAYAKING

**Ages 18+ / 9 AM - 12 PM / \$25 / Saturday, May 16**

**Meets at the Palmyra VDGIF Boat Launch on Route 53 (Thomas Jefferson Parkway)**

Learn the basics of kayaking and safety afloat as you paddle down the Rivanna River from Crofton to Palmyra. Kayak, paddle and lifejacket (PFD) provided.

**Must register in advance. Class size limited to 8 participants.**

**For questions, please contact Eric Armentrout at (434) 842 - 3150 or earmentrout@fluvannacounty.org**

---

## RIVANNA RIVER HISTORY FLOAT

**Ages 18+ / Session 1 - Sunday, May 3 / Session 2 - Sunday, June 7 / 9 AM - 4 PM / \$20**

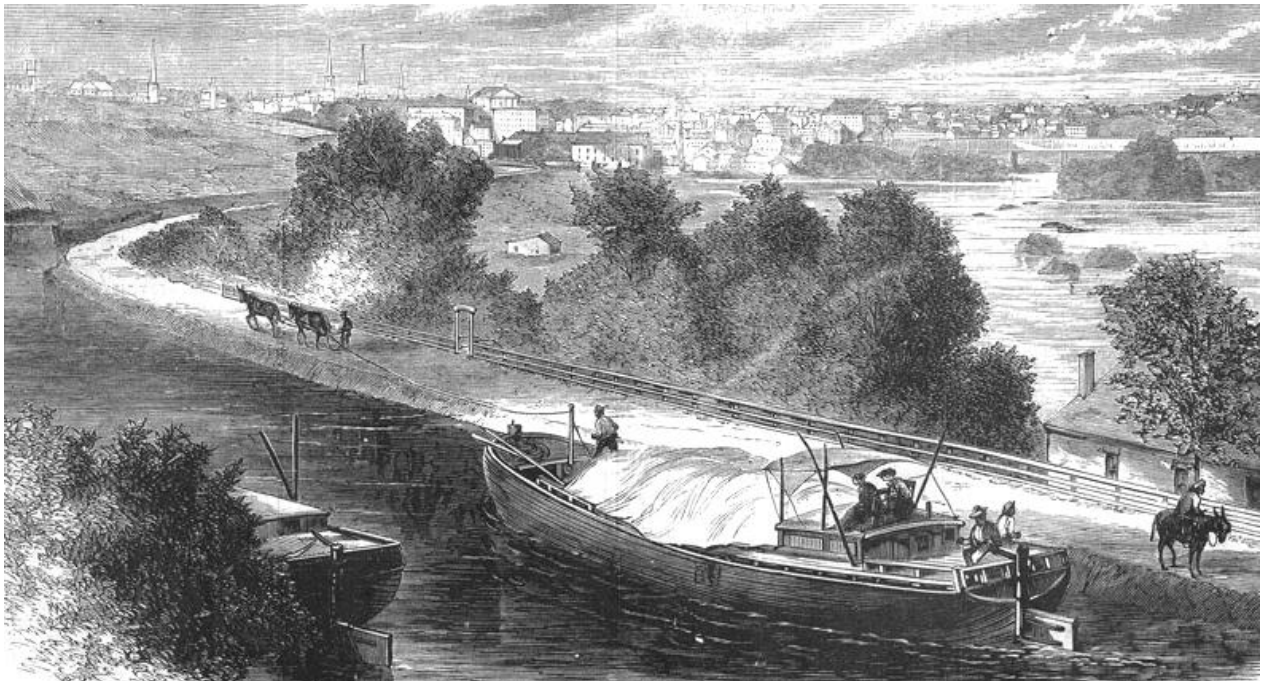
**Meets at the Palmyra VDGIF Boat Launch on Route 53 (Thomas Jefferson Parkway)**

Take a leisurely and educational float down the Rivanna River from Crofton to Palmyra. Guided by local historian and boatman Brian Coffield. You will stop and visit historic sites and structures that were an integral part of commercial navigation on the Rivanna in the 18<sup>th</sup> and 19<sup>th</sup> centuries.

**Participants responsible for boat/paddle/life jacket, etc. (rentals available for \$10).**

Meets at the *Palmyra VDGIF Boat Launch* – shuttle is provided. *Paddling experience required*. You must be able to carry one end of a boat and assist in lifting it onto a trailer. Participants may bring their own boat, paddle and PFD, or arrange for a rental boat. All participants should bring their own snacks, lunch, water, insect repellent, sunscreen, hat and river shoes. **Must register in advance.**

**For questions, please contact Eric Armentrout at (434) 842 - 3150 or earmentrout@fluvannacounty.org**



**Learn about Fluvanna's vibrant past, and the life of canallers, as you paddle down the Rivanna River.**

In the event of inclement weather, water activities sponsored by FCPR will be postponed or canceled .

Visit our Facebook page @ [www.facebook.com/FluvannaParksandRecreation](https://www.facebook.com/FluvannaParksandRecreation) for current announcements or call (434) 589-2016 or (434) 842-3150, Monday - Friday 8 AM - 5 PM.

