FALL/WINTER 2021 PROGRAM GUIDE

Active Older Adults
Athletics and Fitness
Enrichment
Halloween
Outdoor Activities
Special Events

Welcome Back to Parks & Rec!

Sign up now for FCPR’s Community of Lights Celebration
https://fluvanna.recdesk.com
FLUVANNA COUNTY PARKS AND RECREATION STAFF

Aaron Spitzer  Director of Parks and Recreation  aspitzer@fluvannacounty.org  (434) 589 - 2016
Malinda Payne  Administrative Assistant Specialist  mpayne@fluvannacounty.org  (434) 589 - 2016
Eric Armentrout  Recreational Programs and Special Events  earmentrout@fluvannacounty.org  (434) 589 - 2016
Dylan Morris  Athletics and Special Events Coordinator  dmorris@fluvannacounty.org  (434) 589 - 2016
Brian Coffield  Museum Curator and Historian  bgmuseum@fluvannacounty.org  (434) 589 - 2016
Faith Stuart  Active Seniors and Therapeutic Recreation  fstuart@fluvannacounty.org  (434) 842 - 3150

MISSION STATEMENT: Our Parks and Recreation Department’s mission is to promote opportunities for residents to pursue safe and enjoyable leisure activities in balance with the protection and conservation of Fluvanna’s natural resources.

FLUVANNA COUNTY PARKS AND RECREATION ADVISORY BOARD

Aaron Spitzer  Director  aspitzer@fluvannacounty.org
Tony O’Brien  BOS Liaison  tobrien@fluvannacounty.org
Raghvendra Singh  Chairman  ragsingh@hotmail.com
Jon Bishop Larson  Vice Chairman  Jonblarson@gmail.com
Walter Hussey  At Large  whthinker@yahoo.com
David Wood  At Large  halloween13dw@gmail.com
Sandra Patterson  At Large  mamaduke11772@yahoo.com
Scott Morris  FLUCOS Representative  smorris@apps.fluco.org
Anne Charlotte Robinson  Youth Representative  acrobinson147@gmail.com
Madeline Fulk  Youth Representative  maddie.fulk03@gmail.com

Members shall advise the Director of Parks and Recreation and the Board of Supervisors on the planning and development of a comprehensive system of parks and recreation services for the benefit of the citizens of Fluvanna County. Members also serve as a liaison between the Parks and Recreation Director, the Board of Supervisors and the citizens of the county.

FLUVANNA COUNTY BOARD OF SUPERVISORS

Mike Sheridan  Chairman Columbia District (Chair)  mikesheridan@fluvannacounty.org
Tony O’Brien  Rivanna District (Vice Chair)  tobrien@fluvannacounty.org
Mozell Booker  Fork Union District  mbooker@fluvannacounty.org
Donald W. Weaver  Cunningham District  dweaver@fluvannacounty.org
Patricia Eager  Palmyra District  peager@fluvannacounty.org

Board of Supervisors Meetings are the first Wednesday at 4 pm and third Wednesday at 7 pm of every month.
BOS info at www.fluvannacounty.org/bos

FLUVANNA COUNTY . . .  A great place to live, learn, work and play!

Like us on Facebook  Event Updates, Photos and Current Trail Info...
www.Facebook.com/FluvannaParksandRecreation
HOW TO REGISTER FOR PROGRAMS

- Registration for all programs opens when the current program guide is distributed.
- You must be registered by the registration deadline for a program.
- You must be registered to participate in a program, unless listing states otherwise.
- Register online at [https://fluvanna.recdesk.com](https://fluvanna.recdesk.com) and click “Log In”.
- Register in person at the following locations during business hours:
  1. **Pleasant Grove House Museum**, 271 Pleasant Grove Drive, Palmyra, VA 22963
     Monday - Friday, 8 AM - 5 PM. Saturday and Sunday 9 AM - 6 PM
  2. **Fluvanna Community Center**, 5725 James Madison Highway, Fork Union, VA 23055
     Monday - Friday, 8 AM - 5 PM.
- After business hours, you can leave registrations and payments in one of our drop boxes:
  1. **Pleasant Grove Equestrian Parking**, 271 Pleasant Grove Drive, Palmyra, VA 22963
  2. **Fluvanna Community Center**, 5725 James Madison Highway, Fork Union, VA 23055
- Payment is due one week before program starts.
- A $20 charge is added for returned checks.
- **Refund Policy**: Refunds may be given when requested provided the request is made prior to the start of the activity. A $10 service charge will be deducted from the refund unless the cause is due to a change in the class schedule. If supplies were purchased on your behalf, that amount may also be deducted from your refund. Allow up to 30 days for your refund to be returned. A $20 service charge will be assessed for any returned checks.
- **COURSE INSTRUCTORS DO NOT COLLECT FEES AND CANNOT SIGN YOU UP FOR A PROGRAM.**

Financial Assistance

FCPR offers scholarships to Fluvanna County residents who qualify. Please fill out a scholarship application and provide a copy of your most recent pay stub for management to review. You can find the form on the Parks and Recreation website or at one of our offices. Each household member is allowed one discounted program per program guide.

Volunteer Opportunities

We are committed to working cooperatively in the development of programs and amenities to identify and meet the needs of our citizens. Become an active partner with us as we strive to improve the quality of life for all Fluvanna County residents.

