Active Older Adults Basketball **Dog Obedience Classes Haunted Trial Horseback Riding Community of Lights Monthly Led Hikes Pickleball** Volleyball



PARKS & RECREATION

Fluvanna Parks & Recreation FALL 2025 PROGRAM GUIDE

FLUVANNA COUNTY PARKS AND RECREATION STAFF

Aaron Spitzer	Director of Parks and Recreation	aspitzer@fluvannacounty.org	(434) 589 - 2016
Malinda Payne	Parks and Recreation Service Specialist	mpayne@fluvannacounty.org	(434) 589 - 2016
Faith Stuart	Active Seniors Recreation Coordinator	fstuart@fluvannacounty.org	(434) 842 - 3150
Eric Armentrout	Programs and Special Events Coordinator	earmentrout@fluvannacounty.org	(434) 589 - 2016
Brendan Krett	Athletics and Special Events Coordinator	bkrett@fluvannacounty.org	(434) 589 - 2016
Matt Stancil	Park and Trail Maintenance	mstancil@fluvannacounty.org	(434) 589 - 2016
Brian Coffield	Museum Attendant	pghmuseum@fluvannacounty.org	(434) 589 - 2016
Jessica Kopf	Museum Attendant	pghmuseum@fluvannacounty.org	(434) 589 - 2016

MISSION STATEMENT: Our Parks and Recreation Department's mission is to promote opportunities for residents to pursue safe and enjoyable leisure activities in balance with the protection and conservation of Fluvanna's natural resources.

FLUVANNA COUNTY PARKS AND RECREATION ADVISORY BOARD

Aaron Spitzer Director aspitzer@fluvannacounty.org **Chris Fairchild BOS** Liaison cfairchild@fluvannacounty.org Raghvendra Singh Chairman raghsingh@hotmail.com Vice Chairman Jon Bishop Larson Jonblarson@gmail.com PARKS & RECREATION **Walter Hussey** whthinker@yahoo.com At Large Nelson Cook Jr. At Large nelsoncookleedap@gmail.com pbeersblock@gmail.com **Pat Beers Block** At Large **Scott Morris FLUCOS** Representative smorris@apps.fluco.org



Members shall advise the Director of Parks and Recreation and the Board of Supervisors on the planning and development of a comprehensive system of parks and recreation services for the benefit of the citizens of Fluvanna County. Members also serve as a liaison between the Parks and Recreation Director, the Board of Supervisors and the citizens of the county.

FLUVANNA COUNTY BOARD OF SUPERVISORS

Chris Fairchild	Cunningham District	cfairchild@fluvannacounty.org
Mike Sheridan	Columbia District	mikesheridan@fluvannacounty.org
Mike Goad	Fork Union District	mgoad@fluvannacounty.org
Tim Hodge	Palmyra District	timhodge@fluvannacounty.org
Tony O'Brien	Rivanna District	tobrien@fluvannacounty.org

Board of Supervisors Meetings are the first Wednesday at 5 pm and third Wednesday at 6 pm of every month. BOS info at www.fluvannacounty.org/bos

FLUVANNA COUNTY . . . A great place to live, learn, work and play!



Like us on **Facebook**

Event Updates and Current Trail Info... www.facebook.com/FluvannaParksandRecreation **Send us an email:** pghmuseum@fluvannacounty.org

Financial Assistance

Fluvanna County Parks and Recreation offers scholarships to Fluvanna County residents who qualify. Please fill out a scholarship application and provide a copy of your most recent pay stub for management to review.

You can find the form on the Parks and Recreation website or at one of our offices. Each household member is allowed one discounted program per program guide.

Volunteer Opportunities

We are committed to working cooperatively in the development of programs and amenities to identify and meet the needs of our citizens. Become an active partner with us as we strive to improve the quality of life for all Fluvanna County residents.

Interested in Teaching a Class?

Teaching doesn't have to be hard! We will help you. Tell us what you would like to teach, we will help you create a curriculum, advertise the program, and bring you the students.

Call (434) 589 - 2016 for information.

HOW TO REGISTER FOR PROGRAMS:

Registration for all programs opens when the current program guide is distributed. You must be registered by the registration deadline for a program.

You must be registered to participate in a program, unless listing states otherwise. Register online at https://fluvanna.recdesk.com and click "Log In".

Register in person at the following locations during business hours:

Pleasant Grove House Museum. 271 Pleasant Grove Drive, Palmyra, VA 22963

Monday - Friday, 8 AM - 5 PM. Please call (434) 589-2016 before arriving to Pleasant Grove House.

Fluvanna Community Center, 5725 James Madison Highway, Fork Union, VA 23055

Monday - Friday, 8AM - 5PM. Please call (434) 842-3150 before arriving to community center.

Payment is due one week before program starts. A \$20 charge is added for returned checks.

Refund Policy: Refunds may be given when requested provided the request is made prior to the start of the activity. A \$10 service charge will be deducted from the refund unless the cause is due to a change in the class schedule. If supplies were purchased on your behalf, that amount may also be deducted from your refund. Allow up to 30 days for your refund to be returned. A \$20 service charge will be assessed for any returned checks.

Prices, event dates and times are subject to change due to unforseen circumstances.

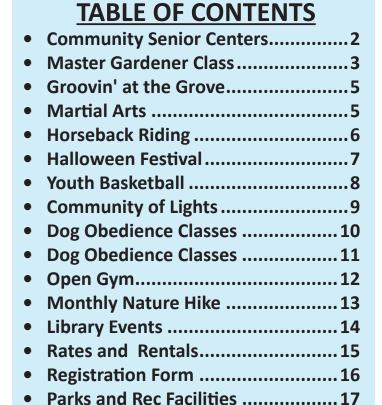
COURSE INSTRUCTORS DO NOT COLLECT FEES AND CANNOT SIGN YOU UP FOR A PROGRAM.