# OUTDOOR ACTIVITIES

## LLAMA TREKS AT PLEASANT GROVE PARK

**Ages 10+ or with accompanying adult / Limit 6 participants per trek / \$50 / Pleasant Grove Park**

**SESSION 1: Sunday, Apr 5, 2 PM**

**SESSION 2: SUNDAY, May 3, 2 PM**

Enjoy a leisurely walk in the woods with a llama as your companion. Guided along roughly 3 miles of trails at Pleasant Grove, learn about llamas and the local flora and fauna along the way. Each person, gets to walk their own llama. Younger children may accompany an adult. Each walk has room for up to 6 people. Bottled water provided. Please wear appropriate shoes for a hike in the woods as we will be crossing creeks. No flip flops, clogs or open-tied shoes. Space limited, must register in advance. We will meet in the equine parking area of Pleasant Grove Park. **Trek Leaders:** Heather Antonacci and Paige McGrath - Lower Sherwood Llamas.

**For questions, please contact Eric Armentrout at (434) 842 - 3150 or [earmentrout@fluvannacounty.org](mailto:earmentrout@fluvannacounty.org)**

Register online at <https://fluvanna.recdesk.com>



*Spend an afternoon hiking one of the many trails at Pleasant Grove Park with Llamas.*

**Fluvanna County Parks and Recreation**



*Presents Our Annual Pleasant Grove Park*

**FLUVANNA**  
PARKS & RECREATION

# **EASTER EGG HUNT**

**Free for Ages Infant to 12 Years Old**

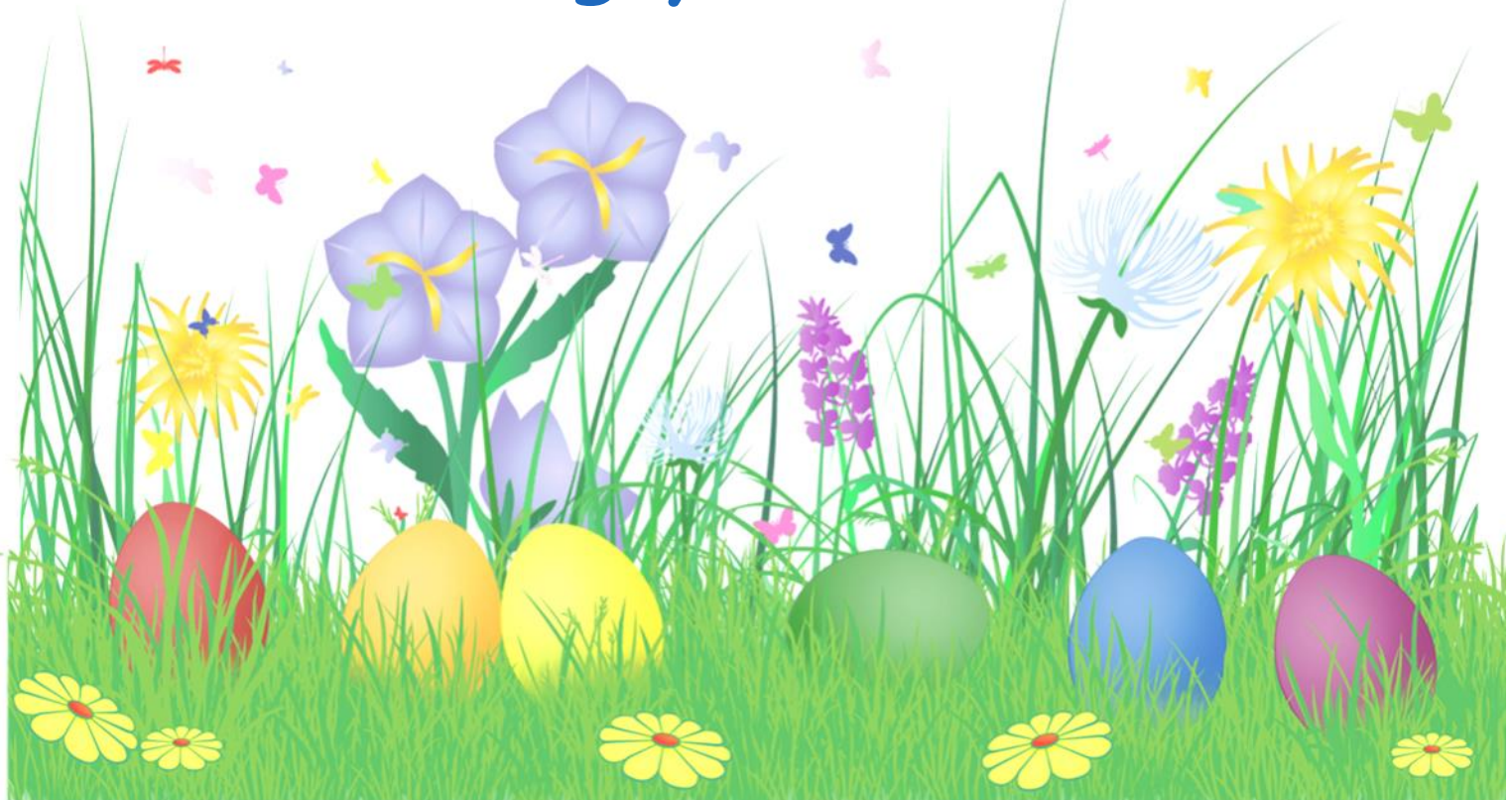
**Saturday April 11 from 9AM until 11AM**

**At the Pleasant Grove House Museum Lawn**

**Face Painting and Crafts**

***Hunt Promptly Begins at 10AM!***

***Please bring your own basket.***



For questions please contact Eric Armentrout at (434) 842 - 3150 or [earmentrout@fluvannacounty.org](mailto:earmentrout@fluvannacounty.org)

# FLUVANNA COUNTY TIRE DROP OFF and HAZARDOUS WASTE COLLECTION

Saturday, April 25 / 9 AM - 2 PM / Pleasant Grove Park  
*Proof of Fluvanna County Residency Required. Must Present Valid ID.*

**Tire Drop-off 9 AM-10 AM**

**Hazardous Waste Drop-off 10 AM-2 PM**



**NO COMMERCIAL VEHICLES**

**NO MOVING TRUCKS**

**NO TRAILERS!**



- **ALL TIRES MUST BE OFF RIMS!**
- **LIMIT 12 TIRES PER RESIDENT!**
- **NO BUSINESS DISPOSALS!**
- **NO TRACTOR TIRES!**
- **NO BIG RIG TIRES!**
- **NO ELECTRONICS!**
- **NO ASBESTOS!**



Safe Disposal of Tires, Gasoline, Paints,  
Thinners, Solvents and Light Bulbs.