Interested in Teaching a Class?

Teaching doesn’t have to be hard! We will help you. Tell us what you would like to teach, we’ll help you create a curriculum, advertise the program, and bring you the students.

**Call (434) 589 - 2016 for information.**
**ATHLETICS AND FITNESS**

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**LITTLE TYKES BASKETBALL DEVELOPMENT**

*Ages 3 - 4 / Nov 6 - Dec 18 (No Class Nov 27) / 9 - 10 am / $50 / Carysbrook Gym*

Players will learn the basics of basketball and skill development. This program is designed to introduce your child to the fundamentals of basketball while participating in fun skill exercises, relays and game-like situations. This program is taught by Coach Harold Boyd, an experienced basketball coach. He is patient, knowledgeable and understanding and will lead all clinics and games. All sessions are organized by age. *Open until filled. Space is limited! Max 20 participants.*

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**MIGHTY MITES BASKETBALL DEVELOPMENT**

*Ages 5 - 6 / Nov 6 - Dec 18 (No Class Nov 27) / 10 - 11 am / $50 / Carysbrook Gym*

Players will learn the basics of basketball and skill development. This program is designed to introduce your child to the fundamentals of basketball while participating in fun skill exercises, relays and game-like situations. This program is taught by Coach Harold Boyd, an experienced basketball coach. He is patient, knowledgeable and understanding and will lead all clinics and games. All sessions are organized by age. *Open until filled. Space is limited! Max 20 participants.*

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**FCPR BASKETBALL LEAGUE ☞ FLUVANNA RESIDENTS ONLY!**

*Ages 7 - 17 / Deadline to sign up Nov 19 / $70 / Late Fee $10 / Carysbrook Gym*

Games are on Saturday Starting at 9 AM

The FCPR Basketball League is an excellent place for players to learn good sportsmanship and fair play. Participants must meet age requirements by February 1, 2022. Teams will practice once a week between Monday and Thursday. The team selection process will be based on a player evaluation and last season participation. Evaluations will be held at Carysbrook Gym, see dates and times below. Special request for coaches and teammates will be evaluated on a case-by-case basis. All children are required to play half of each quarter of the game. Games are scheduled on Saturday mornings starting at 9 am.

**EVALUATION TIMES & DATES:** Evaluations will be held at Carysbrook Gym

<table>
<thead>
<tr>
<th>Age Range</th>
<th>Evaluation</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>7-8 year olds</td>
<td>Nov 8</td>
<td>6-8 pm</td>
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<tr>
<td>9-10 year olds</td>
<td>Nov 9</td>
<td>6-8 pm</td>
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<tr>
<td>11-13 year olds</td>
<td>Nov 15</td>
<td>6-8 pm</td>
</tr>
<tr>
<td>14-17 year olds</td>
<td>Nov 16</td>
<td>6-8 pm</td>
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</tbody>
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Contact Dylan Morris with questions at (434) 589 - 2016 or dmorris@fluvannacounty.org
Register online at [https://fluvanna.recdesk.com](https://fluvanna.recdesk.com)

* *COACHES & REFS ARE NEEDED!* Contact Dylan Morris with questions at (434) 589 - 2016 or dmorris@fluvannacounty.org
ATHLETICS AND FITNESS

WHO’S GOT GAME?

OPEN GYM / Free / Autumn Hours Beginning Aug 23 / Carysbrook Gym

Hours subject to change and closure. Call (434) 589-2016 or Check our Facebook page for current hours and closures. www.Facebook.com/FluvannaParksandRecreation

- Monday 6 - 9 PM Pickleball
- Tuesday 6 - 9 PM 17 under Basketball
- Wednesday 6 - 9 PM all age Basketball
- Thursday 6 - 8:9 PM adult Basketball
- Fridays 1:30 - 4 PM adult Pickleball
- Saturday 6 - 9 PM adult Pickleball

Open Gym Closes Nov 6, Monday-Thursday for Basketball League and will resume in mid-March.

Pickleball is a cross between Ping Pong, Tennis, and Badminton and is the fastest growing sport for athletes 50 and over! Players use oversized wooden paddles and a whiffleball that moves and bounces slower than a tennis ball. The game is played on a badminton-sized court that is divided by a 34 inch high net making the game easier for athletes to cover the court. Paddles and balls are provided.

Come and join this activity, which is fast paced, easy to learn, great exercise, and a lot of fun.

BATON TWIRLING with NEXT GENERATION TWIRLERS

Ages 5+ / Mondays / Sep. 20 - Nov. 15 / 4:30 - 5:30 PM / $50 / Carysbrook Gym

Register online: https://fluvanna.recdesk.com

Come give it a twirl and test out your baton twirling skills. Been a majorette or "twirlette" before? Want to learn new skills in dance and twirling?

Learn the basics of the sport of Baton Twirling. We will dance, stretch, twirl and groove to music as we learn skill and have fun! (No class on 10/11)

http://nextgenerationtwirlers.weebly.com

Contact Dylan Morris with questions at (434) 589 - 2016 or dmorris@fluvannacounty.org
ACTIVE OLDER ADULT CENTERS

For those who are 55 and over:

فح Cunningham Community Senior Center group meets on Mondays, the day before the 2nd & 4th Tuesdays, at VFW Post 8169, 2977 West River Road, Scottsville VA 24590.