FCPR INCLEMENT WEATHER POLICY: In the event of inclement weather, the Fluvanna County Parks and Recreation Department's sponsored activities will be cancelled when Fluvanna County Public Schools are on a delay or closed due to inclement weather. Programs may be postponed to another date or a refund may be issued when applicable. Visit our Facebook page @ www.Facebook.com/FluvannaParksandRecreation for current announcements or call our office at (434) 589-2016, Monday - Friday 8AM - 5PM.

Scan for Scholorship Application Form -----









COMMUNITY SENIOR CENTERS



⇒ Cunningham Community Senior Center

10AM - 2PM on Mondays at VFW Post 8169.

2977 West River Road, Scottsville VA 24590



⇒ Troy Community Senior Center

10AM - 2PM on Tuesdays at Beaver Dam Baptist Church.

1794 Richmond Road, Troy VA 22974



⇒ Fork Union Community Senior Center

10AM - 2PM on Wednesdays at the Fluvanna Community Center

5725 James Madison Highway, Fork Union VA 23055



Kents Store Community Senior Center

10AM - 2PM on Thursdays at the Agricultural Recreation Center.

ARC, 111 Kents Store Way, Kents Store VA 23084

MEMBERSHIP: There is no cost to be a Member. You must be at least 55 years old and register at your first meeting, and then attend regularly, (2 out of 3 meetings) in order to be considered a Member.

CENTER DAYS: When not on a trip, we are open; 10AM - 2PM. Visitors and volunteers are welcome. *We socialize, exercise, play games, do crafts, plan trips.* You can visit as your schedule allows. However, if you'd like to get a meal provided by FCPR while you're there, you must sign up with Faith Stuart at FCPR at least a day in advance.

Each facility has a refrigerator, if you'd like to bring your own beverage/snacks/lunch.

SENIOR RESOURCES: Being a Member, means you will be alerted regarding services offered to seniors by any of our community partners.

TRIPS: Center Trips are planned for, and catered to, the membership of each center. FCPR offsets costs of trips for our Members. What each Member will pay is decided on, at least two weeks in advance of the trip, and can be paid to FCPR, up to the morning of the trip.

LARGER TRIPS: Being a Member, includes you in the larger group of all four centers. This means you will be invited to attend FCPR's larger events and trips.

For more information or to subscribe to receiving informational emails, contact Faith Stuart: 434-842-3150 (Office) 434-270-3245 (Work Cell) fstuart@fluvannacounty.org

Cunningham Mondays:			٥
9/8	•	9/22	
•	•	10/20	
11/10	•		
12/8	•	12/29	

Tuesdays:			
9/2 •	9/30 10/28*		
10/7 • 11/18 •	10/28		
12/2 •	•		
* at Salem			

Trov



Thursdays:			
9/4	• 9/18		
10/9	• 10/23		
11/6	• 11/20		
12/4	• 12/18		

Kents Store

Attention Veterans and Dependents! Do you know your Veterans Benefits? We do! Virginia Department of Veterans Services www.dvs.virginia.gov
For an appointment call Jeannette Flint (434) 529 - 6431

BECOME A FLUVANNA MASTER GARDENER

Pursue your personal interest • Make new like-minded friends Help the community • Support the environment

Class of 2026 conducted from mid-January to late April. Weekly evening online classes plus several Saturday field experiences. Information and registration at www.fluvannamg.org

- Basic botany
- Soils, nutrients, fertilizers
- Insects
- Plant pathology and stress
- Diagnosing plant problems
- Integrated pest management
- Vegetables and fruits in home gardens
- Lawns
- Herbaceous plants
- Landscape design
- Water quality and conservation
- Virginia native plants

Topics included in evening online classes: Saturday morning hands-on experiences:

- Plant propagation
- Woody plants
- Pruning
- Habitats for Wildlife
- Gardens and farm visits



What do Master Gardeners do? How to join their efforts.

Master Gardener volunteers share an interest in horticultural practices that are sound, sustainable, and environmentally applicable to their specific local ecosystem. The nationwide network is trained and supported through the USDA Cooperative Extension program that has focused on best practices for agriculture, food production, and home gardening for more than 110 years. Fluvanna Master Gardeners is the very active local chapter..

Each Master Gardener successfully completes a 50-hour training program encompassing the full spectrum of topics encountered within the home garden. Following training, 50 hours of volunteer service is required. In subsequent years, education and service requirements continue.

The Fluvanna Master Gardener training program begins in mid-January and runs through late April. Classes are held Thursday evenings online and are presented by Virginia Tech University professors or recognized experts in their fields. Several field experiences with experienced Master Gardeners are held at local sites on Saturdays. There are attendance and homework requirements. An experienced Fluvanna Master Gardener mentor is assigned to each student.

Cost is \$200, which covers all course expenses and the course text. Scholarships are available. Further information and application are available through the website www.fluvannamg.org Or, contact Brittney Redman at (434) 591-1950, or bredman@vt.edu

Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture (USDA), and local governments, and is an equal opportunity employer. For the full non-discrimination statement, please visit ext.vt.edu/accessibility



Virginia Cooperative Extension

Virginia Tech. • Virginia State University



JEFFERSON SPEEDBOAT

VIRGINIA IS FOR





PRODUCTIONS



FREE LIVE MUSIC with Jefferson Speedboat • Saturday, September 13th from 5-7PM • Food Trucks and a BEER Garden from 4-7PM. Jefferson Speedboat is a 5-piece band based in Fluvanna County. Their blend of rock, folk and blues is influenced by the likes of Hoyt Axton, Van Morrison and Bob Dylan, creating a musical experience that keeps audiences coming back for more. Singer and songwriter Kenn Herrington on guitar, Thom Bronez on keyboards and vocals, James Schoenster on bass and vocals, Scott Murdoch on rhythm guitar and vocals, and Steve Waller on drums and vocals. www.jeffersonspeedboat.com

FOOD TRUCKS: Arepas on Wheels and Tasty Vittles'

