Human Resources Directory

A comprehensive guide to services available to Fluvanna County residents through local and regional agencies.

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Information provided by the Fluvanna County Interagency Council, initiated and compiled by the Fluvanna Ruritan Club, and formatted, printed, and distributed by the Fluvanna County Board of Supervisors.

Directory also available on-line at: www.co.fluvanna.va.us

EMERGENCY: CALL 911
**FLUVANNA SERVICES**

### ADULT SERVICES

#### Assistance
See ASSISTANCE PROGRAMS (next column)

#### Auxiliary Grants
Financial assistance is available for certain needy elderly, blind or disabled persons in adult care residences whose income is insufficient to cover the cost of their care.
Social Services 842-8221

#### Counseling
Mental health support services, medication and mediation.
Region 10 Comm. Serv. 589-8276
Central VA Community Health Center 581-3271
James River Mediation 589-2060

#### Day Care
Furnishes impaired adults of all ages with therapeutic care including medical management, meals, recreation and socialization.
JABA 434-817-5235

#### Health
See Health Services (page 3)

#### Home Care
Companion, chore and adult day care to enable elderly or disabled adults to remain in their homes.
Social Services 842-8221
JABA 842-1033
Hospice of the Piedmont 975-5500

#### Protective Services
Protect adults from abuse, neglect or exploitation.
Social Services 842-8221

### ASSISTANCE PROGRAMS

#### Disabilities
Temporary and long-term care assistance.
Social Services 842-8221
Reg. 10 Comm. Serv. 972-1800
Department of Rehabilitation Services 296-5621

#### Emergency Food, Clothing, Shelter
 Temporary assistance.
MACAA 842-2521
Social Services 842-8221
Golden Rule 286-2328
American Red Cross 979-7143
Salvation Army 295-4058

#### Financial Management
Counseling and budgeting information for better financial planning.
VA Cooperative Ext. 591-1950

#### Food Stamps
Federal program that supplements the food budgets of lower income household to help assure persons a nutritionally adequate diet.
Social Services 842-8221

#### Holiday Assistance
Food packages and toys assistance for Christmas and Thanksgiving.
MACAA 842-2521
Fluvanna Christian Service Society 589-8231

#### Hospitalization
See Medical Insurance this page

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**ASSISTANCE PROGRAMS (cont.)**

#### Medicaid/Medicare
See Medical Insurance this page

#### Medical Insurance
Health insurance to provide medical care for specified eligible families, children and or adults who meet income and resource criteria.
Social Services 842-8221
United Way 972-1703

#### Prescriptions
See Medical Insurance above

#### Temporary Assistance
Eligible households receive assistance with their home heating and cooling bills and limited repairs/purchase of heating and cooling systems.
Social Services 842-8221
VA Weatherization Program 293-3777

#### Utilities
See Temporary Assistance above
Also see FAMILY AND CHILDREN SERVICES (page 2)
### EDUCATION & TRAINING PROGRAMS

Classes and services in academic skills, reading, GED, higher education, special interests such as home and garden, and certification in food safety, CPR, etc.

- **VA Cooperative Ext./4H**: 591-1950
- **VA Employment Commission**: 984-7630
- **American Red Cross**: 979-7143
- **Fluvanna County School Board**: 589-8208
- **Piedmont VA Community College**: 977-3900
- **Adult Education & Literacy**: 589-8208
- **Literacy Volunteers**: 589-2060

### EMERGENCIES

- **Rescue Squad**: Call 911
- **Fire**: Call 911
- **Police**: Call 911
- **Disaster**: Call 911
- **Poison Control**: 800-222-1221
- **Animal Problem**: Call 911
- **Hospitals:**
  - Martha-Jefferson: 982-7000
  - UVA: 924-0211

### EMPLOYMENT SERVICES

- Comprehensive employment assistance
- **VA Employment Serv.**: 984-7630
- **Social Services**: 842-8221
- **JABA**: 817-5257
- **Department of Rehabilitative Services**: 296-5621
- **Work Source Enterprises**: 972-1730
- **MACAA**: 842-2521
- **Piedmont Works**: 977-2662

### FAMILY AND CHILDREN SERVICES

#### Adoption

Assist eligible children in becoming permanent members of a family unit. Financial assistance may be available for some children and families.

**Social Services**: 842-8221

#### After School Care & Enrichment Activities

Grades K-5:
- **School Board**: 589-8208

Grades 6-8:
- **Parks & Recreation**: 842-3150

#### Child Protection

Reports of abuse or neglect of children under 18 years of age are investigated with the goal of protecting children from medical, physical, sexual, emotional and mental abuse/neglect. Services are provided to alleviate and prevent child abuse and neglect.

**Social Services**: 842-8221

#### Day Care

Financial assistance for day care services provided in approved homes or centers for children whose parents are employed. Parents pay a portion of cost based on their income.

**Social Services**: 842-8221

**Children, Youth and Family Services**: 296-4118

#### Domestic Violence

Safe shelter, free walk-in counseling and support groups, legal advocacy, case management and children’s programs.