فح Troy Community Senior Center group meets on the 1st & 3rd Tuesdays of the month at Beaver Dam Baptist Church, 1794 Richmond Road, Troy VA 22974.

فح Fork Union Community Senior Center group meets on Wednesdays, the day after 2nd & 4th Tuesdays, at the Fluvanna Community Center, 5725 James Madison Highway, Fork Union VA 23055.

فح Kents Store Community Senior Center group meets on Thursdays, two days after the 1st & 3rd Tuesdays, at the Agricultural Recreation Center, 111 Kents Store Way, Kents Store VA 23084.

Membership

There is no cost to be a member. You must be at least 55 years old, fill out a FCPR Registration Form at your first meeting, and then attend regularly, in order to be considered a member.

Center Days

The days that we are not away on a trip, we are open 10am - 2pm. Visitors and volunteers are welcome.

We socialize, exercise, play games, do crafts, charitable projects and plan trips.

You can visit as your schedule allows. However, if you’d like to get a meal provided by JABA while you’re there, you must sign up with Faith Stuart at FCPR a week in advance. Each facility has a fridge and freezer, if you’d like to bring your own beverage/snacks/lunch.

Trips

Center Trips are planned for, and catered to, the membership of each center.

FCPR offsets costs of trips for our members. What each member will pay is decided on, at least two weeks in advance of the trip, and can be paid to FCPR, up to the morning of the trip.

FCPR INCLEMENT WEATHER POLICY: In the event of inclement weather, the Fluvanna County Parks and Recreation Department’s sponsored activities will be cancelled when Fluvanna County Public Schools are on a delay or closed due to inclement weather. Visit our Facebook page @ www.Facebook.com/FluvannaParksandRecreation for current announcements or call (434) 589-2016 or (434) 842-3150, Monday - Friday 8am - 5pm.
**ACTIVE OLDER ADULT CENTERS**

**Membership**

There is no cost to be a member. You must be at least 55 years old, fill out a FCPR Registration Form at your first meeting, and then attend regularly, in order to be considered a member.

**Larger Trips**

Being a member of one of our centers, includes you in the larger group of all four centers, which means you will be invited to attend FCPR events and trips which are planned for the larger group.

**Senior Resources**

Being a member of one of our centers, means you will be alerted regarding services offered to seniors by any of our community partners: JABA, Jaunt, MAACA, Virginia Tech Extension Office, the high school, local church groups, and the VA.

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**Cunningham**  
**Mondays:**  
9/13, 9/27,  
10/25,  
11/8, 11/22,  
12/13, 12/15  
1/10, 1/24,  
2/7,  
3/7, 3/21

**Troy**  
**Tuesdays:**  
9/7, 9/21,  
10/5, 10/19,  
11/6,  
12/7, 12/15  
1/4, 1/18,  
2/1, 2/15,  
3/1, 3/15

**Fork Union**  
**Wednesdays:**  
9/15, 9/29,  
10/13, 10/27,  
11/10,  
12/15,  
1/12, 1/26,  
2/9, 2/23,  
3/9, 3/23

**Kents Store**  
**Thursdays:**  
9/9, 9/23,  
10/7, 10/21,  
11/4, 11/18,  
12/9, 12/15  
1/6, 1/20,  
2/3, 2/17,  
3/3, 3/17

For more information or to subscribe to receiving informational emails, contact **Faith Stuart**:  
434-842-3150 or fstuart@fluvannacounty.org

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Attention Veterans and Dependents! Do you know your Veterans Benefits? We do!

Virginia Department of Veterans Services  
www.dvs.virginia.gov

Need help? Visit us at the Fluvanna Community Center by appointment only.  
5725 James Madison Highway  
Pamela Zirkle & Jeannette Flint (434) 529 - 6431  
By appointment, 1st Wednesdays of each month from 9 - 11:30am
We have opened all 18 holes of our disc golf course!
Access the disc golf course between the soccer and baseball fields.

Can you play disc golf with a regular Frisbee?
Sure, you absolutely can play disc golf with a Frisbee. In fact you can play disc golf with any kind of throwing disc, even that free one you got at the Back-2-School Night or company picnic! You may not be as competitive as other players playing with discs designed specifically for disc golf, but you can still play and have fun. In fact, when disc golf was originally created, people used the classic Wham-O Frisbee®.

What are the official rules of disc golf?
Disc Golf is played like traditional golf, but with disc golf discs instead of balls and clubs. One throw (stroke) is counted each time the disc is thrown and when a penalty is incurred. The goal is to play each basket with the fewest throws possible. The player with the lowest total throws for the entire course wins. www.pdga.com/rules

Is there a fee to play disc golf at Pleasant Grove?
No, our Disc Golf Course is FREE to use! However, you will need to use your own disc.
DISC GOLF

Sponsor a Disc Golf Basket at Pleasant Grove’s Disc Golf Course!

Have your name, your business name, or your organization’s name on a piece of 2022 Pleasant Grove Disc Golf History!

The 2021/2022 renovation of Pleasant Grove Park’s Disc Golf Course is underway!

Disc Golf has emerged from the Great Shutdown of 2020 with a new popularity that has taken the country by storm!