***\*When the trucks are full, we will close!\****

For questions please contact Dylan Morris at (434) 589-2016 or [dmorris@fluvannacounty.org](mailto:dmorris@fluvannacounty.org)

# DOG OBEDIENCE TRAINING



## **CANINE GOOD CITIZEN**

This class is designed to teach you how to teach your dog to be a good citizen in the community. Ashleigh will spend each class teaching and perfecting the 10 skills needed to pass the AKC Canine Good Citizen test. She is an approved AKC Canine Good Citizen Test evaluator. The official AKC CGC Test is offered for an additional fee at graduation. This is a 5-week class.

## **CONFIDENCE BUILDING**

Help your dog gain confidence while you have fun teaching your dog to conquer a variety of obstacles. The more dogs learn and try new things, the more confidence they obtain. Continuing to work together helps them place more trust in their human and strengthen your bond. This is a 4-week class.

## **INTERMEDIATE OBEDIENCE**

Take your dog's training to the next level. In Intermediate Obedience, learn to get your dog to focus on you and respond to you with lots of distractions. You and your dog will build on the skills learned in Beginning Obedience. There is a focus on hand signals and making the basic commands more challenging. This is a 4-week class.

**\*Graduates of Beginning may enter these classes. If you have a question about your dog's obedience level or want info about private sessions please contact Ashleigh at (434) 589 -7209 or aymorris@hotmail.com**

---

## **DOG TRAINING ONE-DAY CLINICS**

### **Dates and Times Below / \$30 per Clinic / Dog Spot @ Fluvanna Community Center**

A dog-training session without your dog? It's a great way to get started, or to refresh what you've already learned. Clinic I is the prerequisite for moving forward in a series to school a canine companion you'll be proud of (unless you have done training with Ashleigh). Once you've grasped the basics, you can sign up for the second, third and fourth installments to build a vocabulary of commands. (Your 4 legged friend gets to attend the other Clinics with you).

**Clinic I:            Monday, Jan. 13            6:00 - 7:00 PM**

***WITHOUT DOGS!*** No, you didn't read that wrong! This Clinic is designed so that the 2-legged students can learn how to use positive reinforcement to achieve training goals. Since you are your dog's primary trainer, it is a must for you to understand how to communicate with them to help them grow into the canine companion that you would like for them to become.

**Clinic II:            Monday, Feb. 10            6:00 - 7:00 PM**

Look, sit, come, stay & wait (perfect for teaching the dogs not to dash out the door).

**Clinic III:            Monday, Mar. 9            6:00 - 7:00 PM**

Look, sit, come, down & settle (ideal for having the dogs chill while company is over).

**Clinic IV:            Monday, Apr. 20            6:00 - 7:00 PM**

Look, sit, come, leave it & drop it (a must if the dog snags an item they shouldn't have).

**Contact Ashleigh Morris at (434) 589 -7209 or aymorris@hotmail.com with any questions.**

Ashleigh Y. Morris, President of No Place Like Home Pet Services & Instructor at the Fluvanna Dog Spot.

**Office Hours:** M-F 9am-6pm \*due to the nature of the business I am frequently out and about during office hours-I will do my best to get back to you as quickly as possible. E-mails and messages are not checked on weekends.

Register online at <https://fluvanna.recdesk.com>





# DOG OBEDIENCE TRAINING



**About the Instructor:** Upon graduating from UVA, Ashleigh Morris looked to the dog world for a career path. Her natural ability with dogs led her to pursue a career in dog training. Studying under an Animal Behavior Consultant, Ashleigh learned a variety of skills to help people solve their dog's behavior problems. She also learned to train dogs and humans in the basic skills needed to enhance the human - animal bond. Ashleigh has been training on her own since 2005 and continues to expand her knowledge and education in order to help people mold their dogs into the perfect companion. She uses positive reinforcement methods.

**Contact Ashleigh Morris at (434) 589 -7209 or [aymorris@hotmail.com](mailto:aymorris@hotmail.com) with any questions.** Register online at <https://fluvanna.recdesk.com>

## **BEGINNING OBEDIENCE**

**All Ages / See Dates & Times Below / \$85 per Session / Dog Spot @ Fluvanna Community Center**

Dogs will be dogs until humans teach them proper manners. Learn how to positively motivate your dog to learn how to live in the human world. This class teaches sit, look, down, stay, come, leave it, and loose leash walking — all building blocks to a well-mannered dog. Typical behavior problems and solutions for biting, barking, and many other issues will be discussed. Dogs of all ages with up-to-date shots are welcome. Families are encouraged to attend together.