**Shelter for Help in Emergency**: 293-8509

### FAMILY AND CHILDREN SERVICES (cont.)

#### Foster Care

Temporary substitute care is arranged for children who cannot be in their homes with goals for each child to be returned safely to their home, adoption or permanent foster care.

**Social Services**: 842-8221

#### Insurance for Children

Free or low cost insurance for children.

**United Way**: 972-1703

#### Mental Health

Counseling, support services and medication

- **Reg. 10 Comm. Serv.**: 589-8276
- **Central VA Community Health Center**: 581-3271
- **James River Mediation**: 589-2060

#### Parenting

Regular and court ordered classes to assist you in raising your children.

- **VA Cooperative Ext.**: 591-1950
- **JABA/Grandparents**: 817-5222
- **Social Services**: 842-8221

#### Special Mentoring

If you need someone to work with you on regular basis to solve family or personal problems.

- **VA Cooperative Ext.**: 591-1950
- **Sheriff’s Office**: 589-8211
- **United Way**: 972-1703
- **Salvation Army**: 295-4058

#### Temporary Assistance to Needy Families

Financial assistance for eligible children and their families.

**Social Services**: 842-8221
FAMILY AND CHILDREN SERVICES (cont.)

Youth Services
Assesses & helps address the needs of youth relative to delinquency prevention.
REACH (after school care for middle school children) 842-5303

HEALTH SERVICES

Children’s Health
Assist families in establishing a medical and dental provider, meeting social needs and promoting positive parenting.
Health Dept. 591-1960
Child Health Partnership 591-1975

Clinics
Family planning and maternity, blood pressure screening, HIV testing, immunizations and TB risk screening.
Health Dept. 591-1960
Central VA Community Health Services (Medical & Dental Services) 581-3271

Environmental
Location, permitting and design of wells and sewage disposal systems, food service inspection of various establishments and a rabies program.
Health Dept. 591-1965

General Nutrition
Nutrition information and classes offered to promote wellness and chronic disease prevention and control.
VA Cooperative Ext. 591-1950

Home Care
See Adult Services (page1)

-continued-

HEALTH SERVICES (cont.)

Hospice
Provide interdisciplinary care for terminally ill patients and their families.
Hospice of the Piedmont 817-6900

Immunizations
Children and adult immunizations offered.
Health Dept. 591-1960

Mental Health
Counseling, support services and medication.
Region 10 Comm. Serv. 589-8276
Central VA Community Health Services 581-3271

Prevention
Provides recommendations on how to avoid communicable diseases.
Health Department 591-1950
American Red Cross 979-7143

Substance Abuse
Counseling and support services.
Region 10 Comm. Serv. 589-8276
AA 293-6565
Narcotics Anonymous 979-8298

Women, Infant & Children (WIC)
Nutritional programs for healthier living.
Health Dept. 591-1960
Central VA Community Health Center 581-3271
Child Health Partnership 591-1975

HOUSING SERVICES

Adaptive Home
Portable, modular aluminum ramps available.
Fluvanna Housing Foundation 589-4820
JABA 817-5222

Home Ownership
Credit counseling, budgeting and low interest loans.
Fluvanna Housing Foundation 589-4820
MACAA 842-2521
Habitat for Humanity 589-3752

Home Repair
Loans and grants to keep homes safe.
Fluvanna Housing Foundation 589-4820
JABA 842-1033
(Jefferson Area Board for Aging)
VA Weatherization Program 293-3777
Rural Development 979-0047

Rental Subsidization
Fluvanna Housing Foundation 589-4820
Salvation Army 295-4058
Charlottesville Redevelopment & Housing Authority (disabled only) 970-3253

Temporary Shelter
MACAA 842-2521
Salvation Army 295-4058

LEGAL SERVICES

Free or reduced cost for legal assistance plus special services for juveniles.
Legal Aid Society 977-0553
Piedmont Court Appointed Special Advocates 971-7515
Fluvanna Juvenile Intake Office 589-3278
## MEDICAL SERVICES
See Health Services (page 3)

## PUBLIC SAFETY PROGRAMS

<table>
<thead>
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<th>Service</th>
<th>Contact Information</th>
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<td>Animal Control</td>
<td>591-1070</td>
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<tr>
<td>Crime Prevention</td>
<td>Sheriff’s Office 589-8211</td>
</tr>
<tr>
<td>Domestic Violence</td>
<td>Sheriff’s Office 589-8211</td>
</tr>
<tr>
<td></td>
<td>Shelter for Help in Emergency 293-8509</td>
</tr>
<tr>
<td>Home Alone</td>
<td>Sheriff’s Office 589-8211</td>
</tr>
<tr>
<td>Home Security</td>
<td>Sheriff’s Office 589-8211</td>
</tr>
<tr>
<td>Neighborhood Watch</td>
<td>Sheriff’s Office 589-8211</td>
</tr>
<tr>
<td>Property crimes</td>
<td>Sheriff’s Office 589-8211</td>
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<tr>
<td>Sexual Assault</td>
<td>Sexual Assault Resource Agency 295-7273</td>
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## SENIOR PROGRAMS