Therefore, we are reaching out to local businesses, organizations, and individuals to secure the necessary funding to renovate and maintain the only disc golf course in Fluvanna County. Your business or organization can be associated with this popular community asset. Sponsorships are available for $150 for the first year, and $100 per year for each following year. Basket sponsors will have their logo displayed on heavy-duty metal signs for the full duration of their sponsorship*. (See Sample Sign below.) We ask sponsors to volunteer four days a year to help maintain and landscape your basket green. FCPR will mow and upkeep landscaping, repair baskets and teepads and perform any other regular maintenance.

Take advantage of this great opportunity to market your business or organization, or to simply link yourself to what looks to be an incredible time in disc golf history!

*Specific basket number requests will be considered but may not be guaranteed.

If you are interested in sponsoring a basket or have questions about sponsorship, please email or call: Eric Armentrout, Recreational Program and Special Event Coordinator FCPR, (434) 589-2016, earmentrout@fluvannacounty.org

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Sample Sign
Join Fluvanna County Parks & Rec for our 17th Annual Halloween Festival!

Saturday, October 30th
At Pleasant Grove Park
Open to the Public

Join FCPR Saturday, October 30th to Celebrate our 17th Annual Halloween Festival at Pleasant Grove Park!

Walk the Semi-Scary Haunted Trail, if you dare...
Visit with the locals as they hand out treats from the trunks of their spooky automobiles... “Just a Good Ol’ Fashion Trunk or Treat!”

The Semi-Scary Haunted Trail and Trunk or Treat starts at 6:30 pm and ends at 8:30 pm.

If you plan on handing out candy or treats from a trunk you must Register your Vehicle’s Trunk at https://fluvanna.recdesk.com or call (434) 589-2016 Monday through Friday, 8 am - 5 pm.

Trunks must be registered by Monday, October 25th.
Drive Through and Enjoy the Lights!
Pleasant Grove Park’s Community of Lights Celebration!

December 16th through the 19th
5PM until 9PM

Santa will be there Saturday Night, December 18th, 6-8 PM!

Bring the Family out to enjoy a holiday light drive through loop at Pleasant Grove Park...
271 Pleasant Grove Drive, Palmyra.
(Right next door to the Fluvanna County High School off of Route 53.)

Event is FREE and open to the public.

Contact Fluvanna County Parks and Recreation at (434) 589-2016 with any questions.
*We are looking for businesses, organizations, groups, clubs, scout troops, churches, families or anyone who would like to set up a family friendly holiday light display. FPCR will supply electricity. This is a great way to support our community and let everyone know that you are still here! This is a FREE event.

Register online at https://fluvanna.recdesk.com
For questions, contact Eric Armentrout at (434) 589 - 2016 or earmentrout@fluvannacounty.org

Visit our Facebook page @ www.Facebook.com/FluvannaParksandRecreation for current announcements.
FLUVANNA COUNTY LIBRARY PROGRAMS

2021 Fall Events @ Fluvanna Library

Tuesday Morning Story Time
September 7 – December 14 - Tuesdays at 10 a.m.
Join us for some fun stories and songs. Infants to Preschool.
This program will start outside while weather permits – so please bring chairs or a blanket for the grass.

Friday Morning Story Time
September 10 – December 17 - Fridays at 10 a.m.
Join us for some fun stories and a craft. Preschool.
This program will start outside while weather permits – so please bring chairs or a blanket for the grass.

Grab n Go Kits
2nd Saturday of each month at 10 a.m.
September 11 – October 9 - November 13 - December 11
Preschool, Kid, Teen & Adult kits will be available while supplies last.

Friends of the Library Annual Book Sale; Thursday, October 7 – Saturday, October 23
Thursday, October 7 – Saturday, October 9 – Full Price – Hours of the Library
Tuesday, October 12 – Saturday, October 16 – ½ Price – Hours of the Library
Monday, October 18 - Saturday, October 23 - $4/Bag Sale – Hours of the Library

Friday Movies @ the Library
Every 1st & 3rd Fridays at 2 & 7 p.m.
Hopefully starting back in November (after the Book Sale) – COVID depending.
Contact the Library for titles at (434) 589-1400 or via email at fluvannalibrary@gmail.com

Winter Reading Program @ the Library
Calling all kid, teen, and adult readers! Sign-up beginning Monday, December 6. Cool prizes.

Winter Break @ the Library
Wednesday, December 22 – Tuesday, January 4
Stay tuned for lots of great activities over the Winter Break at the Library.

All programs are sponsored by the Friends of the Library. Please contact the Library with any questions or concerns at (434) 589-1400 or via email at fluvannalibrary@gmail.com

Special programs, tours and workshops are available for groups and can be scheduled upon request.
Please contact the Library for more information or with any questions at: Fluvanna County Public Library, 214 Commons Blvd., Palmyra, VA 22963 - (434) 589-1400 or via email at fluvannalibrary@gmail.com
OUTDOOR ACTIVITIES

ADULT KAYAKING ON THE RIVANNA RIVER
Ages 18+ / Saturday, Sep 18 / 1 - 5 pm / $25
Meets at the Palmyra Boat Launch on Route 53 (Thomas Jefferson Parkway)

This program is for those who have some kayak experience and would like to learn our local river, the Rivanna. The Rivanna is a beginner to intermediate level for kayak skill, making a good river to learn on. Kayak, paddle and lifejacket (PFD) provided. You must be able to swim, there is always the possibility of falling into the water when kayaking. Please wear appropriate water clothing or swimsuit and river shoes. Sunblock and hat recommended. Bring a full water bottle and a snack.