<b>Session 1:</b>	Tuesdays	January 7 - February 4	6:30 -7:30 PM
<b>Session 2:</b>	Wednesdays	January 8 - February 5	3:00 - 4:00 PM
<b>Session 3:</b>	Wednesdays	February 12 - March 11	6:30 - 7:30 PM
<b>Session 4:</b>	Thursdays	February 13 - March 12	10:00 - 11:00 AM
<b>Session 5:</b>	Tuesdays	March 24 - April 21	6:30 - 7:30 PM
<b>Session 6:</b>	Wednesdays	March 25 - April 22	3:00 - 4:00 PM



## **CANINE GOOD CITIZEN OR INTERMEDIATE OBEDIENCE OR CONFIDENCE CLASS\***

**Dates and Times Below / \$85 / Dog Spot @ Fluvanna Community Center**

<b>Session 1:</b>	Tuesdays	January 7 - February 4	7:30 - 8:30 PM (Intermediate will end January 28)
<b>Session 2:</b>	Wednesdays	January 8 - February 5	4:00 - 5:00 PM (Intermediate will end January 29)
<b>Session 3:</b>	Wednesdays	February 12 - March 11	7:30 - 8:30 PM (Intermediate will end March 4)
<b>Session 4:</b>	Thursdays	February 13 - March 12	9:00 - 10:00 AM (Intermediate will end March 5)
<b>*First offering of the Confidence Class for the season.</b>			
<b>Session 5:</b>	Tuesdays	March 24 - April 14	7:30 - 8:30 PM (CGC will end April 21)
<b>Session 6:</b>	Wednesdays	March 25- April 15	4:00 - 5:00 PM (CGC will end April 22)

**\*Depending on demand, one of these classes will run during the designated dates and times. Please let Ashleigh know as soon as possible which class you are interested in. You will be contacted closer to the class date as to which class will be held. Since the Confidence Class is held outdoors, the dates/times it is offered is seasonal**

**FCPR INCLEMENT WEATHER POLICY:** In the event of inclement weather, the Fluvanna County Parks and Recreation Department's sponsored activities will be cancelled when Fluvanna County Public Schools are on a delay or closed due to inclement weather. Visit our Facebook page @ [www.Facebook.com/FluvannaParksandRecreation](https://www.Facebook.com/FluvannaParksandRecreation) for current announcements or call (434) 589-2016 or (434) 842-3150, Monday - Friday 8 AM - 5 PM.

# VALLEY AMUSEMENTS



## PLEASANT GROVE PARK

**May 6, May 7, May 8 & May 9**

**FREE ENTRY - FREE PARKING**

**RIDES: \$15 Armbands or \$1 per Ticket**

Wednesday, May 6

6 PM to 10 PM

Thursday, May 7

6 PM to 10 PM

Friday, May 8

4 PM to 10 PM

Saturday, May 9

10 AM to 3 PM & 5 PM to 10 PM



For questions please contact Dylan Morris at (434) 589-2016 or [dmorris@fluvannacounty.org](mailto:dmorris@fluvannacounty.org)

# Kings Dominion Discount Tickets

We will have Kings Dominion Discount Tickets for sale at the Pleasant Grove House Museum this spring.

Dates and Prices to be determined.

**PLEASANT GROVE HOUSE MUSEUM**  
271 Pleasant Grove Drive, Palmyra, Virginia  
(434) 589-2016



Call (434) 589-2016 for information

# FLUVANNA COUNTY LIBRARY PROGRAMS

## Spring 2020 Library Events

**Winter Reading Program @ the Library**  
Monday, December 9 - Saturday, March 14  
Calling all kid, teen, and adult readers!  
Cool prizes for all ages!

**Preschool Story Times**  
**Tuesday Mornings at 10AM**  
January 21 - May 14  
Join us for some fun stories, songs, and movement with Mother Goose on the Loose.  
Infants to Preschool.

**Friday Mornings at 10AM**  
January 24 - May 8  
Join us for some fun stories and a craft.  
Preschool

**Saturday Mornings at 10:30AM**  
2<sup>nd</sup> Saturdays - January - May  
Join us for some fun stories, songs, and rhymes. Preschool.



**Friday Movies @ the Library**  
1<sup>st</sup> & 3<sup>rd</sup> Fridays at 2 & 7 PM



**AARP Tax Help**  
February 1 - April 15  
More information available at the Library.

**Afternoon Fun @ the Library**  
Wednesday, January 29 - 2:30-4PM  
**STEAM Lab**  
science • technology • engineering art • math

**"No School Today" @ the Library**  
**Friday, February 14**  
**Valentine's Day Party**  
10AM - Friday Morning Storytime  
10-2PM - Crafts & Activities  
2PM - Movie: TBD - FREE Popcorn!

**"No School Today" @ the Library**  
**Friday, March 13**  
**Frozen Party**  
10AM - Friday Morning Storytime  
10AM - 2PM - Crafts & Activities  
2PM - Movie: TBD - FREE Popcorn!