Pleasant Grove Park, 271 Pleasant Grove Drive, Palmyra, Virginia 22963 ● (434) 589-2016

MARTIAL ARTS

AFTER SCHOOL KARATE / TAE KWON DO

Ages 5+ / \$58 - Six Weeks / Wednesdays, Dates and Times Below / Carysbrook Gym Afterschool Tae Kwon Do Karate will begin on Wednesday, Sept. 3, 2025. This martial arts is a branch of Grand Master Dong's, whose headquarters is in Richmond. In this 6-week session, beginner students will learn the basics (front snap kick, blocks, punches and self-defense grabs). The classes help improve self-confidence and self-discipline while learning how to protect and defend. Skills are taught and reinforced with fun learning skills (targets, stations, partners and blocking games). Students are always learning while never getting bored. Colored belt students will continue to learn their requirements for their next ranking belt. Taught by 6th Degree Master Bonnie Snoddy.

AFTER SCHOOL KARATE WHITE BELTS SESSION 1: Sept 3 - Oct 8 / 3:30 - 4:15pm
 AFTER SCHOOL KARATE COLOR BELTS SESSION 1: Sept 3 - Oct 8 / 4:30 - 5:15pm
 AFTER SCHOOL KARATE WHITE BELTS SESSION 2: Oct 15 - Nov 19 / 3:30 - 4:15pm
 AFTER SCHOOL KARATE COLOR BELTS SESSION 2: Oct 15 - Nov 19 / 4:30 - 5:15pm

Register for all programs online: https://fluvanna.recdesk.com

JAPANESE SHORIN-KEN KARATE-DO

Ages 13+ / \$50 - Six Weeks / Tuesdays and Thursdays / Mornings and Evenings Fluvanna Community Center / Class Minimum 1 - Class Maximum 12

Martial arts training is guided by Dr. Cynthia T. Ferguson, PhD, a 6th degree black belt in Shorin-Ken Karate-do. Dr. Ferguson also continues her own training in various levels of Kobudo (traditional Japanese weapons), Iaido (sword) and other martial arts.

Beginner and advanced martial arts students are welcome.

DNBK's information can be located here. https://www.dnbk.org

Students will need to pay the fee for membership in DNBK (annual) and fees for their uniforms.

- JS KARATE SESSION 4: Sept 16 Oct 28 (No Class 10/23 & 10/30) / 10 11AM
- JS KARATE SESSION 5: Sept 16 Oct 28 (No Class 10/23 & 10/30) / 5 6PM
- JS KARATE SESSION 6: Nov 6 Dec 23 (No Class Nov 11 & Nov 27) / 10 11AM
- JS KARATE SESSION 7: Nov 6 Dec 23 (No Class Nov 11 & Nov 27) / 5 6PM
- JS KARATE SESSION 1: Jan 6 Feb 12 (Make Up Days Feb 17 & 19) / 10 11AM
- JS KARATE SESSION 2: Jan 6 Feb 12 (Make Up Days Feb 17 & 19) / 5 6рм



Register online: https://fluvanna.recdesk.com
Questions, call Fluvanna County Parks and Recreation at (434) 589-2016 or Scan this QR Code......



HORSEBACK RIDING CLASSES

HORSEBACK RIDING CLASSES AT EQUUS SPRINGS FARM

Hunt Seat and Western Lessons Available / Instructor: Heather Antonacci

Ages 6 - 96 / 4 week class / \$140 / Equus Springs Farm / Class size limited

Equus Springs Farm Horseback riding classes are open to all levels of riders, ages 6 to 96. (Weight limit 170#). Beginners learn grooming, tacking up, leading, and riding. More advanced riders may learn to jump courses, do lead changes, ride patterns, ride equitation tests, and so much more. Each rider learns at their own pace and level within the program. School horses and ponies available in a wide range of sizes and abilities to suit each rider. Each class is 4 weeks long. Group lessons are an hour long, but tend to run over time. Riders should come in long pants, need to wear shoes/boots with a separate heel (no sneakers), and dress for the weather.

Class size is limited to three new students per session.

•	Session 1: Saturdays	Sept 20 - Oct 11	9:00 - 10:00AM
•	Session 2: Fridays	Sept 26 - Oct 17	6:00 - 7:00рм
•	Session 3: Saturdays	Oct 18 - Nov 8	10:30 - 11:30AM
•	Session 4: Thursdays	Oct 30 - Nov 20	4:30 - 5:30PM
•	Session 5: Saturdays	Nov 22 - Dec 13	9:00 - 10:00AM
•	Session 6: Fridays	Dec 5 - Dec 26	6:00 - 7:00pm





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Register online: https://fluvanna.recdesk.com
Questions, call Fluvanna County Parks and Recreation at (434) 589-2016 or Scan this QR Code......



Pleasant Grove Disc Golf Volunteer Work Day

September 27, 2025, 9AM-1PM

Get your work gloves and join us for a day of Volunteer Trail Maintenance on the Pleasant Grove Disc Golf Course! Call FCPR at (434) 589-2016 for more info. Sign up online now: https://fluvanna.recdesk.com/Community/Program/Detail?programId=1699







Sponsor a Disc Golf Basket & Tee Pad at Pleasant Grove's Disc Golf Course! Sponsorships are \$150 for the first year, and \$100 per year for each following year.



YOUTH BASKETBALL

LITTLE TYKES BASKETBALL DEVELOPMENT

Ages 3-4 / Saturdays Nov 1 -Dec 13 (No Class Nov 29) / 9-10AM / \$65 / Carysbrook Gym Players will learn the basics of basketball and skill development.

This program is designed to introduce your child to the fundamentals of basketball while participating in fun skill exercises, relays and game-like situations. This program is taught by Coach Harold Boyd, an experienced basketball coach. He is patient, knowledgeable and understanding and will lead all clinics and games.