Must register in advance. Class size limited to 12 participants.

Register online at https://fluvanna.recdesk.com
For questions, please contact Eric Armentrout at (434) 589 - 2016 or earmentrout@fluvannacounty.org

TEEN GAME NIGHT / $5 / PLEASANT GROVE POLE BARN
Ages 13 - 17 / Dates to be Determined / 7 pm - 10 pm / Pre-Register
Campfire, Pizza and other snacks. Giant Jinga, Connect Four, Karaoke!

Get ready for some competition! Door Prizes! Raffle!

We will be posting updates on our Facebook page:
www.Facebook.com/FluvannaParksandRecreation

Share the Trail

Pleasant Grove Park has multi-use trails. Please be considerate of other visitors.

The yield triangle is an effective technique to share the trails.

The first rule is all horse users have the right of way at all times. All trail users should engage in communication with stock and horse users to allow them to pass in the safest way possible. Yield to horse users by stepping to the downhill side of the trail.

The second rule is that bikers yield to all other trail users on a multi-use trail. Bikers hold a mechanical advantage, and should be in control of their speed at all times on a multi-use trail.

The third rule is that hikers must be aware of their surroundings and yield to horse users and have the right of way when seeing a biker.

When downhill and uphill trail users meet it is common practice for uphill hikers to have the right of way. This is because starting and stopping when traveling uphill is considered much more difficult than traveling downhill. Therefore when downhill trail users see uphill trail users coming these users should locate a safe and durable spot to step aside.

Thank you for being safe and sharing the trails at Pleasant Grove Park.
Pleasant Grove Park: A Natural Experience

Virginia Master Naturalist led monthly hikes at on the First Saturday of each month except December:

Bring the family and enjoy a Virginia Master Naturalist-led Monthly Hike on the first Saturday of each month at 10 AM. Please register in advance: https://fluvanna.recdesk.com

- **September 4** – Meet at the kiosk behind the Library at 10 AM as we join the Charlottesville Area Tree Stewards for a tree walk on the tree arboretum trail to learn how to identify trees in the early Fall and hear interesting facts about trees in general. You will see a piece of farm machinery in the middle of a growing tree. The hike will include a children’s scavenger hunt (with prizes!). *

- **October 2** – Meet at the first picnic shelter below the Dog Park to walk the ADA friendly trail to the Sandy Beach and return via the Princess Anne trail along the Rivanna. During the hike you will observe the Honey Locust whose spikes were used as sewing needles by native Americans and early European settlers. You will also see “Horse Apple” trees that were used as pasture fencing before the invention of barbed wire. You will see the results of efforts of our Pleasant Grove volunteers and Parks and Rec to remove the alien Ailanthus trees from the park to help prevent the spread of the invasive spotted lantern fly, a serious threat to our vineyards and other fruit crops. *

- **November 6** - Meet at the Butterfly Garden at 10 AM for a hike along the self-guided nature trail through the woods where we will learn about the forest landscape and how nature shaped it...underground streams, grove of trees down, all in the same direction, etc. On the way to the hike we will join the Fluvanna Master Gardeners to see a native plant garden as it looks in Winter. Following the visit to the Butterfly Garden, we will tour the newly planted Chestnut Restoration Demonstration Grove followed by the hike through the woods.

- **December 4** – Meet at the Equestrian Parking (to the left of the entrance at the fork) at 10 AM to hike the Birding Trail through the wildlife meadows. You will experience, in Winter, the varied birds, plants and animals that inhabit these grasslands, long prized by Native Americans. This field was burned in April, as practiced by Native Americans, and you will see the rapid regrowth as plant life vibrantly responds to the clearing of brush. *

- **January 1** – Meet at the Rail Trail Trailhead (County Courthouse parking lot) at 10 AM to hike the Rail Trail, a gently sloped, relatively smooth, trail about 1.2 miles round trip. We will expand on the new Nature and History Walk guide to view Winter seasonal changes in the woods and how these changes affect our wildlife habitats. You will also learn how to identify, and remove, “aliens” in our landscape. *

*During these hikes we will also discuss the newest invasive pest, the spotted lantern fly, to come to our area from overseas, the invasive host tree, the Tree-of-Heaven, and the possible devastation this insect threatens to our fruit (grapes, etc.) crops here in the Virginia Piedmont.

Visit our Facebook page @ www.Facebook.com/FluvannaParksandRecreation for current announcements or call (434) 589-2016 or (434) 842-3150, Monday - Friday 8am - 5pm.
Pleasant Grove Park: A Natural Experience

Virginia Master Naturalist led monthly hikes at on the Second Saturday of each month except December:

The following nature experience opportunities are available whenever you visit Pleasant Grove:

⇒ Visit the Nature Room at the Pleasant Grove House Summer Kitchen to see the interpretive exhibits, animal artifacts and mounted birds.

⇒ Take the self-guided nature hike starting at the kiosk behind the Community Garden (brochure available).

⇒ Visit the native plant Butterfly Garden (brochure available).

⇒ Take a hike on one of the 23 trails covering over 20 miles (Trail Map with habitat descriptions available).