**Spring Break @ the Library**  
Monday, April 6 - Friday, April 10  
Watch for fun activities, movies and more!

*Special programs, tours and workshops are available for groups and can be scheduled upon request. Please contact the Library for more information or with any questions at: Fluvanna County Public Library, 214 Commons Blvd., Palmyra, VA 22963 - (434) 589-1400 or via email at fluvannalibrary@gmail.com*



# Pleasant Grove Park: A Natural Experience

## Virginia Master Naturalist-led Monthly Hikes on the Second Saturday of each month at 10 AM:

- ◆ **January 11** – Meet at the Nature Room at the Pleasant Grove House Summer Kitchen at 10 AM to see our collection of nature artifacts including bird nests and eggs, animal skulls and bones, mounted birds, etc. Then join us as we visit the Butterfly Garden to observe how the habitat appears in Winter.
- ◆ **February 8** – Meet at the Pleasant Grove Museum House Nature Room at 10 AM to hike the Self Guided Nature Trail. You'll learn about the many ways nature is alive at the Park and gain an appreciation of the various Park wildlife habitats, native plants and animals.
- ◆ **March 14** – Meet at the Rail Trail Trailhead (County Courthouse parking lot) at 10 AM to hike the Rail Trail to view the beginning of Spring seasonal changes in the woods and how these changes affect our wildlife habitats.
- ◆ **April 11** – Meet at the kiosk behind the Library at 10 AM as we join the Charlottesville Area Tree Stewards for a tree walk on the tree arboretum trail to learn how to identify trees in the Spring and hear interesting facts about trees in general. The hike will include a children's scavenger hunt.
- ◆ **May 9** - Meet at the Equestrian Parking (to the left of the entrance at the fork) at 10 AM to hike the Birding Trail through the wildlife meadows. You will experience the variety of birds, plants and animals that inhabit these grasslands, long prized by Native Americans.

### The following nature experience opportunities are available whenever you visit Pleasant Grove:

- ⇒ Visit the Nature Room at the Pleasant Grove House Summer Kitchen to see the interpretive exhibits, animal artifacts and mounted birds.
- ⇒ Take the self-guided nature hike starting at the kiosk behind the caretaker's house (brochure available).
- ⇒ Visit the native plant Butterfly Garden (brochure available).
- ⇒ Take a hike on one of the 23 trails covering over 20 miles (Trail Map with habitat descriptions available).
- ⇒ Hike through one of the 4 Wildlife Meadows and observe the wildflowers, native grasses and animal wildlife (see Trail Map).
- ⇒ Go birding - Pickup a birding checklist and go walking in the Park (bird ID field guides available).
- ⇒ Hike the arboretum Tree ID Trail behind the Library to observe 23 native tree species identified by interpretive plaques (children scavenger hunt brochures available, with prizes for completion, at the Library).
- ⇒ Observe one of the Bluebird, American Kestrel, Bat or Eastern Screech Owl Nesting Boxes in the Park.



**Brochures, guides and maps are available at the Farm House, the Nature Room (in the Summer Kitchen), the Library, and many kiosks in the Park.**

Also visit [www.rivannariver.org](http://www.rivannariver.org) to find out about other nature opportunities in Fluvanna County including nature hikes at Scheier Natural Area, with 100 acres, 8 ponds and 3 miles of hiking trails.

**Check trail conditions the day of the hike at [www.Facebook.com/FluvannaParksandRecreation](https://www.facebook.com/FluvannaParksandRecreation)  
or call the Pleasant Grove House Museum at (434) 589-2016**

# 2020

# FLUVANNA MASTER GARDENER TRAINING

***Serve your community and meet the challenges of gardening in Central Virginia***

The 2020 Master Gardener Training Class will be held January 21st through mid-April at the Palmyra Fire House (Rt 15) on Tuesdays from 9 a.m to 12 p.m.



***To receive additional information on the 2020 Training Program:***

- Visit [fluvannamg.org](http://fluvannamg.org) and click on "Contact"
- Call the Virginia Cooperative Extension Office on 434-591-1950

and much more...

If you are a person with a disability and desire any assistive devices, services or other accommodations to participate in this activity , please contact VCE Fluvanna at (434) 591-1950/TDD\* during business hours of 8:00 AM and 4:30 PM to discuss accommodations seven days prior to the event. \*TDD is (800) 828-1120.

## Virginia Cooperative Extension

Virginia Tech • Virginia State University

[www.ext.vt.edu](http://www.ext.vt.edu)

Virginia Cooperative Extension programs and employment are open to all, regardless of age, color, disability, gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, veteran status, or any other basis protected by law. An equal opportunity/affirmative action employer. Issued in furtherance of Cooperative Extension work, Virginia Polytechnic Institute and State University, Virginia State University, and the U.S. Department of Agriculture cooperating. Edwin J. Jones, Director, Virginia Cooperative Extension, Virginia Tech, Blacksburg; M. Ray McKinnie, Administrator, 1890 Extension Program, Virginia State University, Petersburg.



# FLUVANNA COUNTY COMMUNITY GARDEN

*Pleasant Grove Park*



**PLOTS AVAILABLE NOW !!**



Pleasant Grove Park  
271 Pleasant Grove Drive  
Palmyra, VA 22963  
(434) 589-2016

**Early Bird Rate  
By Feb. 15<sup>th</sup>**

Download Application at:  
[fluvannacounty.org/parksrec/page/community-garden](http://fluvannacounty.org/parksrec/page/community-garden)

**Where can you garden with full sun, deer and critter fencing, and water?**

Get your 10' x 15' plot(s) at the Fluvanna County Community Garden located in Pleasant Grove Park, Palmyra, Virginia.

**Reserve by February 15, 2020 to get the Early Bird rate of \$45.00.**

**Rate then goes up to \$50.00. Plots are 10' x 15'**

Plots will be assigned to new gardeners in February and March. Garden plots are assigned on a first come, first served basis. If no plots are available in the garden, you will be put on a wait-list and notified when one becomes available.