All sessions are organized by age. *Open until filled. Space is limited! Max 20 participants.*

MIGHTY MITES BASKETBALL DEVELOPMENT

Ages 5-6 / Saturdays Nov 1 -Dec 13 (No Class Nov 29) / 10-11AM / \$65 / Carysbrook Gym Players will learn the basics of basketball and skill development.

This program is designed to introduce your child to the fundamentals of basketball while participating in fun skill exercises, relays and game-like situations. This program is taught by Coach Harold Boyd, an experienced basketball coach. He is patient, knowledgeable and understanding and will lead all clinics and games.

All sessions are organized by age. Open until filled. Space is limited! Max 20 participants.

FCPR BASKETBALL LEAGUE

Ages 7 - 18 / Deadline to sign up Nov 16 / \$80 / Carysbrook Gym practices begin on 12/1/2025 - Games are on Saturday, Starting at 9AM on 1/3/2026 Season ends around 3/14/2026 (makeup dates for snow days permitting).

The FCPR Basketball League is an excellent place for players to learn good sportsmanship and fair play. Participants must meet age requirements by February 1, 2026. Teams will practice once a week between Monday and Thursday. The team selection process will be based on a player evaluation and last season participation.

Evaluations will be held at Carysbrook Gym, see dates and times below. Jersey sizes will be taken during their evaluation. Special request for coaches and teammates will be evaluated on a case-by-case basis. All children are required to play half of each quarter of the game. Games are on Saturday mornings, starting at 9AM.

EVALUATION TIMES & DATES: Evaluations will be held at Carysbrook Gym.

Age Range:	Date:	Time:
7-8 year olds	Nov 8	1-4PM
9-10 year olds	Nov 8	1-4PM
11-13 year olds	Nov 15	1-4PM
14-17 year olds	Nov 15	1-4PM





Register online: https://fluvanna.recdesk.com

* COACHES & REFS ARE NEEDED! Contact Brendan Krett at (434) 589 - 2016

Drive Through and Enjoy the Lights! Pleasant Grove Park's Community of Lights Celebration!

December 11th through the 14th, 2025
5PM until 9PM

Enjoy a Holiday-Light-Drive-Through-Loop at Pleasant Grove Park... 271 Pleasant Grove Drive, Palmyra

(Right next door to the Fluvanna County High School off of Route 53)

Event is FREE and open to the public!

Contact Fluvanna County Parks and Recreation at (434) 589-2016 with any questions

We are looking for businesses, organizations, groups, clubs, scout troops, churches, families or anyone who would like to set up a family friendly holiday light display. FCPR will supply electricity!

To set up a family friendly holiday light display please Register Online Free:



DOG OBEDIENCE TRAINING

About the Instructor: Upon graduating from UVA, Ashleigh Morris looked to the dog world for a career path. Her natural ability with dogs led her to pursue a career in dog training. Studying under an Animal Behavior Consultant, Ashleigh learned a variety of skills to help people learn to more effectively communicate with their dogs as well as solve their dog's behavior problems. She also learned to train dogs and humans in the basic skills needed to enhance the human - animal bond. Ashleigh has been training on her own since 2005 and continues to expand her knowledge and education in order to help people mold their dogs into the perfect companions. She uses positive reinforcement methods. Ashleigh also offers private training sessions. To learn more about what training opportunities will work best for your personal goals, visit www.fluvannadogs.com or contact her at (434) 589-7209 (landline) aymorris@hotmail.com

BEGINNING OBEDIENCE CLASS

Ages 10+ / \$125 per Session / Times Below / Classes are 1 Hour

Class Minimum 4 Dogs - Class Maximum 6 Dogs / Dog Spot @ Fluvanna Community Center

Dogs will be dogs until humans teach them manners. Learn how to positively motivate your dog to learn how to live in the human world. This class teaches sit, look, down, stay, come, leave it, and loose leash walking - all building blocks to a well-mannered dog. Typical behavior problems and solutions for biting, barking, and many other issues will be discussed. Dogs of all ages with up-to-date shots are welcome.

K9 BOC Session 1: Mondays and Thursdays, Sept 8, 11, 15, 18 & 22 / 6:45PM

K9 BOC Session 2: Mondays and Thursdays, Oct 6, 9, 16, 20 & 23 / 5PM *skips Columbus Day

K9 BOC Session 3: Mondays and Thursdays, Nov 3, 6, 10, 13 & 17 / 5:30PM

K9 BOC Session 4: Mondays and Thursdays, Dec 1, 4, 8, 11 & 15 / 2PM

CONFIDENCE CLASS

Ages 10+ / \$135 / Class Minimum 4 Dogs - Class Maximum 6 Dogs / Dog Spot @ Fluvanna Community Center

Confidence Class helps dogs to build their confidence through the use of beginning low-impact agility equipment and advanced dog training skills. Learning new skills and trying new things helps dogs overcome fears and gain confidence. It's a fun way to practice basic commands and take them to the next level. This is a good follow-up class to Beginning Obedience for any dog.

Prerequisite: Beginning Obedience Class or private training with Ashleigh.

K9 CC Session 1: Mondays and Thursdays, September 8, 11, 15 & 18 / 5:30PM

INTERMEDIATE OBEDIENCE CLASS

Ages 10+ / \$135 / Dates Below / Class Minimum 4 Dogs - Class Maximum 6 Dogs Dog Spot @ Fluvanna Community Center

Intermediate Obedience Class takes your dog's beginning skills to the next level. Holding the commands longer, more distractions, hand signals and voice-controlled walking. Making the skills more practical is the goal. **Prerequisite:** Beginning Obedience Class or private training with Ashleigh.

K9 IOB Session 1: Mondays and Thursdays, November 3, 6, 10 & 13 / 4:15PM

CANINE GOOD CITIZEN CLASS

Ages 10+ / \$135 / Dates Below / Class Minimum 4 Dogs - Class Maximum 6 Dogs Dog Spot @ Fluvanna Community Center

Canine Good Citizen Class helps dogs to expand their skills and prepare them to take the AKC CGC Test. The class covers the ten skills required in the test to include: sit to greet, grooming, passing other dogs, come, stay, down, and more. The last class will be the test and the student can decide if they want to take a practice test or pay for the certification test.