⇒ Hike through one of the 4 Wildlife Meadows and observe the wildflowers, native grasses and animal wildlife (see Trail Map).

⇒ Go birding - Pickup a birding checklist and go walking in the Park (bird id field guides available).

⇒ Hike the arboretum Tree ID Trail behind the Library to observe 23 native tree species identified by interpretive plaques (children scavenger hunt brochures available, with prizes for completion, at the Library)

⇒ Visit the Chestnut Restoration Demonstration Plot to learn about the effort to restore a once dominant tree to our forest

⇒ Observe one of the Bluebird, American Kestrel, Bat or Eastern Screech Owl Nesting Boxes.

⇒ Use the new guide, with station numbers, to observe nature along the Rail Trail in Palmyra.

Brochures, guides and maps are available at the Pleasant Grove House, the Nature Room (in the Summer Kitchen), the Library, and many kiosks in the Park.

If you have a large group, e.g. Church, school, home school, scouts, family reunion, and would like to schedule a guided nature hike at Pleasant Grove, please contact the Eric Armentrout, (434) 589-2016 or email earmentrout@fluvannacounty.org to arrange for an interpretative, guided tour or hike of the natural areas at Pleasant Grove. The Park Staff will coordinate with the appropriate Rivanna Master Naturalist, Fluvanna Master Gardener or Charlottesville Area Tree Stewards for your visit.

Also visit www.rivannariver.org to find out about other nature opportunities in Fluvanna County including nature hikes at Scheier Natural Area, with 100 acres, 8 ponds and 3 miles of hiking trails.

Check trail conditions the day of the hike at www.Facebook.com/FluvannaParksandRecreation or call the Pleasant Grove House Museum at (434) 589-2016

Visit our Facebook page @ www.Facebook.com/FluvannaParksandRecreation for current announcements or call (434) 589-2016 or (434) 842-3150, Monday - Friday 8am - 5pm.
HORSEBACK RIDING

HORSEBACK RIDING CLASSES AT EQUUS SPRINGS FARM
Hunt Seat and Western Lessons Available / Instructor: Heather Antonacci
Ages 5 - 95 / See Dates & Times Below / $100 / Equus Springs Farm / 4 week class

Horseback riding classes are open to all levels of riders, ages 5 to 95. (Weight limit 200#). Beginners learn grooming, tacking up, leading, and riding. More advanced riders may learn to jump courses, do lead changes, ride patterns, ride equitation tests, and so much more. Each rider learns at their own pace and level within the program. Many school horses and ponies available in a wide range of sizes and abilities to suit each rider. Each class is 4 weeks long. Lessons are an hour long, but tend to run over time. Riders should come in long pants, need to wear shoes/boots with a separate heel (no sneakers), and dress for the weather. Class size is limited to three students per session.

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<thead>
<tr>
<th>Session 1: Saturday</th>
<th>Oct 2 - Oct 23</th>
<th>9:00 - 10:00 am</th>
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<tbody>
<tr>
<td>Session 2: Wednesday</td>
<td>Oct 6 - Oct 27</td>
<td>4:30 - 5:30 pm</td>
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<tr>
<td>Session 3: Thursday</td>
<td>Oct 7 - Oct 28</td>
<td>6:00 - 7:00 pm</td>
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<tr>
<td>Session 4: Saturday</td>
<td>Oct 30 - Nov 20</td>
<td>10:30 - 11:30 am</td>
</tr>
<tr>
<td>Session 5: Friday</td>
<td>Nov 12 - Dec 3</td>
<td>4:30 - 5:30 pm</td>
</tr>
<tr>
<td>Session 6: Wednesday</td>
<td>Nov 17 - Dec 8</td>
<td>4:30 - 5:30 pm</td>
</tr>
<tr>
<td>Session 7: Saturday</td>
<td>Nov 20 - Dec 11</td>
<td>9:00 - 10:30 am</td>
</tr>
<tr>
<td>Session 8: Thursday</td>
<td>Dec 2 - Dec 23</td>
<td>4:30 - 5:30 pm</td>
</tr>
</tbody>
</table>

For questions, please contact Eric Armentrout at (434) 589-2016 or earmentrout@fluvannacounty.org

WINTER BREAK DAY CAMP

Ages 6-12 / $120 / Dec 28 & 29 / 8 am - 5 pm / Carysbrook Gym

Looking for some fun this Winter Break?
Due to the current situation, destinations have not been decided upon. Please check our Facebook page for current status. Winter activities such as snow tubing will hopefully open.

Schedule is subject to change and will be finalized the week before camp.

For questions, please contact Eric Armentrout at (434) 589-2016
or earmentrout@fluvannacounty.org

We will be posting updates on our Facebook page:
www.Facebook.com/FluvannaParksandRecreation
RENTALS & RATES

Fluvanna County Parks and Recreation rents facilities for weddings, receptions, meetings, conferences, lectures, dances, luncheons, parties and family reunions. Facilities and equipment are listed below. Refunds may be given when requested ONE WEEK PRIOR TO THE START OF THE RENTAL. A $10 service charge will be deducted from the refund unless the cause is due to a change in the class schedule.