## Virginia Cooperative Extension

Virginia Tech • Virginia State University

[www.ext.vt.edu](http://www.ext.vt.edu)

Virginia Cooperative Extension programs and employment are open to all, regardless of age, color, disability, gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, veteran status, or any other basis protected by law. An equal opportunity/affirmative action employer. Issued in furtherance of Cooperative Extension work, Virginia Polytechnic Institute and State University, Virginia State University, and the U.S. Department of Agriculture cooperating. Edwin J. Jones, Director, Virginia Cooperative Extension, Virginia Tech, Blacksburg; M. Ray McKinnie, Administrator, 1890 Extension Program, Virginia State University, Petersburg.

If you are a person with a disability and desire any assistive devices, services or other accommodations to participate in this activity, please contact VCE Fluvanna at (434) 591-1950/TDD\* during business hours of 8:00 AM and 4:30 PM to discuss accommodations seven days prior to the event. \*TDD is (800) 828-1120.

# Share the Trail

## Pleasant Grove Park has multi-use trails.

***Please be considerate of other visitors.***



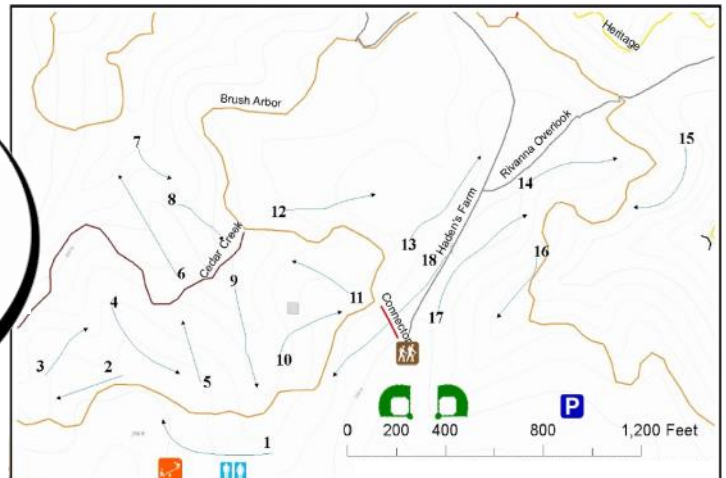
The yield triangle is an effective technique to share the trails. The first rule is all horse users have the right of way at all times. All trail users should engage in communication with stock and horse users to allow them to pass in the safest way possible. Yield to horse users by stepping to the downhill side of the trail.

The second rule is that bikers yield to all other trail users on a multi-use trail. Bikers hold a mechanical advantage, and should be in control of their speed at all times on a multi-use trail.

The third rule is that hikers must be aware of their surroundings and yield to horse users and have the right of way when seeing a biker.

When downhill and uphill trail users meet it is common practice for uphill hikers to have the right of way. This is because starting and stopping when traveling uphill is considered much more difficult than traveling downhill. Therefore when downhill trail users see uphill trail users coming these users should locate a safe and durable spot to step aside.

Thank you for being safe and sharing the trails at Pleasant Grove Park.



***We have opened all 18 holes of our disc golf course!***

***Access the disc golf course between the soccer and baseball fields.***

***Don't have a disc? We rent Disc Golf Sets!***

**Rentals:** Disc golf sets are for rent from the Pleasant Grove House Museum for \$5 per Set, including disc carrying bag.

***\$50 security deposit for each disc golf set rented.***

***Call the Pleasant Grove House at (434) 589-2016 for info about the Disc Golf course.***



# RENTALS & RATES

Fluvanna County Parks and Recreation rents facilities for weddings, receptions, meetings, conferences, lectures, dances, luncheons, parties and family reunions. Facilities and equipment are listed below. Refunds may be given when requested ONE WEEK PRIOR TO THE START OF THE RENTAL. A \$10 service charge will be deducted from the refund unless the cause is due to a change in the class schedule.

## Pleasant Grove Park

**Athletic Fields:** \$10/hour

Baseball, Softball, Soccer

**Tournaments:** \$75/day

**Pole Barn:** \$75/day - \$100 Deposit

**Utilities:** \$25/day

**Horseback Trails:** \$8/ Daily

**Outdoor Stage:** \$100/day - \$100 Deposit

**Meeting Room:** \$10/hour - \$100 Deposit

## Eastern Trailhead Pavilions (Dog Park)

**Large Pavilion:** (40 people):

\$50/day - \$100 Deposit

**Small Pavilion:** (25 people):

\$25/day - \$100 Deposit

## Fluvanna Community Center

**Meeting Room:** \$20/hour - \$100 Deposit

**Auditorium:** \$75/hour - \$100 Deposit

**Staffing Fee (after hours):** \$15 hour

## Carysbrook Sports Complex

**Athletic Fields:** \$10/hour- \$100 Deposit

\*with lights \$20/hour

**Tournaments:** \$75/day - \$100 Deposit

**Gymnasium:** \$50/hour- \$100 Deposit

\*with tarp \$75/hour

**Staffing Fee (after hours):** \$15 hour

## Carysbrook Performing Arts Center

**Auditorium:** \$75/hour - \$100 Deposit

**Staffing Fee (after hours):** \$15 hour

## Civil War Park

Downtown Palmyra, VA

1/2 acre with picnic tables, near the Old Stone Jail Museum

## Tables

**Rectangular:** \$3 each per day - \$50 Deposit

**Round:** \$5 each per day - \$50 Deposit

## Chairs

\$1 each per day - \$50 Deposit

## Big Tent

**18' x 30' Tent Canopy**

\$100/day - \$100 Deposit

## Small Tent

**14' x 20' Tent Canopy**

\$75/day - \$100 Deposit



## CANOE LIVERY at PLEASANT GROVE

**RENT CANOES and KAYAKS / \$25 per day, \$45 per weekend /\$100 security deposit per boat. Call (434) 589-2016 to arrange rental. Includes paddles and Personal Floatation Device (Lifejacket).**