K9 CGC Session 1: Mondays and Thursdays, October 6, 9, 16 & 20 / 6:15рм *skips Columbus Day

K9 CGC Session 2: Mondays and Thursdays, December 1, 4, 8 & 11 / 3:15PM

DOG OBEDIENCE TRAINING

CLINICS

Ages 10+ / \$50 per Clinic / Times Below / Dog Spot @ Fluvanna Community Center Class Minimum 4 Dogs - Class Maximum 6 Dogs

Questions about your dog's obedience level? Please contact Ashleigh at aymorris@hotmail.com

Prerequisite-completing a class or working with Ashleigh privately, basic skills are required to get the most out of the Clinics. The Clinics are a perfect way to practice your dog's skills in a practical setting and take them to the next level. No two Clinics are the same. The Clinics are designed as semi-private sessions. Once Ashleigh receives the registration list, she will reach out to inquire what your main goal is in taking the Clinic. She then takes the goals of all students and comes up with a personalized Clinic to benefit each pup/person team. We work on things like greetings, having your dog respond in the presence of distractions, commands at a distance and other fun things to build on your dog's skills and manners. No need to commit to a weekly schedule, this one-hour clinic will give you the tools to continue the practice on your own.

K9 Clinic 1: Thur, Sept 4 / 2PM **K9 Clinic 2:** Wed, Sept 24 / 5:30PM

K9 Clinic 3: Wed, Oct 1 / 11AM **K9 Clinic 4:** Tue, Oct 14 / 5PM

K9 Clinic 5: Wed, Nov 5 / 6PM

K9 Clinic 6: Tue, Nov 18 / 2PM

K9 Clinic 7: Tue, Dec 2 / 1PM

K9 Clinic 8: Wed, Dec 10 / 5PM



LECTURE SERIES: THINKING OF GETTING A DOG? Ages 10+ / Dates Below / 6PM / Fluvanna Community Center

\$30 individual / \$50 for a couple / \$60 for a family of 4

This one hour lecture will address many things that need to be considered when adding a new furry member to your family. "Should I get a puppy or adult dog, from a breeder or rescue, what breed is the best fit for my lifestyle?" Things can get a bit confusing in this process! Ashleigh will present information that will help you to not only make the best decisions but also include insight into how to prepare your home and life for your new furry addition.

K9 Lecture 1: Wednesday, November 12

K9 Lecture 2: Tuesday, December 9

A NEW LEASH ON SOCIETY CLINICS

Ages 10+ / Dates and Locations Below / \$65 per Clinic / Minimum of 2 Dogs - Max of 4 Dogs Practicing public behavior around FluCo. Per students' requests, the Dog Spot is taking it to the streets! In these one-hour clinics students will meet at locations around Fluvanna to practice with their pups in real life settings. We'll be taking their skills to an even more practical level as they have fun outings. Dog etiquette and safety will also be discussed. As with the Dog Spot Clinics, Ashleigh does her best to personalize the New Leash on Society Clinic to meet each dog's individual needs and goals, making each Clinic unique to the students participating. Prerequisite-completing a class or private training with Ashleigh.

K9 New Leash Clinic 1: Ace Hardware / Wednesday, September 10 / 4:30PM

K9 New Leash Clinic 2: Court Square / Tuesday, September 30 / 3PM

K9 New Leash Clinic 3: Court Square / Wednesday, October 22 / 11:30AM

K9 New Leash Clinic 4: Tractor Supply / Tuesday October 28 / 5:30PM

K9 New Leash Clinic 5: Ace Hardware / Wednesday, November 12 / 3PM

Tractor Supply / Tuesday, November 25 / 6PM **K9 New Leash Clinic 6:**

Tractor Supply / Wednesday, December 3 / 5:30PM **K9 New Leash Clinic 7: K9 New Leash Clinic 8:** Ace Hardware / Wednesday December 17 / 3PM



OPEN GYM

OPEN GYM / Fall 2025 Open / Free / Carysbrook Gym

Fall Hours end the week before FCPR Basketball Evaluations on November 21, 2024

Hours subject to change and closure. Call (434) 589-2016 or check our Facebook page for current hours and closures. www.Facebook.com/FluvannaParksandRecreation

Mondays Volleyball: 6 - 9PM

Tuesdays Basketball: 6 - 9PM

Wednesdays ⇒ Pickleball: 6 - 9PM

Thursdays ⇒ Basketball: 6 - 9PM

 Saturdays Pickleball: 6 - 9PM \Rightarrow





PICKLEBALL OPEN GYM / Fall 2025 / Free / Carysbrook Gym

As of November 26, 2025, Pickelball Open Gym will only be on Saturdays

Pickleball is a cross between Ping Pong, Tennis, and Badminton and is the fastest growing sport for athletes 50 and over! Players use oversized wooden paddles and a whiffleball that moves and bounces slower than a tennis ball. The game is played on a badminton-sized court that is divided by a 34 inch high net making the game easier for athletes to cover the court. It's fast paced, easy to learn, great exercise, and a lot of fun!

Paddles and balls are provided. Come and join the FUN!!!

Scan QR Code for Directions to Carysbrook Gym... 8788 James Madison Highway, Fork Union, VA 23055



PLEASANT GROVE PARK AND ALL TRAILS WILL BE CLOSED Friday, December 19, 2025 For the Annual Wheelin' Sportsman Event

The Virginia Wheelin' Sportsmen is an outreach program of the Virginia State Chapter of the National Wild Turkey Federation, dedicated to providing exciting outdoor opportunities to all people with disabilities.