**Pleasant Grove Park**
- **Athletic Fields:** $25/hour
  - Baseball, Softball, Soccer
- **Tournaments:** $75/day
- **Pole Barn:** $150/All Day - $200 Deposit
- **Pole Barn:** $80/Half Day - $200 Deposit
- **Horseback Trails:** $8/ Daily
- **Outdoor Stage:** $150/day - $200 Deposit
- **Meeting Room:** $30/hour - $200 Deposit

**Eastern Trailhead Pavilions (Dog Park)**
- **Large Pavilion:** (40 people)
  - $50/day - $200 Deposit
- **Small Pavilion:** (25 people)
  - $25/day - $200 Deposit

**Fluvanna Community Center**
- **Meeting Room:** $20/hour - $200 Deposit
- **Auditorium:** $75/hour - $200 Deposit
- **Staffing Fee (after hours):** $15 hour

**Carysbrook Sports Complex**
- **Athletic Fields:** $25/hour- $200 Deposit
- **Tournaments:** $75/day - $200 Deposit
- **Gymnasium:** $80/hour- $200 Deposit
- **Staffing Fee (after hours):** $15 hour

**Civil War Park**
- Downtown Palmyra, VA 1/2 acre with picnic tables, near the Old Stone Jail Museum.
- Contact FCPR for info: (434) 589 - 2016

**Tables**
- **Rectangular:** $6 each per day - $200 Deposit
- **Round:** $8 each per day - $200 Deposit

**Chairs**
- $4 each per day - $200 Deposit

**Big Tent**
- **18’ x 30’ Tent Canopy**
  - $100/day - $200 Deposit

**Small Tent**
- **14’ x 20’ Tent Canopy**
  - $75/day - $200 Deposit

**KAYAK LIVERY at PLEASANT GROVE**
- **RENT KAYAKS / $25 per day**
  - $60 per weekend /$200 security deposit.
  - Call (434) 589-2016 to arrange rental.
  - Includes paddle and Personal Floatation Device (Lifejacket).

Fluvanna County Parks and Recreation (434) 589-2016 or (434) 842-3150

[Website Link]
Registration Form

PAYMENT MUST ACCOMPANY THIS FORM
MAKE CHECKS PAYABLE TO “FCPR”
P.O. BOX 70, PALMYRA, VA 22963 (434) 589-2016

First Name ___________________________ Middle Initial ________
Last Name ___________________________ Birth Date __/__/____ Gender M / F

Mailing Address ____________________________________________________________

Email Address ______________________________________________________________

Home Phone ___________________________ Mobile Phone _______________________

Emergency Contact: Name ___________________________ Phone ___________________

Shirt Size: ☐ Youth ☐ Adult ☐ Small ☐ Medium ☐ Large ☐ X-Large

Special Needs/Disabilities ___________________________ Allergies __________________

Household Members:

Name: ___________________________________________ Birth Date: __/__/____
Name: ___________________________________________ Birth Date: __/__/____
Name: ___________________________________________ Birth Date: __/__/____
Name: ___________________________________________ Birth Date: __/__/____

Activity Title | Date(s) | Time(s) | Fee (non-resident add 15%) |
---------------|---------|---------|---------------------------|

Assumption Of Risk

I understand the nature of the activity in which I am (my child is) being enrolled. I understand that there are certain risks inherent with participating in recreational activity and that it is the duty of each participant to exercise reasonable care for their own safety and that of other participants. If this consent is given for my child, I also understand that, while participating in the activity, my child will be expected to behave in a reasonable and responsible manner and that the activity’s supervisory staff has the authority to discipline my child in a manner similar to that imposed in Fluvanna County’s public schools. I understand that under Virginia law, both Fluvanna County and its employees are immune from liability for negligence should I (my child) suffer any injury while participating in the activity and that I may consider procuring insurance to protect myself (my child) from such occurrences. With all this in mind, I hereby give my consent to enroll myself (my child) in the activity indicated. I also agree for my child to be transported by Parks and Recreation to the appropriate facility for my child to participate in such class if needed.

Signature of Participant or Legal Guardian if under 18 years of age ___________________________ Date: _____
Print Legal Guardian’s name for participants under 18 years of age: ____________________________

Refund Policy: Refunds may be given when requested provided the request is made prior to the start of the activity. A $10 service charge will be deducted from the refund unless the cause is due to a change in the class schedule. If supplies were purchased on your behalf, that amount may also be deducted from your refund. Allow up to 30 days for your refund to be returned. A $20 service charge will be assessed for any returned checks.

Office Use Only: Rec’d Date __________ By __________ Check # __________ Cash _____ CC _____
FLUVANNA COUNTY PARKS AND RECREATION FACILITIES

Pleasant Grove House
Pleasant Grove Museum & Visitor Center
271 Pleasant Grove Drive
Palmyra, VA 22963
(434) 589-2016
- Parks and Rec Office
- County Welcome Center
- Transportation Museum
- Summer Kitchen
- Nature Room

www.fluvannacounty.org/parksrec

Fluvanna Community Center
5725 James Madison Highway
Fork Union, VA 23055
(434) 842-3150
- Parks and Rec Office
- Fork Union Active Older Adults Center
- Playground
- Classrooms
- Rentals All Year Long

Pleasant Grove Park and Western Trailhead
271 Pleasant Grove Drive
Palmyra, VA 22963
- Hiking, Biking and Equestrian Trails
- Polo Barn
- Playground
- Athletic Fields, including Disc Golf
- Butterfly Garden
- Outdoor Stage