**FLUVANNA**  
**PARKS & RECREATION**

**Fluvanna County Parks and Recreation (434) 589-2016 or (434) 842-3150**

**[www.fluvannacounty.org/parksrec](http://www.fluvannacounty.org/parksrec)**

# Registration Form



PAYMENT MUST ACCOMPANY THIS FORM  
MAKE CHECKS PAYABLE TO "FCPR"  
P.O. Box 70, PALMYRA, VA 22963 (434) 589-2016

First Name \_\_\_\_\_ Middle Initial \_\_\_\_\_  
Last Name \_\_\_\_\_ Birth Date \_\_\_/\_\_\_/\_\_\_ Gender M / F

Mailing Address \_\_\_\_\_

Email Address \_\_\_\_\_

Home Phone \_\_\_\_\_ Mobile Phone \_\_\_\_\_

Emergency Contact: Name \_\_\_\_\_ Phone \_\_\_\_\_

Shirt Size:      Youth Adult Small Medium Large X-Large

Special Needs/Disabilities \_\_\_\_\_ Allergies \_\_\_\_\_

Household Members:

Name: \_\_\_\_\_ Birth Date: \_\_\_/\_\_\_/\_\_\_

Name: \_\_\_\_\_ Birth Date: \_\_\_/\_\_\_/\_\_\_

Name: \_\_\_\_\_ Birth Date: \_\_\_/\_\_\_/\_\_\_

Name: \_\_\_\_\_ Birth Date: \_\_\_/\_\_\_/\_\_\_

Activity Title	Date(s)	Time(s)	Fee (non-resident add 15%)

**Assumption Of Risk**

I understand the nature of the activity in which I am (my child is) being enrolled. I understand that there are certain risks inherent with participating in recreational activity and that it is the duty of each participant to exercise reasonable care for their own safety and that of other participants. If this consent is given for my child, I also understand that, while participating in the activity, my child will be expected to behave in a reasonable and responsible manner and that the activity's supervisory staff has the authority to discipline my child in a manner similar to that imposed in Fluvanna County's public schools. I understand that under Virginia law, both Fluvanna County and its employees are immune from liability for negligence should I (my child) suffer any injury while participating in the activity and that I may consider procuring insurance to protect myself (my child) from such occurrences. With all this in mind, I hereby give my consent to enroll myself (my child) in the activity indicated. I also agree for my child to be transported by Parks and Recreation to the appropriate facility for my child to participate in such class if needed.

Signature of Participant or Legal Guardian if under 18 years of age \_\_\_\_\_ Date: \_\_\_\_\_

Print Legal Guardian's name for participants under 18 years of age: \_\_\_\_\_

**Refund Policy:** Refunds may be given when requested provided the request is made prior to the start of the activity. A \$10 service charge will be deducted from the refund unless the cause is due to a change in the class schedule. If supplies were purchased on your behalf, that amount may also be deducted from your refund. Allow up to 30 days for your refund to be returned. A \$20 service charge will be assessed for any returned checks.

<b>Office Use Only:</b> Rec'd Date _____ By _____ Check # _____ Cash _____ CC _____
-------------------------------------------------------------------------------------

# FLUVANNA COUNTY PARKS AND RECREATION FACILITIES

## **Pleasant Grove House Museum & Welcome Center**

271 Pleasant Grove Drive  
Palmyra, VA 22963  
(434) 589-2016

- Parks and Rec Office
- County Welcome Center
- Transportation Museum
- Historic Summer Kitchen
- Nature Room

[www.fluvannacounty.org/parksrec](http://www.fluvannacounty.org/parksrec)

## **Fluvanna Community Center**

5725 James Madison Highway  
Fork Union, VA 23055  
(434) 842-3150

- Parks and Rec Office
- Fork Union Active Older Adults Center
- Playground
- Classrooms
- Rentals All Year Long

## **Pleasant Grove Park and Western Trailhead**

271 Pleasant Grove Drive  
Palmyra, VA 22963

- Hiking, Biking and Equestrian Trails
- Pole Barn
- Playground
- Athletic Fields, including Disc Golf
- Butterfly Garden
- Outdoor Stage

## **Carysbrook Sport Complex**

8788 James Madison Highway  
Fork Union, VA 23055

- Athletic Fields
- Gymnasium
- Playground
- Picnic Shelter

**Event Updates, Photos and Trail Info...**

[www.Facebook.com/  
FluvannaParksandRecreation](http://www.Facebook.com/FluvannaParksandRecreation)

## **Pleasant Grove Dog Park and Eastern Trailhead**

110 Thomas Jefferson Parkway  
Palmyra, VA 22963

- Dog Park with 3 fenced areas for large and small dogs
- ADA Trailhead
- Picnic Shelters
- Fitness Trail
- Hiking Trails

## **Carysbrook Performing Arts Center**

8880 James Madison Highway  
Palmyra, VA 23055

- Various Performances
- Rental Options

## **Civil War Park**

Palmyra, VA 22963

1/2-acre with picnic tables, next to the Old Stone Jail Museum

## FLUVANNA COUNTY COMMUNITY PARTNERS

### **Fluvanna County Extension Office**

5725 James Madison Highway  
Fork Union, VA 23055  
(434) 591 - 1950

### **Fluvanna County Library**

214 Commons Boulevard  
Palmyra, VA 22963  
(434) 589 - 1400

### **School Board Office**

14455 James Madison Highway  
Palmyra, VA 22963  
(434) 589 - 8208

### **Sheriff's Office**

160 Commons Boulevard  
Palmyra, VA 22963  
(434) 589 - 8211

### **Fluvanna County Historical Society**

14 Stone Jail Street or PO Box 8  
Palmyra, VA 22963  
(434) 589 - 7910  
[fluvannahistory@gmail.com](mailto:fluvannahistory@gmail.com)