For more information call FCPR at (434) 589-2016





Pleasant Grove Park: A Natural Experience

Virginia Master Naturalist led monthly hikes at Pleasant Grove Park Bring the family and enjoy a Virginia Master Naturalist-led Monthly Hike on the first Saturday of the month, meets at 10AM.

Please register in advance for free: https://fluvanna.recdesk.com

- **September 6:** Meet at the Dog Park Kiosk to walk the Sandy Beach and Princess Anne Trails. Lots will be happening in the natural world as summer winds down! Fall migration will begin for the birds, pollinators will be searching for late blooming flowers, and we'll see what is happening on the river as summer comes to a close. We'll walk about a mile on these flat trails through the woods and by the Rivanna River.
- October 4: Meet at the Equestrian Parking Area. Join us for a fall nature walk on the Birding Trail! Did you know that birds fly over Fluvanna County by the thousands during fall migration? Find out how meadow habitat provides crucial support to birds during seasonal migrations, and how it supports other wildlife in the fall as well. We will walk about a mile on this relatively flat grassy trail.
- **November 1:** Meet at the parking lot behind the Fluvanna Library. Experience the natural world with a walk on Deep Creek's wooded trails, where fallen leaves allow us a more expansive view of the landscape around us. Learn about the myriad of woodland creatures who benefit from newly fallen leaves, and other fall happenings! We'll take about a mile walk on trails with mostly gentle inclines and a few moderate hills. Seasonal rains may create a few small streams on the trails; waterproof footwear recommended.
- **December 6:** Meet at the pollinator garden. Join us for a nature walk on parts of the Self-guided and Heritage Trails. It's a great time to see seasonal changes in the forest; the greens of the pine trees contrasting with the silhouettes of leafless trees and dormant plants. We'll look for evidence of who calls this forest home and how they are adapting to the season changes in their habitat. We'll walk about a mile on these trails with gentle slopes.
- January 3: Meet at the Rock Brook Trailhead Kiosk. Start the New Year with a crisp winter walk on the Quail Trail! Meadows are barren and deserted in winter... or are they? We'll walk through the meadow and enter a pine forest to learn about who lives in each and how they thrive and survive in January. We'll walk about a mile on these relatively smooth trails with gentle inclines.

Please wear appropriate hiking attire, good walking shoes. Please bring a full water bottle and a snack.

Please Pre-Register, Children MUST be accompanied by a parent or responsible adult.

The following nature experience opportunities are available whenever you visit Pleasant Grove Park:

- Visit the Nature Room in the Summer Kitchen with interpretive exhibits and animal artifacts native to the park.
- Visit the native plant Butterfly Garden (brochure available).
- Chestnut Restoration Demonstration Plot; learn about the effort to restore a once dominant tree to our forest (brochure available).
- Self-Guided Nature Hike starting at the Cross Hill Trailhead Kiosk near the Butterfly Garden.
- Hike on one of the 23 trails covering over 20 miles. Trail Maps available at trailhead kiosk and at the Pleasant Grove House Museum.
- Go birding Walk in the Park, observe wildflowers, native grasses and wildlife. Bird ID field guides and checklist available at the Pleasant Grove House and the Fluvanna County Library.
- Hike the arboretum Tree ID Trail behind the Library to observe 23 native tree species identified by interpretive plaques. Youth scavenger hunt brochures available, with prizes for completion, at the Fluvanna County Library.
- Observe one of the Bluebird, American Kestrel, Bat or Eastern Screech Owl Nesting Boxes located throughout the park.
- Walk the Rail Trail in the Village of Palmyra, using the new interpretative Nature and History Walk Guide.

Brochures, guides and maps are available at the Pleasant Grove House Museum and the Library. Groups, field trips, church groups, history groups, home school, scouts; Please call the Pleasant Grove House Museum at (434) 589-2016 to arrange for a guided tour of the museum or guided hike at the park.

Visit <u>www.vmn-rivanna.org</u> and <u>www.rivannariver.org</u> for more nature opportunities in Fluvanna County. To check trail conditions, call the Pleasant Grove House Museum at (434) 589-2016 the day of the hike or visit www.Facebook.com/FluvannaParksandRecreation

2025 FALL EVENTS @ THE FLUVANNA LIBRARY

Fluvanna County Public Library, 214 Commons Blvd., Palmyra, VA 22963 www.fcplva.org (434) 589-1400 fluvannalibrary@gmail.com

Mix It Up Mondays – Monday, September 22 – Monday, November 17 - 10-11AM. No registration needed. Calling all little library friends! Now is your time to socialize, do a "craftivity" & listen to music. Ages 2-5

Terrific Tuesdays – Tuesday, September 23 – Tuesday, November 18 – 3-5PM. No registration needed. Computer Lab takeover! Kids are welcome to use our lab to play games, practice classroom skills, or explore the internet. Ages 6-8 (Adult supervision is required!)

Wee-Ones Wednesdays – Wednesday, September 24 – Wednesday, November 19 – 10-11AM. No registration needed. A playgroup perfect for babies & their favorite grown up! No pressure, just fun – board book baskets & manipulatives! Ages 0-2.

Totally Tween Thursdays – Thursday, September 25 – Thursday, November 20 – 3-4PM. No registration needed. Set up a tweenage get together with friends at the Library. New J F book releases & tween activity/craft. Ages 9-12

Family Fridays – Friday, September 26 – Friday, November 21 – 9:30AM/10AM. No registration needed. Start the weekend off right with your family! All ages.

- 9:30AM New EASY book releases
- 10AM Storytime with Mrs. Erinn.
- 2-4PM Fort Making

Friends of the Library Annual Book Sale - Hours of the Library.

- Thursday, October 2 Saturday, October 4 Full Price (Oct. 4 Bake Sale)
- Monday, October 6 Saturday, October 11 ½ Price
- Tuesday, October 14 Saturday, October 18 \$5/bag

Early Dismissal Afternoon FUN! Friday, October 10 – 1PM. Crafts & 2PM.