Carysbrook Sport Complex
8788 James Madison Highway
Fork Union, VA 23055
- Athletic Fields
- Gymnasium
- Playground
- Picnic Shelter

Event Updates, Photos and Trail Info...
www.facebook.com/FluvannaParksandRecreation

Carysbrook Performing Arts Center
8880 James Madison Highway
Palmyra, VA 22963
- Various Performances
- Rental Options

Civil War Park
Palmyra, VA 22963
1/2-acre with picnic tables, next to the Old Stone Jail Museum

FLUVANNA COUNTY COMMUNITY PARTNERS

Fluvanna County
Extension Office
5725 James Madison Highway
Fork Union, VA 23055
(434) 591 - 1950

Fluvanna County Library
214 Commons Boulevard
Palmyra, VA 22963
(434) 589 - 1400

School Board Office
14455 James Madison Highway
Palmyra, VA 22963
(434) 589 - 8208

Sheriff’s Office
160 Commons Boulevard
Palmyra, VA 22963
(434) 589 - 8211

Fluvanna County Historical Society
14 Stone Jail Street or PO Box 8
Palmyra, VA 22963
(434) 589 - 7910
fluvannahistory@gmail.com

Jefferson Area Board for Aging
674 Hillisdale Dr., Ste. 9
Charlottesville, VA 22901
(434) 817 - 5222
jabacares@gmail.com

Fluvanna Heritage Trail Foundation
PO Box 501
Palmyra, VA 22963
(434) 589 - 4839

Fluvanna Master Gardeners
(434) 591 - 1950
www.fluvannamg.org

Fluvanna Arts Council
Box 210
Palmyra, VA 22963
(434) 842 - 1333
info@carysbrook.org

Social Services
8880 James Madison Highway
Fork Union, VA 23055
(434) 842 - 8221

Fork Union Military Academy
4744 James Madison Highway
Fork Union VA 23055
(434) 842 - 3212

Boy Scouts of America
www.sahcbsa.org/monticello

Fluvanna Farm Bureau
15005 W. River Road
Fork Union, VA 23055
(434) 842 - 3411

Virginia Department of Wildlife Resources (DWR)
(804) 305-8940
https://dwr.virginia.gov/waterbody/
fluvanna-ruritan

Child Services Act
132 Main Street
Palmyra, VA 22963
(434) 591 - 1933

Chamber of Commerce
177 Main Street
Palmyra, VA 22963
(434) 489 - 3262

Youth Advisory Committee
www.fluvannayac.org

Partnership for Aging
Curtis Putnam
(434) 906-8400

Fluvanna Art Association
www.fluvannaartassociation.com

Department of Social Services
8880 James Madison Highway
Fork Union, VA 23055
(434) 842 - 8221

Girl Scouts of Virginia Skyline
www.gswsc.org

Like us on Facebook
Event Updates, Photos and Current Trail Info...
www.facebook.com/FluvannaParksandRecreation
## FLUVANNA SPORT ORGANIZATIONS

**Basketball**  
Fluvanna County Parks & Recreation  
(Fall & Winter) Ages 3 - 17  
Contact: Dylan Morris  
(434) 589 - 2016  
dmorris@fluvannacounty.org

**Tennis**  
Camp Friendship Tennis Center  
tennis@campfriendship.com  
www.friendshiptennis.com

**Baseball**  
Fluvanna Youth Baseball  
Ages 4 - 15  
baseballfluvannayouth@gmail.com  
fluvannayouthbaseball.com

**Softball**  
Fluvanna Girls Softball League  
Ages 5 - 18  
fluvannasoftball@gmail.com  
www.fluvannagirlssoftball.com

**Football**  
Jefferson District Youth Football League  
(Fall) Ages 8 - 14  
coachjfyf@gmail.com  
https://www.jdyfl.org

**Soccer**  
Fluvanna Youth Soccer Association  
FYSAforce@aol.com  
http://fysaforce.org

**Lacrosse**  
Fluvanna Lacrosse Club  
Boys 2 - 8 Grade  
fluvannalaxclub@gmail.com

**Swimming**  
Lake Monticello Swim Team  
(Summer)  
lmstsharks@gmail.com  
https://lmstsharks.club

**Swimming**  
Fluvanna Aquatics Sports Team  
FAST  
info@fluvanna-swimming.org  
www.iswimfast.com

**Fork Union Military Academy Aquatic Club**  
Contact: Jon Larson  
larsonj@fuma.org  
www.swimcloud.com/ 
team/10002603

![Fluvanna Est. 1777](image)

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**Pleasant Grove House Museum**  
A slice of Fluvanna history resides in the renovated Pleasant Grove House, Summer Kitchen and Farm Heritage Museums. Showcasing the history of transportation and agriculture in Fluvanna County. Pleasant Grove House also serves as Fluvanna County Parks and Rec’s main office and the County Visitor Center.

**Museum and Office Hours:**  
Monday - Friday, 8 am - 5 pm  
**Museum Staff Guided Tour Hours:**  
Saturday and Sunday  
9 am - 6 pm  
**Address:**  
271 Pleasant Grove Drive  
Palmyra, VA 22963  
Phone: (434) 589 - 2016

The Pleasant Grove House Museum, built by William D. Haden in 1854, also serves as the County Visitor Center and headquarters for Fluvanna County Parks and Recreation.