### **Jefferson Area Board for Aging**

674 Hillsdale Dr. Ste. 9  
Charlottesville, VA 22901  
(434) 817 - 5222  
[jabacares@gmail.com](mailto:jabacares@gmail.com)

### **Fluvanna Heritage Trail Foundation**

PO Box 501  
Palmyra, VA 22963  
(434) 589 - 4839

### **Fluvanna Master Gardeners**

(434) 591 - 1950  
[www.fluvannamg.org](http://www.fluvannamg.org)

### **Fluvanna Arts Council**

Box 210  
Palmyra, VA 22963  
(434) 842 - 1333  
[Info@Carysbrook.org](mailto:Info@Carysbrook.org)

### **Social Services**

8880 James Madison Highway  
Fork Union, VA 23055  
(434) 842 - 8221

### **Fork Union Military Academy**

4744 James Madison Highway  
Fork Union VA 23055  
(434) 842 - 3212

### **Boy Scouts of America**

[www.bsa-sjac.org/districts/monticello](http://www.bsa-sjac.org/districts/monticello)

### **Fluvanna Farm Bureau**

15905 W. River Road  
Fork Union, VA 23055  
(434) 842 - 3411

### **Virginia Department of Game and Inland Fisheries**

(540) 899 - 4169  
[www.dgif.virginia.gov](http://www.dgif.virginia.gov)

### **Child Services Act**

132 Main Street  
Palmyra, VA 22963  
(434) 591 - 1933

### **Chamber of Commerce**

177 Main Street  
Palmyra, VA 22963  
(434) 489 - 3262

### **Youth Advisory Committee**

[www.fluvannayac.org](http://www.fluvannayac.org)

### **Partnership for Aging**

Curtis Putnam  
(434) 906-8400

### **Fluvanna Art Association**

[www.fluvannaartassociation.com](http://www.fluvannaartassociation.com)

### **Department of Social Services**

8880 James Madison Highway  
Fork Union, VA 23055  
(434) 842 - 8221

### **Girl Scouts of Virginia Skyline**

[www.gsvsc.org](http://www.gsvsc.org)



Like us on  
**Facebook**

**Event Updates, Photos and Current Trail Info...**  
[www.Facebook.com/FluvannaParksandRecreation](http://www.Facebook.com/FluvannaParksandRecreation)

# FLUVANNA SPORT ORGANIZATIONS

## BASKETBALL

**Fluvanna County Parks & Recreation**  
(Fall & Winter) Ages 3 - 17  
Contact: Dylan Morris  
(434) 589 - 2016  
dmorris@fluvannacounty.org

## TENNIS

**Camp Friendship Tennis Center**  
Contact: Alina Ackenbom  
(434) 589 - 5867  
alina@campfriendship.com  
www.friendshiptennis.com

## BASEBALL

**Fluvanna Youth Baseball**  
(Spring)  
Ages 4 - 15  
Baseballfluvannayouth@gmail.com  
fluvannayouthbaseball.com

## SOFTBALL

**Fluvanna Girls Softball League**  
(Spring & Fall) Ages 5 - 18  
Contact: Tiffany Rosales  
(434) 242 - 1933  
fluvannasoftwareball@gmail.com  
www.fluvannagirllsoftball.com

## FOOTBALL

**Jefferson District Youth Football League**  
(Fall) Ages 8 - 14  
Fluvanna County Contact:  
Doug Snyder  
flucofootballmom@gmail.com  
www.TJFYL.net

## SOCCER

**Fluvanna Youth Soccer Association**  
(Spring & Fall)  
Little Strikers & U5 - U14  
Contact: Tom Beckham at  
FYSForce@aol.com  
www.fysa.org\

## LACROSSE

**Fluvanna Lacrosse Club**  
Boys 2 - 8 Grade  
Recreational Clinics and League Play  
fluvannalaxclub@gmail.com

## DANCE

**Flutter Wheels Square Dance Club**  
Contact: Faith or Dan  
(434) 842-9020

## SWIMMING

**Lake Monticello Swim Team**  
(Summer)  
Contact: Kirsten Weimer  
lmstsharks@gmail.com  
https://lmstsharks.club

**Fluvanna Aquatics Sports Team FAST** (Summer)  
Contact: Coz DiFazio  
(434) 326 - 5566  
Cos.difazio@gmail.com  
www.iswimfast.com



## Pleasant Grove House Museum

A slice of Fluvanna history resides in the renovated Pleasant Grove House, Summer Kitchen and Farm Heritage Museums. Showcasing the history of transportation and agriculture in Fluvanna County. Pleasant Grove House also serves as Fluvanna County Parks and Rec's main office and the County Welcome Center.

**Office Hours:** Monday - Friday, 8 AM - 5 PM  
**Welcome Center and Museum Staff Guided Tour Hours:**  
Sunday, Monday, Wednesday, Friday & Saturday  
10 AM - 2 PM

**Address:**  
271 Pleasant Grove Drive  
Palmyra, VA 22963

**Phone:** (434) 589 - 2016



The Pleasant Grove House Museum, built by William D. Haden in 1854, is now the headquarters for Fluvanna County Parks and Recreation.