Movie: How to Train Your Dragon (PG) FREE Movie & Popcorn! No registration needed. "No School Today" Activities & Movie - Monday, November 3 – All DAY Activities & - 2 p.m. Movie: Lilo & Stitch 2 (PG) FREE Popcorn! No registration needed.

Friday Movies @ the Library - Every 1st and 3rd Fridays at 2PM. ONLY starting in November. No movies in Sept. and October due to book sale set up and sale.

Spice of the Month Club - 4th Saturday of every month at 10AM. Information about the spice, recipes and a sample of the spice while supplies last.

Crafts Days @ Fluvanna Library! No registration needed. All Ages.

- Halloween Crafts Friday, October 24 Friday, October 31
- Day of the Dead Crafts Friday, October 31 Saturday, November 1
- Veterans Day Crafts Friday, November 7 Monday, November 10
- Fall Crafts Friday, November 14 Monday, November 17
- Thanksgiving Crafts Wednesday, November 19 Saturday, November 29
- Make a Gift to Give Coming in December!

BOOK SALE!



The Friends of the Library sponsor all programs. Please contact the Library for more information or with any questions: Fluvanna County Public Library, 214 Commons Blvd., Palmyra, VA 22963 – (434) 589-1400 or via email at fluvannalibrary@gmail.com

RENTALS & RATES

Fluvanna County Parks and Recreation rents facilities for weddings, receptions, meetings, conferences, lectures, dances, luncheons, parties and family reunions. Facilities and equipment are listed below. Refunds may be given when requested ONE WEEK PRIOR TO THE START OF THE RENTAL. A \$10 service charge will be deducted from the refund unless the cause is due to a change in the class schedule.

Pleasant Grove Park

Athletic Fields: \$25/hour Baseball, Softball, Soccer Tournaments: \$75/day

Pole Barn: \$150/All Day/\$200 Deposit Pole Barn: \$80/Half Day/\$200 Deposit

Horseback Trails: \$8/ Daily

Outdoor Stage: \$150/day/\$200 Deposit

Eastern Trailhead Pavilions (Dog Park)

Large Pavilion: (40 people) \$50/day/\$200 Deposit Small Pavilion: (25 people) \$25/day/\$200 Deposit

Fluvanna Community Center

Meeting Room: \$30/hour/\$200 Deposit Auditorium: \$90/hour/\$200 Deposit

Carysbrook Sports Complex

Athletic Fields: \$25/hour/\$200 Deposit Tournaments: \$75/day/ \$200 Deposit Gymnasium: \$80/hour/\$200 Deposit

Civil War Park

In Palmyra, VA 1/2 acre with picnic tables,

near the Old Stone Jail Museum.

Contact FCPR for info: (434) 589 - 2016

<u>Tables</u>

Rectangular: \$6 each per day/\$200 Deposit

Round: \$8 each per day/\$200 Deposit

Chairs

\$4 each per day/\$200 Deposit

Big Tent

18' x 30' Tent Canopy \$150 per day/\$200 Deposit

Small Tent

14' x 20' Tent Canopy \$100 per day/\$200 Deposit

FCPR RENTAL FORMS SCAN ME SCA

KAYAK LIVERY at PLEASANT GROVE

KAYAKS/\$25 per day/\$200 security deposit \$45 per weekend /\$200 security deposit Call (434) 589-2016 to arrange rental.

Rentals call Fluvanna County Parks and Recreation at (434) 589-2016 Fluvanna County... A great place to live, learn, work and play!







Registration Form

First Name



PAYMENT MUST ACCOMPANY THIS FORM Make checks payable to "FCPR" P.O. Box 70, Palmyra, VA 22963 (434) 589-2016

Middle Initial

Mailing Address					
Email Address					_
Home Phone					
Emergency Contact: Nam	e		Phone		
Shirt Size: □Youth	□Adult □Small □M	1edium □Large □X-Larg	ge		
Special Needs/Disabilities	S	Allergies			
Household Members:					
Name:			Birth Date:	/	/
Name:				/	/
Name:				/	/
Name:			Birth Date:	/	/
Activity Title	Date(s)	Time(s)	Fee (not	ı-resident ad	ld 15%
	Λ.	ssumption Of Risk			
understand the nature of the with participating in recreation of that of other participants. hild will be expected to behave discipline my child in a manaw, both Fluvanna County and while participating in the accurrences. With all this in many child to be transported by	activity in which I am (nat activity and that it is If this consent is given twe in a reasonable and runner similar to that imported its employees are inctivity and that I may mind, I hereby give my contact in the co	my child is) being enrolled. the duty of each participant for my child, I also underst esponsible manner and that osed in Fluvanna County's parmune from liability for ne consider procuring insurationsent to enroll myself (my	to exercise reasonable ca and that, while participat the activity's supervisory public schools. I understa gligence should I (my cl nce to protect myself (child) in the activity ind	are for their of ing in the act staff has the and that under hild) suffer a my child) fricated. I also	wn safe tivity, r author r Virgir my inju rom su agree f
Signature of Participant or					

purchased on your behalf, that amount may also be deducted from your refund. Allow up to 60 days for your refund to be mailed.

Check #

Cash

A \$20 service charge will be assessed for any returned checks.