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<th>Service</th>
<th>Contact Information</th>
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<tr>
<td>Adult Daycare</td>
<td>See ADULT SERVICES (page 1)</td>
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<tr>
<td>Aging Assessment/ Care Management</td>
<td>Sheriffs Office 589-8211</td>
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<tr>
<td></td>
<td>Social Services 842-8221, JABA 842-1033</td>
</tr>
<tr>
<td>Health Insurance Counseling</td>
<td>Trained volunteers offer counseling and assistance with Medicare, Medicaid and Long Term Care insurance programs, policies, and bills.</td>
</tr>
<tr>
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<td>JABA 817-5252, Social Services 842-8221, MACAA 842-2521, JABA 842-1033</td>
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<tr>
<td>Heating and Cooling Assistance</td>
<td>Financial assistance for home heating and cooling bills.</td>
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<td>MACAA 842-2521, Social Services 842-8221, JABA 842-1033</td>
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<tr>
<td>Home Delivered Meals</td>
<td>Brought to the frail homebound by JABA.</td>
</tr>
<tr>
<td></td>
<td>JABA 842-1033</td>
</tr>
<tr>
<td>Home Care</td>
<td>Provides personal care aides and private duty nurses for meal preparation, shopping, dressing, transportation, housekeeping, companionship, bathing, etc.</td>
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<tr>
<td></td>
<td>JABA 842-1033, Social Services 842-8221</td>
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<tr>
<td>Nursing Home/Personal Care</td>
<td>Medical and social assessment to determine need for services.</td>
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<td>Social Services 842-8221, Health Dept. 591-1960</td>
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## SEXUAL ASSAULT

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<td>Long Term Care Ombudsman</td>
<td>JABA 817-5241</td>
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<td>Provides complaint counseling, mediation and advocacy for residents, families and visitors of Adult Care residences, Nursing Homes, adult day care facility residents and home care service recipients.</td>
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<tr>
<td>Retired Senior Volunteer Program</td>
<td>JABA 817-5245</td>
</tr>
<tr>
<td></td>
<td>Volunteers who are 55 and over are assessed and matched with meaningful volunteer positions and placed at over 100 volunteer stations.</td>
</tr>
<tr>
<td>Senior Employment</td>
<td>JABA 817-5222</td>
</tr>
<tr>
<td></td>
<td>Provides job training, job recruitment, referrals, counseling and employment in part-time training positions at non-profit agencies.</td>
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<tr>
<td>Senior Health Services</td>
<td>JABA 842-1033</td>
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<td>On going nursing case management in clinic or home.</td>
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<td>Senior Wellness Center</td>
<td>JABA 842-3693</td>
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<tr>
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<td>Offers nutritious midday meals, health education and screening, recreation and access to other services.</td>
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<td>Rape Crisis Hotline 977-7273</td>
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**SUPPORT GROUPS**

**Alcohol Abuse**  
Alateen  296-7128  
AA  293-6565  

**Drug Abuse**  
Narcotics Anonymous  979-8298  

**HIV/AIDS**  
West Haven Clinic  971-1200  

**Cancer**  
UVA Cancer Center  982-1764  
Friends Cancer Group  923-7925  
FLUV Us Too  589-4231  

**Alzheimers**  
Alzheimers Group  973-6122  

**Death/Grief Bereavement**  
Hospice of the Piedmont  817-6900  
Compassionate Friends  973-8844  

**Domestic Violence**  
Home Friendly Visitors  972-1869  
Shelter for Help in Emergency  293-8509  

**Men & Women Divorce**  
Focus Women’s Resource Center  293-2222  

**Mental Illness**  
Mental Health Assoc.  977-4673  

**Parenting**  
CYFS  296-4118  

**Parents of children with disabilities**  
Piedmont Reg. Education  589-8208  

**Single Mothers**  
Charlottesville Pregnancy Center  979-4516  

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**TRANSPORTATION**

Weekday routes to Charlottesville, service within county, Medicaid transportation, rides to Senior Citizen programs and Human Service agencies.  
JAUNT  296-3184  
Rideshare  295-6165  

Car donations for those in need  
MACAA  842-2521  

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If you need a new or extra Fluvanna County directory, please call 842-8221.  

A free directory of all Human Services available in the Piedmont Area called  
"Where To Turn"  
can be obtained at the Charlottesville United Way office (972-1703).  

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Fluvanna County Government  

Building Inspections Dept.  591-1935  
Child Health Partnership  591-1975  
County Administration  591-1910  
Commissioner of Revenue  591-1940  
Commonwealth’s Attorney  591-1985  
Circuit Court Clerk  591-1970  
District Court Clerk  591-1980  
Finance Department  591-1930  
Health Department  591-1960  
Health Dept.- Environmental  591-1965  
Juvenile & Domestic Relations Court  591-1980  
Parks & Recreation  842-3150  
Planning Department  591-1910  
Public Works  591-1925  
Registrar  589-3593  
Sheriff  589-8211  
Social Services  842-8221  
Treasurer  591-1945  
VA Cooperative Extension  591-1950