Office Use Only: Rec'd Date

FLUVANNA COUNTY PARKS AND RECREATION FACILITIES

Pleasant Grove House **Museum & Visitor Center**

271 Pleasant Grove Drive Palmyra, VA 22963 (434) 589-2016

- Parks and Rec Office
- County Welcome Center
- **Transportation Museum**
- Summer Kitchen
- Nature Room

www.fluvannacounty.org/parksrec

Fluvanna Community Center

5725 James Madison Highway Fork Union, VA 23055 (434) 842-3150

- Parks and Rec Office
- Fork Union Active Older Adults Center
- Playground
- Classrooms
- Rentals All Year Long

Pleasant Grove Park and Western Trailhead

271 Pleasant Grove Drive Palmyra. VA 22963

- Hiking, Biking and Equestrian Trails
- Pole Barn
- Playground
- Athletic Fields, including Disc Golf
- **Butterfly Garden**
- **Outdoor Stage**

8788 James Madison Highway

- Athletic Fields
- Gymnasium
- Playground
- Picnic Shelter

Event Updates, Photos and Trail Info...

www.Facebook.com/FluvannaParksandRecreation

Carysbrook Sport Complex

Fork Union, VA 23055

FLUVANNA COUNTY COMMUNITY PARTNERS

Fluvanna County Extension Office

5725 James Madison Highway Fork Union, VA 23055 (434) 591 - 1950

Department of Social Services

8880 James Madison Highway Fork Union, VA 23055 (434) 842 - 8221

Child Services Act

132 Main Street Palmyra, VA 22963 (434) 591 - 1933

Fluvanna County Library

214 Commons Boulevard Palmyra, VA 22963 (434) 589 - 1400

School Board Office

14455 James Madison Highway Palmyra, VA 22963 (434) 589 - 8208

Fluvanna County Sheriff's Office

160 Commons Boulevard Palmyra, VA 22963 (434) 589 - 8211 www.fluvannacountv.org/sheriff

Fluvanna Art Association

www.fluvannaart.com



Fluvanna County Historical Society

14 Stone Jail Street or PO Box 8 Palmyra. VA 22963 fluvannahistory@gmail.com (434) 589 - 7910 www.fluvannahistory.org

Jefferson Area Board for Aging

674 Hillsdale Dr. Ste. 9 Charlottesville. VA 22901 jabacares@gmail.com (434) 817 - 5222

Fluvanna Heritage Trail Foundation

PO Box 501 Palmyra, VA 22963 (434) 589 - 4839

Fluvanna Master Gardeners

(434) 591 - 1950 www.fluvannamg.org

Fluvanna Arts Council

Box 210 Palmyra, VA 22963 Info@Carysbrook.org (434) 842 - 1333

Fork Union Military Academy

4744 James Madison Highway Fork Union VA 23055 (434) 842 - 3212 www.forkunion.com

Girl Scouts of Virginia Skyline

Pleasant Grove Dog Park and

110 Thomas Jefferson Parkway

for large and small dogs

Pleasant Grove Disc Golf Course

18 hole disc golf course

Village of Palmyra, VA 22963

1/2-acre with picnic tables, near the Old Stone Jail Museum

Dog Park with 3 fenced areas

Eastern Trailhead

Palmyra, VA 22963

ADA Trailhead

Picnic Shelters

271 Pleasant Grove Drive

Fitness Trail

Hiking Trails

Palmyra, VA 22963

Civil War Park

info@gsvsc.org (540) 777-5100 www.gsvsc.org

Scouts BSA

Boy Scouts of America info@virginiaheadwaters.org (540) 943-6675

www.vahcbsa.org/monticello

Fluvanna Farm Bureau

15905 W. River Road Fork Union, VA 23055 fluvanna@vafb.com (434) 842 - 3411 www.vafb.com/offices/fork-union

Virginia Department of

Wildlife Resources (DWR) (804) 305-8940

https://dwr.virginia.gov/waterbody/ rivanna-river

Chamber of Commerce

177 Main Street Palmyra, VA 22963 (434) 489 - 3262 https://fluvannachamber.org



Event Updates and Current Trail Info... www.Facebook.com/FluvannaParksandRecreation

FLUVANNA SPORTS ORGANIZATIONS

BASKETBALL

Fluvanna County
Parks & Recreation

(Fall & Winter) Ages 3 - 17 (434) 589 - 2016

https://fluvanna.recdesk.com

TENNIS

Camp Friendship Tennis Center tennis@campfriendship.com www.friendshiptennis.com

BASEBALL

Fluvanna Youth Baseball

Ages 4 - 15 baseballfluvannayouth@gmail.com

<u>fluvannayouthbaseball.com</u>

SOFTBALL

Fluvanna Girls Softball League

Ages 5 - 18

fluvannasoftball@gmail.com www.fluvannagirlssoftball.com

FOOTBALL

Jefferson District Youth Football League

(Fall) Ages 8 - 14 coachjfyf@gmail.com https://www.jdyfl.org

SOCCER

Fluvanna Youth Soccer Association

FYSAforce@aol.com http://fysaforce.org

LACROSSE

Fluvanna Lacrosse Club

Boys 2 - 8 Grade fluvannalaxclub@gmail.com www.facebook.com/FlucoLax



DANCE

Flutterwheels Square Dance Club

Contact: Janice Grandstaff (434) 286 -2585 www.facebook.com/ FluvannaFlutterwheels

SWIMMING

Lake Monticello Swim Team

(Summer)
Imstsharks@gmail.com
www.lmstsharks.com

Fluvanna Aquatics Sports Team FAST

info@fluvanna-swimming.org https://www.teamunify.com/team/ vsfast/page/home

BATON TWIRLING

Next Generation Twirlers

Contact: Amy Hill nextgenerationtwirlers@gmail.com nextgenerationtwirlers.weebly.com

Pleasant Grove House Museum

A slice of Fluvanna history resides in the renovated Pleasant Grove House, Summer Kitchen and Farm Heritage Museums.

Showcasing the history of transportation and agriculture in Fluvanna County.

Pleasant Grove House also serves as Fluvanna County Parks and Rec's main office and the County Visitor Center.

Museum and Office Hours:

Monday - Friday, 8AM - 5PM Museum Staff Guided Tour Hours: Saturday and Sunday 9AM - 5PM

Address:

271 Pleasant Grove Drive Palmyra, VA 22963 Phone: (434) 589 - 2016





The Pleasant Grove House Museum, built by William D. Haden in 1854, also serves as the headquarters for Fluvanna County Parks and Recreation and County Visitor Center.